Mark Scheme (Results)
Summer 2007

GCSE Applied Health & Social Care (5323/01)

Unit 3: Understanding Personal Development and Relationships

Questions	Expected Answers	Marks
1a	1 mark for correctly stating: • Adulthood	1
1b	1 mark for correctly stating: • Later adulthood	1
1c	1 x 4 mark for correctly identifying the following: • Friends • Working • Family • Intimate and sexual	4
1d	1 x 2 for relevant identification 2 x 2 for explanation Award one mark for partial explanation Self-concept – Positive / Negative Self-esteem – High / Low Self-image – Positive / Negative Identification • Self-image is positive – responsibility, negative – increased stress • Self-concept – positive, negative • Self-esteem – high – sense of achievement, low • Stress may increase - may affect physical health • Greater worry • Not seeing friends / social development / meeting new friends / relationships • Emotionally not intimate relationships • Determination to try new things / plan ahead • Increased independence / empowerment • Greater level of confidence	6

1e	1-2 marks for 1-2 factors identified or 1 factor identified and described.	
	3-4 marks for 2 factors identified and 1 factor described (3 marks) or both described (4 marks).	
	5-6 marks for factors explained. Must be balanced for 5-6 marks, with positives and negatives. Candidates must have made valid links and work must be coherent and fluent.	
	- Has no current partner - Could be depressed / worried / stressed - Could affect his confidence in meeting people in future - Could become mentally ill / lonely - Rarely sees friends - Needs company - Helps talk through problems - Share interests - Having a partner can take some of the burden - Feels happy / content / positive outlook - Self-image / self-esteem / self-concept may be **discussed** positively / negatively	6
Total		**18 Marks**

2a	1 x 3 for correctly stating: • Infancy • Childhood • Adolescence	3
2b	1 x 4 for correctly stating: • A • D • B • C	4
2ci	1 x 1 for correctly stating: Self-image is a value judgement we make about ourselves. It refers to the kind of person we think we are and is closely linked to our self- esteem. "How we see/ view ourselves"	1
2cii	1 mark for partial explanation – poor/negative self-image 2 marks for full explanation such as: • May feel unattractive e.g. physically scarred • Lower self-concept • Feels less confident • Feels depressed about her condition • May feel lucky to be alive • Self-conscious / people may view her differently	2
2ciii	1 mark for accurate definition: Stating how you value / feel about yourself – confidence, feel good factor, how you feel about yourself – good/bad, high/low NOT how you <u>think</u> about yourself	1
2civ	1 mark for partial explanation – low / self-esteem • May feel helpless • Self-esteem will have been lowered • May feel useless • Less confident 2 marks for full explanation such as: • Unable to go to work – self-esteem • Can't see her friends • Reliant on her parents • Put off driving again	2

2d	1-2 marks for 1-2 factors identified or 1 factor identified and explained.	
	3-4 marks for 2 factors identified and 1 factor explained or both explained.	
	5-6 marks for factors explained. Candidates must have made valid links and work must be coherent and fluent.	
	Factors • She is getting fitter / recovers faster / better mobility • Meeting new people • Becoming more confident / feel good factor • Becoming more independent / greater empowerment • Will go back to work soon • Has been able to move back home • Self-esteem – higher, improve • Self-image – positive, improve • Self-concept – positive, improve • Can plan ahead & think of future • Increased motivation	6
	Total	**19 Marks**

3a	1 mark for correctly stating: • Adulthood	1

3b	1 x 2 for the following:
	   • Expected
	   • Expected
		2

3c	1 x 2 for the following:
	   • Hot flushes
	   • Night sweats
	   • Inability to produce eggs
	   • Can't get pregnant
		2

3d	**1 x 2 for identification** **2 x 2 for explanation** **Award 1 mark for partial explanation.** Identification or support Formal - counselling, advice, guidance, medication Informal – practical help, social and emotional support e.g. cheer up / encourage Family / Peter Friends Support groups GP Gym / gym instructor / Mike – exercise, advice Well Woman's Clinic – monitor/ advice/ coping strategies Specialists – e.g. practice nurse (**NOT** just nurse) etc. **Answer must related to menopause.**	6

3e	1-2 marks for 1-2 factors identified or 1 factor identified and explained.	
	3-4 marks for 2 factors identified and 1 factor explained or both explained.	
	5-6 marks for factors explained. Candidates must have made valid links and work must be coherent and fluent.	
	- Self-concept will be higher / improved - Reduce her weight – healthier / feel better about self - Happy and confident - Making new friends - Better diet - Greater knowledge of what good and bad for her - Closer bond with her husband - Build strength in muscles - Joined rambling club with Peter - Develop new skills e.g. learning about machines	6
	Total	17 Marks

4a	1 x 1 for correctly identifying: • Later adulthood	1
4b	1 x 3 for correctly identifying: • Skin becomes dryer and flaky • Hair texture changes • Eyesight may deteriorate • Hearing may deteriorate • Smell and taste deteriorate • Lungs and respiratory system weaker • Health and blood vessels less efficient • Digestive system and urinary system less efficient • Skin loses its elasticity	3
4c	1 x 1 mark for identification 2 x 2 for full explanation Award one mark for partial explanation. Physical – getting fitter / no pain / sleep at night / mobility increases / now exercises / more energetic Emotional – a lot happier / has met Mildred / feels less lonely Social – meeting new friends Self-esteem – improved Self-image – improved Self-concept – feel more confident	6

4d	1-2 marks for 1-2 factors identified or 1 factor identified and explained. 3-4 marks for 2 factors identified and 1 factor explained or both explained. 5-6 marks for factors explained. Candidates must have made valid links and work must be coherent and fluent. Must be balanced in positive / negative. Factors - Negative / lower self-image / self-concept - Feels loss / grieving - May be depressed / lonely / stressed - May become withdrawn / confidence feels lower - Refuses to see friends - Helpless / hopelessness - New beginning - New chapter in life - Could develop new skills - Opportunity to meet new people - Coming to terms with less e.g. talking to people / George - Physical health may deteriorate because not eating / coping well / sleeping		**6**
		Total	**16 Marks**

5a	1 x 4 for correctly stating: • Infancy • Adulthood • Later adulthood • Childhood	4
5b	1 x 2 for correctly stating: • Voice breaks • Shoulders broaden • Acne • Testosterone • Pubic hair / body hair / facial hair • Grows taller / growth spurt / more muscular	2
5c	1 x 2 for correctly stating: • Breasts develop • Period begins or menstruation begins • Grows taller / growth spurt / more muscular • Growth of pubic hair / body hair • Hips widen • Oestrogen	2
5d	1 x 2 for relevant identification Award 1 mark for partial explanation given 2 x 2 for explanation. • Has part time job which he enjoys • He has income • Has a girlfriend / stable relationship • Is academically successful • Is studying a programme which he enjoys • Has plans for future / ambitions	6

5e	1-2 marks for 1-2 factors identified or 1 factor identified and explained. 3-4 marks for 2 factors identified and 1 factor explained or both explained. 5-6 marks for factors explained. Candidates must have made valid links and work must be coherent and fluent. Must be a balanced argument with positives and negatives. Factors: Socially – meets new people, develops communication skills Emotional – may grow closer or grow apart from Jo / miss family / friends Intellectually – develops new ideas and knowledge Develops self-concept – has a clearer understanding of himself and the world he lives in /independence Increased stress - over communicating in different cultures / money / accommodation Increased maturity Physically fitter – but prone to illness / disease	6
	Total	**20 Marks**
Total for paper: 90 marks		