



Examiners' Report June 2015

GCSE Health and Social 5HS01 01





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Introduction

This unit entitled Personal Development and Relationships covers the lifespan of the individual. The specification includes the 6 life stages i.e. from infancy through to later adulthood. The unit covers the physical, social, emotional and intellectual development of the individual as well as examining concepts such as self concept, self esteem and self image.

The paper itself is very well established and the format of the paper has not changed and as such consists of 15 multiple choice questions followed by two stimulus response questions.

The paper has been carefully designed to assess candidate knowledge, understanding and application as well as their ability to evaluate through the longer questions at the end of each stimulus response section.

Examiners were impressed with candidates overall knowledge and understanding and reported that there existed no major gaps in candidate knowledge. Similarly in terms of areas for improvement, candidates should be encouraged to read the questions more carefully, avoid using the PIES on each question and not to apply stereotypes to each question particularly when it refers to later adulthood.

In general, the paper has discriminated well between candidates and the questions have stretched and challenged candidates effectively.

To further enhance candidate performance in the future centres should use the past papers and mark schemes as revision material but also use guest speakers, work experience opportunities and identify opportunities to transfer knowledge from the other units in this qualification to build and consolidate understanding of this unit.

Question 16 (a)

This question was a straightforward recall question relating to physical changes which occur during adolescence.

In general the question was well answered by all candidates.

Straightforward recall question which the majority of candidates answered correctly.

(a) Fraser's next life stage is adolescence.	
Identify two physical characteristics that boys are likely to experience durin- life stage.	g this (2)
Body hair grows more rapidly	,
2 Testes develop.	
Results Plus Examiner Comments Well written response - 2 accurate responses.	

Straightforward response required by candidates - general knowledge.

(a) Fraser's next life stage is adolescence. Identify two physical characteristics that boys are likely to experience during this life stage. (2) 1 Voice deapens broaden. **Examiner Comments** Two accurate responses provided

Question 16 (b)

This question asked candidates to explain how school was shaping Fraser's behaviour. In general responses tended to be mixed; some candidates accurately identified how his friends were shaping his behaviour through being talkative and rowdy in class, how this was addressed by the teacher and how it created problems at home. Other candidate used the example of Fraser being good at maths but then mistakenly explained how this affected his self esteem rather than his behaviour e.g. more eager and motivated towards maths.

Difficult question for some candidates. Possibly the word 'shaping' has thrown many candidates.

(b) Using the case study, explain how school is shaping Fraser's behaviour.

(4)

As Frasers good at maths the teachers may praise him which increases

his self confidence as it makes him feel special therefore making him

feel valuble. However, due to his peers and beitfriends, being around them

- he is negarivery influenced cince he may be onling to be into get a
- Serve of belonging, that's why he my-behaves by being talkanve and
- rowdy. Therefore by telling him to be quiet its making him aware that
- he's duruphing so in a way the school disciplines him.



In this response the candidate has given 3 creditable responses - sense of belonging, misbehaves as a result of his friends and the school disciplines him.

Question 16 (c)

This question focused on the importance of friendships in childhood. In general candidates positively responded to this question and linked terms such as happiness, confidence, importance of a positive self concept on relationships and future relationships. The level of explanation varied between candidates but in the main candidates were scoring around 4-5 marks.

This was a question many candidates found easy to respond to and consequently the answers provided were well structured and coherent.

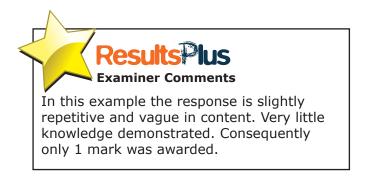
(c) Explain why it is important for Fraser to develop friendships during childhood. (6) Its very important to develop friends during childhood because you need someone to always be their for you and to stick up for you at all times. Also when your a child younced people totack to you and Play games and use your Intellectual skills this will make Fraser have a higher self-concept. And it will inable him to use his gross motor skills by playing more grown up games with his Friends, he will enjoy his time at School because Le Knows he has friends who care for him and who make him laugh and smile. Le WUI be to able to hang around with all types of people with different cutures and beliefs. This will Make him think and learn new things also. (using intellectur al skills.



As previously stated this was a question which many candidates were able to apply their knowledge and understanding.

(c) Explain why it is important for Fraser to develop friendships during childhood.

It is important for Fraser to develop friendships doing childhood, because it heips the Norms leam + allize and ra. He will also start to fir 1076 JQI with friends is fun and the intresting having friends at this stage is important talk to them may dese more him. t than his parents.



(6)

Question 16 (d)

This question asked candidates to discuss the importance of positive self concept in childhood and its bearing on later relationships. Once again, candidates responded well to this question. Once again candidates used terms such as self esteem, self image and were able to link work and personal relationships in later development to experience in childhood. The level of discussion varied between candidates with the majority of candidates responses being marked in mark band level 2, 5-6 marks.

Candidates find the term self concept and associated terms such as self esteem and self image straightforward and consequently this question was well answered.

(d) Fraser is a happy child and has a positive self-concept.

Discuss the importance of a positive self-concept in childhood for future relationships.

(8)

A positive self-concept in childhood will prepare the individual for future relationships as they will acknowledge how to approach people, make new friends, talk to others and behave appropriately as they will have the confidence and new skills to do so.

It will create empowerment and happiness to be willing to act as part of a group or independently which will make the individual learn to have respect for others and value those who you are close to.

In conclusion, a positive self-concept

is important to learn the

developmental norms, socially

develop and adapt these skills for

future relationships, such as

friendships and intimate relationships.



Candidates were able to achieve good marks in this question as they relevantly discussed how a positive self concept in childhood would then impact on their future relationships and work prospects.

(d) Fraser is a happy child and has a positive self-concept.

Discuss the importance of a positive self-concept in childhood for future relationships.

Arazer avse when pennes older meet mul ONCEPH elf WP \mathcal{O} Whe ence (ł meet tort to tue WOUD WOUK 1 NN view. **Examiner Comments** This was a much poorer example - very basic response and only 2 creditable marks available.

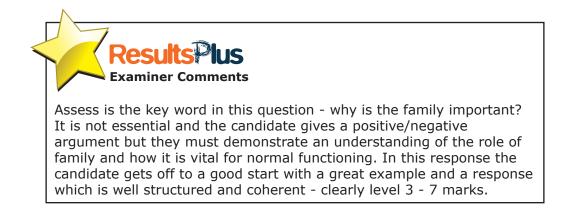
(8)

Question 16 (e)

This question asked candidates to assess the importance of family relationships in the socialisation process. Whilst many candidates gave accurate definitions for primary and secondary socialisation, this was not rewardable so candidates lost valuable marks at the start. However some responses did talk about bonding, the importance of trust, learning right and wrong etc. This was a demanding question and consequently the majority of marks lay in mark band two, 4-6 marks.

This was a conceptually difficult question for candidates which examined their knowledge of the importance of family relationships and the socialisation process. Examiners were testing the candidate's ability to understand how relationships are formed within the family and how family relationships can also affect other types of relationships.

> (e) Fraser's mother is concerned about his behaviour. Assess the importance of family relationships in the socialisation process. (8)tomily rolalionships are important bocause it plays a part in primary socialisation where children arow up learning Values and believe. They have a strong attatement moon with their mother but lose this as may gradually more towards childhood but children still rely on their parente and come to been when they are upset. Family relationships propare you for the outside word, mey suppor you and comfor you. They teach you what is right and wrong and children leder mrough modelling. A person learns their manners through their parents and use it when any attend school - They are Laught about their religion and which path to follow. If gives nom an identity and chilldnen begin to learn who they actually are, families have a responsibility of looking after you and loving you so you have a high self esteam and Know that they are by your side. children grow up within their family and learn their Furst words, it preparer you for going to school and communicationa with different people.



As stated this question focused on the role of the family in socialisation.

(e) Fraser's mother is concerned about his behaviour. Assess the importance of family relationships in the socialisation process. (8)Importance of family relationships in the the sociallisation placess is important as Flaser needs to be reminded and taught what right and wrong and the polite way to treat other children Such as sharing Emotionally Fraser's mother and family need to let him know If he has any problems, such as bullying to tell them so they can save it. They also need to make sure from teachers if he's getting along with other children. Socially, his family could take him to after school clubs to help him sociallise with other kids, to make sure he has friends to talk to physically. To help Fraser meet other children and teach him to form Evlendships. Physically, let him so swimming or play football with his friends to make sure he doesn't feel is clated or alone. Intellectually, teacher Flaser certain things such as times tables to increase his confidence in school

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tu	other	child	ven.	Frase	s F	amily	Sho	Nd	always
be	there	fui	1.5	So V		JONT	c	10161	4
Fam	ins rec	2ti cn.Jh	IPS	Will	help	him	fur	Jec	onday
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previous one. It is less coherent and limited in content. 2 marks awarded

Question 17 (a)

This question wasstraightforward and well answered. No issues.

(a) Identify, in the correct order, the last **three** life stages which Lillie has already passed through.

(3) m; Adolescence 1 2 Early adulthood 3 Middle adulthood



Question 17 (b)

This question asked candidates to explain how Lille's exercise and level of activity would affect her physically. This should have been a straightforward and simple question which candidates could have scored 5 -6 marks easily, however, many candidates lost marks by referring to self image and self esteem instead of referring to living longer, feeling healthy and motivated, reducing the likelihood of illness etc.

Many candidates responded well to this question providing relevant and accurate responses around how exercise would affect her physical health.

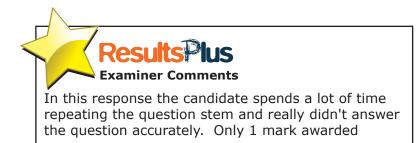
(b) Explain how leading an active life affects Lillie's physical health. AS ULLIE (I. & BB YEARY OLD NET DONES OVE NOT FULLY pard CINCLEND, ULLIE HAS WEAR DONES OVE NOT FULLY pard OLDER ALSHE'S DOES EXERCUSSUCHAS SUMMINING CINCLED (JOIF She may break her bones as & she may have shift such the she may break her bones as & she may have shift such the uhich are very trague, have verte as the way have shift such the uhich are very trague, have verte as the as participating in activities it in prover her healtheauth, she will have and increase of modulity she will feel and be energetic she may allo have a longer use of way have a positic corrig after her body properity she will have a positive settimage and others may see her as an active oid lady. finally her active use markes her teel heauthier.

Results Plus

In this response the candidate provides a relevant and appropriate response. 5 marks were awarded.

Some candidates did not respond well to the question and once again were using irrelevant terms and misinterpreting the question.

(b) Explain how leading an active life affects Lillie's physical health. (6) \$ She would still be able to do the things She enjoys doing, meaning she would stay active Also, she will be able to have a balanced diet, which would ad physically allow her to continue living an active life, which would improve her Physical health throughout her life Having a balanced diet would also mean that She would be likely to become ill, which would meffect physical health.



Question 17 (c)

This question asked candidates to discuss how Lillie's good health would affect her emotionally. Candidates responded very well to this question and accurately brought in terms such as self concept, self esteem etc. The level of discussion varied between candidates however the majority of candidates achieved 4-6 marks.

This question focused on the how physical health can impact positively on other aspects of development. In this question, candidates responded well to it and some of the responses marked were very coherent, logical and vocationally relevant.

marginent stars Set. Wen others (c) Discuss how Lillie's good physical health may affect her emotional development. (8) Because hillie's hearth would increase because of her acture le. The would look much more fitter them anyone her age who didn't lead the type of who she does. This would lead to a increase her set sey-image and self-confidence. She would have much more respect to cherself and higher set esteem. She would teel happy and proud of nerself because of what shes accomplycol. goes out with her thrends because shes in when she good heards and nothings young to happy to her She has the sense of belonging and freeks accepted amongst them. She would make new include when goes out making her feel componeable should state she can still make thends. Svec **Examiner Comments**

This is a discuss question so you will expect some balance required in the argument, for example how her life would be affected if she was not as fit and mobile. This is quite a good response, some relevant points about respect, feeling happy and having a positive outlook. Level 2 - 4 marks The following response is an excellent model answer.

(c) Discuss how Lillie's good physical health may affect her emotional development.

Lillie's good physical health off may affect her emotional development as she is able to focus and concentrate on having for and being active, rather than the negative things in life. As Lillie's moves around, her body would be gwing off endorphins which would give her a more positive self-concept and empower her to carry on her healthy and active lifestyle. Lillie's good health would make her feel more positive towards her age asshe is still able to go out and be active the like she was younger. Lillie may feel as if she has a sense of achievement as many her age suffer from several ulnesses. Her good health would also give her confidence to go out as well as a positive self-confidence as she would feel good about being fit and well. Lillie may find that she does not get stressed easily as so there is nothing regative impacting her health. & Lillie may feel more able to help out with her grandson Fraser as her health is enabling her to meet the physical demands of a five year old.

In conclusion, & Lillie's good physical health may affect her emotional development in a more positive way as she is able to concentrate more on the things she loves, like being active, rather than stress of it health.



Överall a very good solid response by this candidate which is well structured, coherent, logical and uses good vocational terminology. Level 2 - 6 marks

(8)

Question 17 (d)

This question asked candidates to assess why having few financial worries in later adulthood is important. Unfortunately the majority of candidates answered this incorrectly by focusing on the negative side rather than reading the question, linking to the case study and applying knowledge to create a good balanced argument. Once again the quality of responses did vary scoring 3-5 marks in general.

(10)

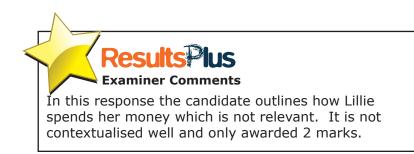
Responses to this question were poor. Many commenced with negative comments about difficulties in old age and how individuals might end up homeless etc.

(d) Lillie has few financial worries.

Assess why this is important in later adulthood.

in lateradiuthood, you experience when your child leaves nome which makes you feel lonely which is Known as empty-nest syndrome. As williences thenels in vara she requiants us with and travelito (biza Which whicharge her expenses. She spould traser by buying hun loads of presents, the amount of presents she buytor traser will have an effect on the castas well. sometime unles may not beable to a Hord the cliffs for her grandchild and the still hasto pay the mongade builland ellectricity and so on ... the money is mostly spenton her house as she has to keep 4 ingood shape However will par no children other our except ber thats hung with her now in laferal whood, you will get more money to yourself as she the has refive of from work and the chud has left home which we decrease your wornes of paying and looking after them. As now will be engaged and goes groking of may not befree and it may costalotfor her plus She goes summing as well which shows her mone y will be medot buying the clothing that is needed. Now that She has a few of financial wornier, she an now go out to clubbing or an acturry centre and socialite with other deopleaushenas no wormer of needena

to 100/caller or pay for ner child needs, as the the has left nome. As the chud leaves nome they reew HAGANGALIDOMES DECCURSE YOU GET to spend time Franelling around the world and freake nous with thendithat use in different country. you MOFadmithood return of orcurs add to th usu have more time to spen of with your grand chudren and by buy them gitti and provide them will cove care and a flection. in cater-adjuly odd the person may teel coney as they may hot have anything to do but they're are varietly of advantages in peron or nomare the owing bellow nompon e nou le which gives your more money MNUAWH toyourself tospend and have catch with Errendy



This question was poorly responded to by all candidates. The question stem would appear to have been misinterpreted and many commenced their responses with negative comments rather than focusing on the positive. The ability to assess was poor.

(10)

(d) Lillie has few financial worries.

Assess why this is important in later adulthood.

It is Important mat Lillie has few hinancial wornes at her age one as she doesn't need worry To back about Paying high mant of bill wave limiting the man in unich sue spends when socializing with he torning and priends. Instead the man nave one warries on her mind which may include unessos which she may have. It is good that the doesn't have too many pinancial warries as She can bocus an herself on how to live her life where the is reflecting in heself and · plhilling he hobbies. House, on the chier hand it Lillie and have In Inchease is knowcial warries it was lead being smessed aut au hie hime which pohe can negult in high blocd pressure at he age. Lillie upulanit be able to Joaquie with other have the is as the ward always have the tripping worny on he mind with her isciloning hoself Wald nesult in and wanning to be left alone. Having Inchecked hindraid womes would also men hat Ullie wouldn't be able to meat be grand in which may effect nare/ relationship as the may teel like his aronal not love him,

to he lack of maney in unices hilly has.

Lilly may also be limited to meachinies in which she takes place in which was a new be because the is not able to pay pr press This may nesult 10... huy not having a 9000 Jocial lite as the wardn't be able to interact with one individads. This may here it is Lillie Ichely which wand effect Leeuna Self concept us she may tel dera as her pees may be taking part in his achieties where the is what he do so.



Paper Summary

Based on their performance on this paper, candidates are offered the following advice:

- Application of knowledge to the question stem was in general good; and candidates demonstrated very good recall ability in the multiple choice question
- Short answer questions were better performed on by candidates than the longer, extended questions; these should be practiced
- Knowledge of key concepts such as childhood socialisation, role of the family, later adulthood varied; it is important to know these
- Use of English, grammar, spelling and punctuation was good in general. This should be continued.
- Candidates tended not to read questions accurately particularly question 17(d)
- Candidates tended to over use the PIES in all questions at times this was irrelevant e.g. question 17(b)
- Some candidates tend to make wide sweeping generalisations for example negative impression of old age still exists.
- In the longer questions the responses tended to be quite generic in content, hence candidates did not always maximise their marks in the way they could have

Grade Boundaries

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