



Centre Number

71

Candidate Number

General Certificate of Secondary Education
2014

**Health and Social Care:
Double Award**

Unit DA2: Promoting Quality Care

[GHS41]

THURSDAY 12 JUNE, AFTERNOON



TIME

1 hour 30 minutes.

INSTRUCTIONS TO CANDIDATES

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

Write your answers in the spaces provided in this question paper.
Answer **all three** questions.

INFORMATION FOR CANDIDATES

The total mark for this paper is 100.

Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question. Quality of written communication will be assessed in questions **3(a)**, **3(b)** and **3(c)**.

For Examiner's
use only

Question Number	Marks
1	
2	
3	

Total
Marks

Guidance

Your task should focus on adolescents and address the following:

- factors affecting growth and development during adolescence
- the needs of adolescents
- accessing care services, barriers to access and ways of overcoming the barriers
- measures of physical health
- self-concept
- coping with life events and sources of support available
- NMC Code of Professional Conduct – work with others to protect and promote the health and well-being of those in your care, their families and carers, and the wider community
- expected content of a health and safety policy
- para 1.13—1.30 Framework for Preventing and Addressing Overweight and Obesity in Northern Ireland 2012–2022 – A Fitter Future For All
- the application of the principles of care by classroom assistants
- skills and qualities needed to work as a classroom assistant

1 Julie, aged 17, lives with her mother Jane and her younger brother Karl who is 12 years old. Jane is a single parent and works part-time in the local residential home.

(a) Julie and Karl are in the life stage of adolescence which is from

_____ years to _____ years. [2]

(b) Explain how genetic inheritance may affect the growth and development of an adolescent.

 _____ [2]

(c) Complete the table below to explain one example of each type of need for Karl.

<p>A physical need</p> <p>_____ _____ _____ _____ _____ _____ [2]</p>	<p>An intellectual need</p> <p>_____ _____ _____ _____ _____ _____ [2]</p>
<p>An emotional need</p> <p>_____ _____ _____ _____ _____ _____ [2]</p>	<p>A social need</p> <p>_____ _____ _____ _____ _____ _____ [2]</p>

Examiner Only	
Marks	Remark

(d) The family lives in a small rural village many miles from a hospital. Julie has asthma and since childhood has had regular appointments at the local clinic with the asthma nurse to monitor her illness. Every six months the nurse arranges for Julie to see a specialist at a hospital. Julie’s mother cannot afford a car.

(i) Explain this type of referral.

 [2]

(ii) Use the information above to explain two barriers Julie may experience when accessing the hospital.

1. _____

 [2]

2. _____

 [2]

(iii) The asthma nurse analyses Julie’s peak flow reading.

Explain why the asthma nurse asks Julie to take regular peak flow readings.

 [2]

Examiner Only	
Marks	Remark

(f) Karl was very ill and had to go into hospital for an operation. He was very frightened and anxious.

(i) Name this type of barrier.

_____ [1]

(ii) Discuss how Karl's family could help him overcome this barrier.

_____ [3]

(iii) Identify three types of support nurses may have given Karl to help him cope with his stay in hospital.

1. _____ [1]
2. _____ [1]
3. _____ [1]

(iv) Karl weighs 60 kg.

Identify one other piece of information staff would need to calculate Karl's BMI.

_____ [1]

(v) Explain why staff may find it helpful to calculate Karl's BMI.

_____ [2]

Examiner Only	
Marks	Remark

(c) Freda is Karl's classroom assistant.

Write down five skills and qualities which might be helpful in this job role.

1. _____ [1]
2. _____ [1]
3. _____ [1]
4. _____ [1]
5. _____ [1]

(d) Explain how Freda can apply each of the following principles of care in her work with Karl.

Promote rights and choices

_____ [2]

Maintain confidential information

_____ [2]

Promote effective communication

_____ [2]

Examiner Only	
Marks	Remark

(c) According to “A Fitter Future For All”, people with disabilities can find it more difficult to eat healthily, be more physically active and control their weight. Discuss four reasons for this.

Examiner Only	
Marks	Remark

[9]

(d) Research has indicated that being obese can increase the risk of a range of health conditions.

Write down any three of these.

- 1. _____ [1]
- 2. _____ [1]
- 3. _____ [1]

THIS IS THE END OF THE QUESTION PAPER

Examiner Only	
Marks	Remark

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