

Background Information

This question paper is based on the following individuals:

- Blanca who is a 20-year-old student
- Rosie and Jack who live together with their six-month-old daughter Crystal
- Daniel who is 22 years of age and lives with his parents
- Daniel's Mother Virginia who is 50 years of age
- Daniel's Grandfather Ernest who is 66 years of age.



Answer ALL questions in the spaces provided.

1.

Blanca is 20 years of age and lives on her own. She left home when she was 17 years old and lives in a rented council flat. She left home because she did not get on with her stepfather; they argued a lot and her mother didn't want to take sides. Although she is happier living on her own Blanca suffers frequent episodes of depression. She recently enrolled on an Access Diploma at her local college and has made new friends. She is enjoying the experience of being a student and spends a lot of time in the library researching for her assignment work. She would like to go to university and become a dietician.

(a) Blanca's current life stage is adulthood. State **two** of the life stages she has already passed through.

.....

(2)

(b) Blanca has developed many different types of relationships. They include:

- Family
- Friends
- Intimate and Sexual
- Working.

Complete the table using the types of relationships given above.

Relationship	Type of Relationship
Blanca enjoys meeting up with her mates from college	
Blanca gets on well with her tutors on the course	
Blanca has little contact with her mother	
Blanca has no current boyfriend	

(4)



(c) Explain **two** effects on Blanca's self-concept of going back to college.

1

.....

.....

.....

.....

.....

2

.....

.....

.....

.....

.....

(6)



2.

Rosie and Blanca are friends and met at college. Rosie is 21 years old and is a single mother. She lives with her boyfriend Jack and has a six-month-old baby called Crystal. Jack is currently unemployed and has not worked for the past nine months. They live in a rented house. They rely on benefits and Rosie's student loan to pay the rent and cover their weekly grocery bill. Whilst Jack is happy for Rosie to be at college he does worry about their finances.

(a) Here is some information about Rosie and her family's growth and development.

- A Crystal has just learnt how to sit up on her own.
- B Rosie and Blanca are best friends.
- C Jack is supportive of Rosie in her studies.
- D Rosie finds the course challenging and has learnt new computer skills.

Using the letters A, B, C and D, match each of the statements to Rosie's development.

Area of Development	Matching Statement (A, B, C and D)
Physical development	
Intellectual development	
Social development	
Emotional development	

(4)



(b) Self-concept is a combination of self-image and self-esteem.

(i) Define what is meant by self-image.

.....
.....
(1)

(ii) Explain how Rosie's self-image may have changed since becoming a mother.

.....
.....
.....
.....
.....
.....
(2)

(iii) Define what is meant by self-esteem.

.....
.....
(1)

(iv) Explain how Jack's self-esteem may have been affected by being unemployed.

.....
.....
.....
.....
.....
.....
(2)



3.

Daniel, who is 22 years of age, is a friend of Blanca. He lives with his mother and father and younger sister Sheree. His father has just retired and his mother still works part-time as a librarian. Daniel enjoys going to college and meeting up with Blanca and his other friends. He has just been elected onto the student union and has passed his driving test. He hopes to go to university where he would like to study physiotherapy.

(a) People pass through different life stages. Complete the table to identify the correct life stage for each life event given.

Life Event	Life Stage
Changes from milk to solid food	
Gets married and starts a family	
Skin loses its elasticity	
Starts school and makes friends	

(4)

(b) Daniel's previous life stage was adolescence. Identify **two** physical changes that boys are likely to experience in this life stage.

1

.....

2

.....

(2)

(c) Identify **two** physical changes that girls are likely to experience in this life stage.

1

.....

2

.....

(2)



(d) Daniel has a positive self-concept at the moment. Identify and explain **two** possible factors which might account for this.

1. Identification

.....

Explanation

.....

.....

.....

.....

.....

2. Identification

.....

Explanation

.....

.....

.....

.....

.....

(6)



4.

Daniel's mum is called Virginia and is 50 years of age. She has been feeling depressed about her increasing weight gain so has been attending a weight management class for the past three months. Since joining the class Virginia has lost weight, dropped a dress size and is feeling much more confident in herself. Virginia and her husband have also become much closer and have joined a dancing class together.

(a) State Virginia's current life stage.

..... (1)

(b) Virginia has experienced many expected and unexpected life events.

Complete the following sentences by identifying whether the life events were expected or unexpected.

Going through the menopause is an life event.

Retiring from work is an life event. (2)

(c) A life event associated with Virginia's current life stage is the menopause.

Identify **two** physical features of the menopause.

1
.....
2
..... (2)



(d) Virginia may need help and support to deal with such a life event.

Identify and explain two sources of support which may help Virginia cope with the menopause.

1. Identification

.....

Explanation

.....

.....

.....

.....

2. Identification

.....

Explanation

.....

.....

.....

.....

.....

(6)



