

Write your name here

Surname

Other names

Centre Number

Candidate Number

Edexcel GCSE

Health and Social Care

Unit 1: Understanding Personal Development and Relationships

Thursday 16 June 2011 – Morning
Time: 1 hour 15 minutes

Paper Reference

5HS01/01

You do not need any other materials.

Total Marks

Instructions

- Use **black** ink or ball-point pen.
- **Fill in the boxes** at the top of this page with your name, centre number and candidate number.
- Answer **all** questions.
- Answer the questions in the spaces provided
– *there may be more space than you need.*

Information

- The total mark for this paper is 70.
- The marks for **each** question are shown in brackets
– *use this as a guide as to how much time to spend on each question.*
- Questions labelled with an **asterisk** (*) are ones where the quality of your written communication will be assessed
– *you should take particular care on these questions with your spelling, punctuation and grammar, as well as the clarity of expression.*

Advice

- Read each question carefully before you start to answer it.
- Keep an eye on the time.
- Try to answer every question.
- Check your answers if you have time at the end.

Turn over ►

P38499A

©2011 Edexcel Limited.

6/6/



edexcel 
advancing learning, changing lives

BLANK PAGE



Answer ALL questions.

Section One

In Section One, questions must be answered with a cross (⊗). If you change your mind, put a line through the box (⊗) and then indicate your new answer with a cross (⊗).

1 Which of the following is a physical characteristic of adolescence? (1)

- A** Menopause
- B** Decline in hearing
- C** Learning to walk
- D** Menstruation.

2 An unexpected life event is: (1)

- A** marriage
- B** birth of a baby
- C** illness
- D** menopause.

3 Primary socialisation takes place: (1)

- A** in the Media
- B** in school
- C** in the Church
- D** in the family.



4 Starting a full-time job is associated with which **two** life stages?

(1)

- A Infancy
- B Early childhood
- C Adolescence
- D Adulthood.

- A and B
- B and C
- C and D
- A and D

5 Aimee and James have recently decided to move in together. This is a characteristic of which relationship?

(1)

- A Family
- B Working
- C Friends
- D Intimate.

6 Which **two** of the following are economic factors which could affect individual growth and development?

(1)

- A Noise
- B Wealth
- C Income
- D Housing.

- A and B
- B and C
- C and D
- A and D



7 Which **two** life stages follow early childhood?

(1)

- A Adolescence
- B Early adulthood
- C Middle adulthood
- D Later adulthood.

- A and B
- B and C
- C and D
- A and D

8 Middle adulthood occurs in which age range?

(1)

- A 19–35 years
- B 35–45 years
- C 46–65 years
- D 65+ years.

9 A formal source of support is:

(1)

- A a GP
- B a sister
- C a friend
- D a neighbour.

10 During infancy, which type of relationship is the most important?

(1)

- A Friends
- B Family
- C Working
- D Professional.



11 Which of the following is a characteristic of a family relationship?

(1)

- A Being a friend
- B Being a work colleague
- C Being a parent
- D Being a professional.

12 Which of the following is a physical characteristic of infancy?

(1)

- A Loss of skin elasticity
- B Menopause
- C Development of testes
- D Development of gross motor skills.

13 The customs associated with a country are part of its:

(1)

- A politics
- B culture
- C structure
- D history.

14 A physical symptom of the menopause is:

(1)

- A a mood swing
- B a hot flush
- C a temper tantrum
- D an increase in weight.



15 The Citizens Advice Bureau is an example of which type of support network?

(1)

- A** Voluntary
- B** Faith Based
- C** Statutory
- D** Professional.

TOTAL FOR SECTION ONE = 15 MARKS



P 3 8 4 9 9 A 0 7 1 6

Section Two

16 Read the following Case Study and answer all the questions that follow.

Katie is nine months old and has Down Syndrome. She is a happy child who responds well to her mum Debbie and will smile and laugh when family and friends play with her. Despite this Debbie worries about Katie as she will need a heart operation within the next year. Although Katie's development is slower than other children, she has begun to hold objects and she can sit up while being supported with a cushion.

Each day, Debbie ensures that she spends quality time with Katie reading her stories. Debbie has taken an extended maternity leave from her job as a primary school teacher. She intends to go back to work but needs to be reassured that whoever looks after Katie will be able to meet all her needs.

(a) Using the background information, identify and describe **one** way in which Katie is developing socially.

(3)

.....

.....

.....

.....

.....

.....

.....

(b) Katie and Debbie have bonded well. Debbie ensures that each day she spends quality time with Katie.

Explain why it is important that Katie and Debbie have bonded.

(6)

.....

.....

.....

.....

.....

.....

.....

.....



(c) Debbie works as a primary school teacher and earns a high income.

Discuss the effects income can have on an individual's growth and development.

(8)



17 Read the following Case Study and answer all the questions that follow.

Debbie's Health Visitor is called Andrea. She really enjoys working, particularly working with new and teenage mums. At the moment she is working with Nikki who has given birth to a baby boy called Jack. Nikki is 18 years of age and has very little support from her parents. She is currently living at home but hopes to move into a flat with Jack in a nearby town. Nikki left school with no qualifications but would have liked to have trained as a beauty therapist. Andrea hopes Nikki will join one of her adult education classes and return to full-time education in the near future.

(a) Identify Nikki's **two** previous life stages.

(2)

.....

.....

.....

.....

(b) Nikki has a poor self-concept.

Using the background information explain why this might be the case.

(4)

.....

.....

.....

.....

.....

.....

.....

.....



(c) Explain the difficulties Nikki might experience when she moves away from her home and family.

(6)

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

(d) Explain how Nikki's lifestyle may have changed now she has a baby.

(6)

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....



*(e) Nikki feels stressed.

Discuss how feeling stressed may affect Nikki and Jack's relationship.

(10)

A series of horizontal dotted lines for writing the answer.



BLANK PAGE

