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### **Background Information**

This question paper is based on Laura who is a district nurse and some of the patients she visits:

- Jack who is 16 years of age
- Eva who is 76 years of age
- Julie who is 8 years of age
- Martin who is 52 years of age.



**Answer ALL questions in the spaces provided.**

**1.**

Laura is 42 years of age and is a district nurse. She lives with her partner Chris who is a head teacher. Chris is divorced and has a daughter Chloe who is 10 years of age. Laura and Chris work full time and have a good income. However, they often have to work late and don't get time during the week to see each other, so they ensure that at the weekends they are free to spend time together. Chloe enjoys coming to stay with Laura and looks on her as her second mum. Laura has recently discovered that she is expecting a baby. She and Chris are excited about becoming parents.

(a) Identify Laura's current life stage.

..... (1)

(b) Identify, in their correct order, the **three** life stages Laura has already passed through.

1 .....  
2 .....  
3 ..... (3)

(c) Explain how positive life events can affect an individual's growth and development.

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(d) Laura has recently discovered that she is expecting a baby. Explain how this may affect her self-concept.

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(e) Discuss the impact the birth of a baby may have on Laura's relationship with Chris and Chloe.

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(Total 22 marks)

Q1

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2.

Jack is 16 years of age and was involved in a serious road traffic accident. At the moment he has little mobility in his legs and is in considerable pain. He receives physiotherapy twice a week and is taking medication to relieve the pain. Jack also needs considerable help with personal care. Although his mum and dad are very supportive, he sometimes gets frustrated and upset as he is unable to get out and see his friends. Laura visits Jack once a week to monitor his condition and to give him support.

(a) People pass through different life stages. Complete the table to identify the correct life stage for each life event given.

Life Event	Life Stage
Changes from milk to solid food	
Gets married and starts a family	
Skin loses its elasticity	
Development of secondary sexual characteristics	
Starts school and makes friends	

(5)

(b) Identify two **physical** changes that boys are likely to experience in Jack's current life stage.

1 .....

2 .....

(2)

(c) Identify two **physical** changes that girls are likely to experience in this life stage.

1 .....

2 .....

(2)



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(d) (i) Define what is meant by the term self-image.				
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		(1)		
(ii) Define what is meant by the term self-esteem.				
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(e) Discuss how Jack's recent accident may affect his growth and development.				
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3.

Laura visits Eva who lives on her own and is 76 years of age. Eva is German and came to live in the United Kingdom 30 years ago. Her English is still poor and she rarely leaves her house. Eva recently developed a severe chest infection which left her confused and bed ridden for two weeks. Her neighbour, Alf, has been very supportive and has helped with daily routines such as cooking. Eva's doctor prescribed some strong antibiotics but these have made her feel sick and drowsy. Laura feels that the medication should be changed and will discuss this with the doctor.

(a) Identify Eva's current life stage.

..... (1)

(b) Identify three **physical** characteristics associated with this life stage.

1 .....

2 .....

3 .....

(3)

(c) Here is some information about Eva's development.

- A. Eva has made few friends as her English is so poor.
- B. Eva's medication has made her sick and drowsy.
- C. Eva has no close family living nearby.
- D. Eva has tried to learn English by reading novels and magazines.

Using the letters **A**, **B**, **C** and **D**, match each of the statements to Eva's development.

Area of development	A, B, C, D
Physical development	
Intellectual development	
Social development	
Emotional development	

(4)





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(d) Eva is receiving a lot of support from Alf and Laura. Explain the benefits for Eva's development of receiving support.

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(e) Discuss how moving to the United Kingdom may have affected Eva's development.

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(Total 20 marks)

Q3

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4.

Julie is eight years of age and has just finished a course of treatment for cancer. She is recovering at home with the support of her mother, father and older brother, Andrew. Julie is a happy child and has coped with her condition well and hopes to make a full recovery. She misses her schoolfriends and keeps in touch with them by texting every couple of days. Julie's school is providing some home tutoring lessons in English and Maths to help her prepare for when she returns to school. Laura visits three times a week to monitor Julie's progress and provide advice and support to her family.

(a) Identify Julie's current life stage.

..... (1)

(b) Identify the next life stage Julie will progress to.

..... (1)

(c) From the background information, identify and explain **one** factor that demonstrates Julie is developing emotionally.

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<p>(d) As an adolescent Julie's friends will become important. Explain why friends become so important during adolescence.</p> <p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p> <p style="text-align: right;"><b>(4)</b></p>	Leave blank
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(e) Julie is coping well with her illness. Discuss how coping with a serious illness in childhood may affect an individual’s self-concept.

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Q4

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5.

Martin is 52 years of age and experiences frequent episodes of depression. He hasn't had a permanent job for 15 years. Martin lives on his own. He has one daughter, Teresa, who visits him once a week to check on him and take him to the local supermarket to do his shopping. Laura has persuaded Martin to attend a day centre once a week which specialises in helping people who have mental health disorders. Although initially anxious about this, Martin is beginning to enjoy his time there. He is getting involved in some of the activities, such as salsa dancing and gardening.

(a) Identify Martin's current life stage.

..... (1)

(b) Identify **two** sources of support Martin uses to help him cope with his depression.

1 .....

2 .....

(2)

(c) Describe **one** effect depression may have on an individual's social development.

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(2)



(d) Discuss how Martin's health and well-being may change for the better by going to the day centre.

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Q5

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