

Write your name here

Surname

Other names

Pearson
Edexcel GCSE

Centre Number

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Candidate Number

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Health and Social Care

Unit 4: Health, Social Care and Early Years in Practice

Wednesday 22 June 2016 – Afternoon
Time: 1 hour 15 minutes

Paper Reference

5HS04/01

You do not need any other materials.

Total Marks

Instructions

- Use **black** ink or ball-point pen.
- **Fill in the boxes** at the top of this page with your name, centre number and candidate number.
- Answer **all** questions.
- Answer the questions in the spaces provided
– *there may be more space than you need.*

Information

- The total mark for this paper is 70.
- The marks for **each** question are shown in brackets
– *use this as a guide as to how much time to spend on each question.*
- Questions labelled with an **asterisk** (*) are ones where the quality of your written communication will be assessed
– *you should take particular care on these questions with your spelling, punctuation and grammar, as well as the clarity of expression.*

Advice

- Read each question carefully before you start to answer it.
- Try to answer every question.
- Check your answers if you have time at the end.

Turn over ►

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PEARSON

Answer ALL questions. Write your answers in the spaces provided.

1 Maisie is 54 years of age and lives with her husband Pawel and their two children. She is a part-time health visitor. Maisie was diagnosed with Type 2 diabetes at 50 years of age.

(a) Having a serious illness is a major unexpected life course event.

Identify **two** other unexpected life course events that may have a major impact on an individual.

(2)

1

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(b) One day a week Maisie volunteers at her local primary school where she works with small groups of children supporting their reading development. She also attends her local college where she has enrolled on an IT course.

Describe **two** ways Maisie's intellectual needs may have been met during her life so far.

(4)

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(c) Maisie has experienced a number of life course events during her life so far, some expected and others unexpected.

Discuss how Maisie's **expected** life course events may affect her development.

(6)

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(Total for Question 1 = 22 marks)



2 Maisie enjoys the weekends when she has time to spend with her family and friends. She is part of a community gardening project, tidying up areas that have been neglected over time.

(a) Identify **two** factors that affect Maisie's self-concept.

(2)

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*(b) Discuss how self-concept (self-image + self-esteem) develops in an individual.

(8)

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(c) Whilst volunteering in the primary school Maisie finds Harry in tears because his teacher keeps shouting at him for being slow in completing his work. Harry asks Maisie not to tell his mother.

Describe how Maisie should act in this situation.

(2)

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(d) Describe **two** care values that may be used when interacting with a primary school child.

(4)

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*(e) Assess the effect that poor care practice may have on a service-user.

(8)

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(Total for Question 2 = 24 marks)



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3 Maisie often feels stressed after work. To help her relax she cycles three times a week.

(a) Identify **two** other ways an individual may change their lifestyle in order to improve their health.

(2)

1

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(b) Describe **two** positive effects that cycling three times a week might have on Maisie's health.

(4)

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(c) Exercise is a positive lifestyle choice.

Explain how exercise may affect an individual emotionally and socially.

(6)

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(d) Health promotion supports individuals undertaking regular exercise.

Describe **two** other aims of health promotion.

(4)

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*(e) Discuss how adopting a healthy lifestyle approach may improve health and well-being.

(8)

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(Total for Question 3 = 24 marks)

TOTAL FOR PAPER = 70 MARKS



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