

# Health and Social Care (Double Award)

**OCR GCSE J412 Unit A913 Promoting Health and Well-being**

**Unit Recording Sheet**

Please read the instructions printed at the end of this form. **One** of these sheets, suitably completed, should be attached to the assessed work of **each** candidate.

<b>Unit Title</b>	<b>Promoting Health and Well-being</b>	<b>Unit Code</b>	<b>A913</b>	<b>Session</b>	Jan / June	<b>Year</b>	<b>2</b>	<b>0</b>		
<b>Centre Name</b>					<b>Centre Number</b>					
<b>Candidate Name</b>					<b>Candidate Number</b>					

Evidence: a profile based on the study of two different health and/or social care and/or early years services.

<b>Criteria</b>				<b>Teacher Comments</b>	<b>Mark</b>	<b>Page No.</b>
1	<p>A plan/checklist for the investigation is produced; aims and objectives show limited understanding of the purpose of the investigation.</p> <p>Evidence of limited planning of the information to be used, including primary sources and/or secondary data which will have limited relevance to the context of the investigation.</p> <p style="text-align: right;"><b>[0 1 2 3]</b></p>	<p>A sound plan/checklist for the investigation is produced; aims and objectives show some understanding of the purpose of the investigation.</p> <p>Evidence of some planning of the information to be used, including primary sources and/or secondary data which will be mostly appropriate to the context of the investigation.</p> <p style="text-align: right;"><b>[4 5 6]</b></p>	<p>A comprehensive plan/checklist for the investigation is produced; aims and objectives show sound understanding of the purpose of the investigation.</p> <p>Evidence of comprehensive planning of the information to be used, including primary sources and/or secondary data which will be appropriate to the context of the investigation.</p> <p style="text-align: right;"><b>[7 8]</b></p>			
2	<p>The range of ideas demonstrates limited understanding of how health and well-being changes over time and varies between different cultures.</p> <p>Limited research to assess the individual's current state of physical, intellectual, emotional and social health, and the individual's understanding of their own health.</p> <p>Considerable guidance is required.</p> <p style="text-align: right;"><b>[0 1 2 3]</b></p>	<p>The range of ideas demonstrates sound understanding of how health and well-being changes over time and varies between different cultures.</p> <p>Sound research to assess the individual's current state of physical, intellectual, emotional and social health, and the individual's understanding of their own health.</p> <p>Some guidance is required.</p> <p style="text-align: right;"><b>[4 5 6]</b></p>	<p>The range of ideas demonstrates in-depth understanding of how health and well-being changes over time and varies between different cultures.</p> <p>Comprehensive research to assess the individual's current state of physical, intellectual, emotional and social health, and the individual's understanding of their own health.</p> <p>Candidate worked independently with minimal guidance.</p> <p style="text-align: right;"><b>[7 8]</b></p>			

Criteria				Teacher Comments	Mark	Page No.
3	<p>Accurate calculation of two physical measures of health; limited interpretation of the results is evident.</p> <p>A basic analysis of the information gathered in Tasks 2 and 3.</p> <p style="text-align: right;"><b>[0 1 2]</b></p>	<p>Accurate calculation of two physical measures of health; sound interpretation of the results is evident.</p> <p>A sound analysis of the information gathered in Tasks 2 and 3.</p> <p style="text-align: right;"><b>[3 4 5]</b></p>	<p>Accurate calculation of two physical measures of health; comprehensive interpretation of the results is evident.</p> <p>A comprehensive analysis of the information gathered in Tasks 2 and 3.</p> <p style="text-align: right;"><b>[6 7 8]</b></p>			
4	<p>A limited analysis of how the risks may damage the health of the individual in the short and long term.</p> <p>A basic description of factors that have positively affected the health and well-being of the individual; a basic explanation of the ways the factors could interrelate to positively affect the health and well-being of the individual.</p> <p style="text-align: right;"><b>[0 1 2 3 4]</b></p>	<p>A sound analysis of how the risks may damage the health of the individual in the short and long term.</p> <p>A sound description of factors that have positively affected the health and well-being of the individual; a reasonable explanation of the ways the factors could interrelate to positively affect the health and well-being of the individual.</p> <p style="text-align: right;"><b>[5 6 7 8]</b></p>	<p>A detailed analysis of how the risks may damage the health of the individual in the short and long term.</p> <p>A detailed description of factors that have positively affected the health and well-being of the individual; a comprehensive explanation of the ways the factors could interrelate to positively affect the health and well-being of the individual.</p> <p style="text-align: right;"><b>[9 10 11 12]</b></p>			
5	<p>A basic PHP that the individual could use to maintain and/or improve their health is produced; it may be unrealistic.</p> <p>A basic explanation of the possible impact on the physical measurements of health.</p> <p style="text-align: right;"><b>[0 1 2 3 4]</b></p>	<p>A sound PHP that the individual could use to maintain and/or improve their health is produced; it will be mostly realistic.</p> <p>A sound explanation of the possible impact on the physical measurements of health.</p> <p style="text-align: right;"><b>[5 6 7 8]</b></p>	<p>A realistic and comprehensive PHP that the individual could use to maintain and/or improve their health is produced.</p> <p>A comprehensive explanation of the possible impact on the physical measurements of health.</p> <p style="text-align: right;"><b>[9 10 11 12]</b></p>			

Criteria				Teacher Comments	Mark	Page No.
6	<p>Draws limited conclusions about the physical, intellectual, emotional and social effects the PHP may have on the individual.</p> <p>A limited description of the difficulties that may be encountered by the individual following and/or achieving the PHP. A basic explanation of two different types of health promotion material that could be used to support the targets.</p> <p>Reflection on the plan/check list produces a basic evaluation of the effectiveness of the investigation; the aims and objectives are referred to.</p> <p>Recommendations for future investigations are limited and show basic understanding of their own performance.</p> <p>A basic bibliography is included.</p> <p style="text-align: right;"><b>[0 1 2 3 4]</b></p>	<p>Draws realistic conclusions about the physical, intellectual, emotional and social effects the PHP may have on the individual.</p> <p>A sound description of the difficulties that may be encountered by the individual following and/or achieving the PHP. A reasonable explanation of two different types of health promotion material that could be used to support the targets.</p> <p>Reflection on the plan/check list produces a sound evaluation of the effectiveness of the investigation; the aims and objectives are referred to, with some attempt to use these as a measuring tool.</p> <p>Recommendations for future investigations are sound and show some understanding of their own performance.</p> <p>A detailed bibliography is included which reflects sources of information referred to in the body of the evidence.</p> <p style="text-align: right;"><b>[5 6 7 8]</b></p>	<p>Draws realistic and comprehensive conclusions about the physical, intellectual, emotional and social effects the PHP may have on the individual.</p> <p>A detailed description of the difficulties that may be encountered by the individual following and/or achieving the PHP. A comprehensive explanation of two different types of health promotion material that could be used to support the targets.</p> <p>Reflection on the plan/check list produces a comprehensive evaluation of the effectiveness of the investigation; the aims and objectives are used as a measuring tool.</p> <p>Recommendations for future investigations are detailed and show sound understanding of their own performance.</p> <p>The bibliography is comprehensive and reflects sources of information referred to throughout the body of the evidence. Candidates comment on how they used the source and how useful that source was.</p> <p style="text-align: right;"><b>[9 10 11 12]</b></p>			
<b>Total/60</b>						
If this work is a re-sit, please tick		Session and Year of previous submission	Jan / June	<b>2</b>	<b>0</b>	Please tick to indicate this work has been standardised internally

Please note: This form may be updated on an annual basis. The current version of this form will be available on the OCR website ([www.ocr.org.uk](http://www.ocr.org.uk)).  
A completed Centre Authentication form CCS160 **must** accompany the MS1 when it is sent to the moderator.

### Guidance on Completion of this Form

- 1 **One** sheet should be used for each candidate.
- 2 Please ensure that the appropriate boxes at the top of the form are completed.
- 3 Please enter *specific* page numbers where evidence can be found in the portfolio, and where possible, indicate to which part of the text in the mark band the evidence relates.
- 4 Circle the mark awarded for each strand of the marking criteria in the appropriate box and also enter the circled mark in the final column.
- 5 Add the marks for the strands together to give a total out of 60. Enter this total in the relevant box.