

Surname	Centre Number	Candidate Number
Other Names		0



GCSE

4723/01

HEALTH AND SOCIAL CARE

(Double Award)

Unit 3 Maintaining Health and Well-being

A.M. THURSDAY, 27 January 2011

1¼ hours

For Examiner's use only		
Section A	1	
	2	
	3	
	4	
	5	
Section B	6	
	7	
	8	
Total	80	

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INSTRUCTIONS TO CANDIDATES

Use black ink or black ball-point pen. Do not use pencil or gel pen. Do not use correction fluid.

Write your name, centre number and candidate number in the spaces at the top of this page.

Answer **all** questions.

Write your answers in the spaces provided.

INFORMATION FOR CANDIDATES

Section A: 30 marks

Section B: 50 marks

The number of marks is given in brackets at the end of each question or part-question.

You are reminded of the necessity for good English and orderly presentation in your answers.



J A N 1 1 4 7 2 3 0 1 0 1

SECTION A (30 marks)*Answer all questions from this section.*

1. (a) Is obesity preventable **or** non-preventable? [1]
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- (b) The law states a maximum age and height when a child must use a child restraint in a car.

- (i) Circle the maximum age. [1]

Age 10 years old 11 years old 12 years old 13 years old

- (ii) Circle the maximum height. [1]

Height 134cm 135 cm 136 cm 137 cm

- (c) Fill in the missing letters to identify the three micro-organisms that spoil food and cause food poisoning. [3]

(i) Y E — — — S

(ii) M — U — — S

(iii) B — C — E — I A

- (d) **Tick ✓** the correct meaning of CPS. [1]

Meaning of CPS	Tick ✓
Crown Persecutor Service	
Crown Prosecution Service	
Crown Prosecution Servant	



2. Nurses use equipment to protect themselves and their patients from cross contamination of infection.

In the table below, state which of the following statements are **True** or **False**. [5]

Personal protective equipment	True or False
a) Disposable gloves can be used more than once	
b) Aprons must be changed between caring for different patients	
c) Hand hygiene should take place after handling footwear	
d) Surgical masks can be touched whilst they are being worn	
e) Disposable gloves are instead of good hand hygiene	

3. (a) Name who is at most risk when crossing the road. [1]

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(b) What telephone numbers would an individual dial to call an ambulance using: [2]

(i) a mobile phone,

(ii) a landline?

4. (a) (i) Explain what is meant by the term 'ill treatment'. [2]

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(ii) Give **two** examples of the types of 'ill treatment' that can occur. [2]

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(b) Name **three** settings where ‘ill treatment’ of an individual can occur. [3]

(i)

(ii)

(iii)

5.

There’s a new ‘Sheriff’ in town



The big, brightly coloured ‘seatbelt Sheriff’ will be visiting all primary schools in North Yorkshire.

The road safety campaign will be encouraging children aged 7-11 years of age to ‘buckle up’ and to use ‘pester power’ on the parents.

Pupils will be signed up as deputies and will receive a warrant card, a leaflet, a pencil and a seatbelt cover.

(a) Identify the target group of the campaign. [1]

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(b) What message is the campaign trying to put across to the target group? [2]

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(c) Explain why you think the campaign would be suitable for the target group. [5]

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SECTION B (50 marks)

Answer all questions from this section.

6. Mr. Jones is a patient in a National Health Service (NHS) hospital. He has rung for a nurse because he is unable to sit up and get himself out of bed to go to the toilet.

(a) (i) Identify how the nurse will help Mr. Jones to sit up and get out of bed. [2]

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(ii) Name the type of injuries the nurse could suffer when moving Mr. Jones. [2]

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The hospital will have assessed the hazards of moving Mr. Jones.

(b) (i) Identify this type of assessment. [1]

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(ii) Name the document in which the health professionals and carers will find the recommendations for moving Mr. Jones. [1]

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(iii) Identify the type of equipment the hospital will have installed to prevent the nurse from suffering injury. [1]

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(c) (i) Explain **when** and **why** the nurse must wash her hands when dealing with patients. [4]

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(ii) Identify **two** items of protective clothing the nurse will need to wear to carry out a bed bath. [4]
Give reasons for your answers.

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7. Daniel and Sarah are getting married.
They do not want to start a family straightaway.
They have made an appointment at their local family planning clinic.

(a) Describe the services the family planning clinic can offer Daniel and Sarah. [5]

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After 3 years of marriage Daniel and Sarah have decided they want to start a family.
Sarah visits her GP to find out the result of her pregnancy test.
She is delighted that she is 6 weeks pregnant.
Dr. Grant tells Sarah that there are a number of NHS services available throughout her pregnancy and after the birth of her child.

(b) Describe the formal care available to women when pregnant, and after the birth of their child.

(i) Pregnant women. [5]

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(ii) Women after the birth of their child.

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