

Paper Reference					Centre No.					Surname	Initial(s)
5	3	2	3	/	0	1	Candidate No.			Signature	
Paper Reference(s) 5323/01											

Edexcel GCSE

Health and Social Care

(Double Award)

Unit 3: Understanding Personal
Development and Relationships

Tuesday 16 January 2007 – Morning

Time: 1 hour 30 minutes

Examiner's use only

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Team Leader's use only

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Question Number	Leave Blank
1	
2	
3	
4	
5	
Total	

<u>Materials required for examination</u>	<u>Items included with question papers</u>
Nil	Nil

Instructions to Candidates

Your candidate details are printed next to the bar code above. Check that these are correct and sign your name in the signature box above.
If your candidate details are incorrect, or missing, then complete ALL the boxes above.
Check that you have the correct question paper.
Answer ALL the questions. Write your answers in the spaces provided in this question paper.

Information for Candidates

The marks for individual questions and the parts of questions are shown in round brackets: e.g. (2).
There are 5 questions in this question paper. The total mark for this paper is 90.
There are 16 pages in this question paper. Any blank pages are indicated.

Advice to Candidates

You are reminded of the importance of clear English and careful presentation in your answers.

Turn over

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Background Information

- Mandy and Philip have been married for two years and are expecting their first child.
- Abby is 47 years of age and a single mother with two children in their early 20s.
- Charlie is 60 years of age and has just retired.
- Juan and Maria moved to the United Kingdom from Spain and have three children.
- Stacey is 39 years of age, a beautician and lives on her own.



Answer ALL questions in the spaces provided.

1.

Mandy and Philip are both 28 years of age and have been married for two years. They are expecting their first child in a few months and are very excited. Mandy works full-time as a nursery assistant and Philip works as an estate agent for a local firm. He recently started working extra hours in the evenings and at the weekend. The additional income will help pay for nursery equipment which they will need when the baby arrives. Lately Mandy has become a little nervous about having the baby but her mother has been very supportive and has reassured her.

(a) State Mandy and Philip's current life stage.

..... (1)

(b) State Mandy and Philip's previous life stage.

..... (1)

(c) Identify **two** physical changes that Mandy is likely to have experienced in her previous life stage.

1

2

(2)

(d) Identify **two** physical changes that Philip is likely to have experienced in his previous life stage.

1

2

(2)



(e) Both Mandy and Philip have developed many different types of relationships. They include:

- Family
- Friends
- Intimate and sexual
- Working

Complete the table.

Relationship	Type of relationship
Philip's relationship with Mandy	
Mandy's relationship with her colleagues at the nursery	
Mandy's relationship with her mother	
Philip meeting his friend Johnny at the weekend to go biking	

(4)



2.

Abby is 47 years of age and is a single parent. She has two children, Barrie and Charlene, who are both in their early 20s. Abby works for a catering company and was recently promoted to the position of manager. However, this has meant that she has to work longer hours, has become increasingly stressed and sees less of her family. Abby smokes heavily and has started to put on a lot of weight. This could be because she does not always eat properly and skips meals. Charlene is encouraging her mother to reduce her smoking and adopt a healthier lifestyle.

(a) Identify the **three** life stages that Abby has already passed through. Place them in the correct order.

1

2

3

(3)

(b) Explain the difference between growth and development.

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(4)

(c) From the information given, identify **three** possible factors which may have contributed to Abby's poor health.

1

2

3

(3)



(d) Identify and explain **one** source of **formal** support Abby could use to help her achieve a healthier lifestyle.

Source of support

Explanation

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(3)

(e) (i) Define what is meant by the term 'self-image'.

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(1)

(ii) Define what is meant by the term 'self-esteem'.

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(1)



Leave blank

(f) Discuss how Abby's health and well-being may be negatively affected by her present lifestyle.

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(6)

(Total 21 marks)

Q2

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3.

Charlie is 60 years of age and has just retired from work as a telecommunications engineer. He lives on his own as his wife, Agnes, died suddenly two years ago from a heart attack. Although Charlie has two children he does not see them very often as they live some distance away. Charlie likes to keep active and plays golf twice a week and goes to the 'Early Bird' swimming session at the local leisure centre every morning. Although he has a good pension and keeps himself active he misses his wife.

(a) Identify Charlie's next life stage.

..... (1)

(b) Identify **three** physical characteristics associated with Charlie's next life stage.

- 1
- 2
- 3 (3)

(c) Here is some information about Charlie's growth and development:

- A** He meets with his friend Walter for a pint on a Tuesday night.
- B** He plays golf twice a week.
- C** He misses his wife Agnes greatly.
- D** He likes to do the crossword in the local paper.

Using the letters **A**, **B**, **C** and **D** match each of the statements to Charlie's development.

Area of development	A, B, C or D
Physical development	
Intellectual development	
Social development	
Emotional development	

(4)



(d) Life events, such as the death of a partner or spouse, can affect a person in different ways.

Identify and explain **one** way in which a life event, such as the death of a partner or spouse, could affect an individual's development.

Identification

Explanation

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(3)

(e) Identify and explain **two** possible benefits of taking early retirement on Charlie's health and well-being.

Identification 1

Explanation

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Identification 2

Explanation

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(6)

(Total 17 marks)

Q3

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4.

Juan and Maria moved to the United Kingdom two years ago from Spain. They have three children, Louis who is 14 years of age, Pedro who is seven years of age and Carmella who is three months old. Juan teaches Spanish in the local comprehensive school and Maria works in the local meat factory. Louis and Pedro have settled into school life and have made new friends. However, Juan does worry that the family seems to spend very little time together.

(a) Complete the table by identifying the missing life stages for each life event.

Life event	Life stage
Marrying and starting a family	
Developing secondary sexual characteristics	
Losing skin elasticity	
Going from milk to solids	

(4)



(b) Juan and Maria’s children will develop many different types of relationships which are characterised by particular features:

- Mutual support
- Power
- Physical attraction
- Dependency
- Protection
- Sharing

Complete the table.

Characteristic of relationship	Feature
Carmella and Pedro rely on their parents more than Louis	
Louis is attracted to a girl in his class	
Louis sometimes lets Pedro wear his Valencia football shirt	
Louis and Pedro help their parents with the shopping and gardening at weekends	

(4)

(c) Explain the importance of social development for Louis’ growth and development.

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(4)



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blank

(d) Both Juan and Maria work full-time.

Discuss the importance socio-economic factors, such as income, may have on Juan and his family.

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(6)

(Total 18 marks)

Q4

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5.

Stacey is 39 years of age and owns a beautician's salon called 'Totally You'. She has two assistants working for her. The business has been a success so Stacey decided to open another salon in a nearby town.

Recently Stacey has become very tired and has rarely had time to meet with her friends. She works long hours and has to attend many business meetings in order to open the second salon. Her partner, Robbie, is annoyed because he never sees Stacey.

(a) State **two** physical symptoms of the menopause.

- 1
- 2 **(2)**

(b) Explain how working long hours may negatively affect Stacey's health and well-being.

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- **(4)**

(c) Explain the importance of emotional development on Stacey and Robbie's relationship.

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- **(4)**



(d) Discuss the effect that owning a business may have on an individual’s health and well-being.

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(6)

(Total 16 marks)

Q5	
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TOTAL FOR PAPER: 90 MARKS

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