

Centre Number						Candidate Number				
Surname										
Other Names										
Candidate Signature										



General Certificate of Secondary Education
Specimen Paper

Health and Social Care

XXXX/W

Unit 1 Understanding Personal Development and Relationships

Date: Time

You will need no other materials.
You may use a calculator

Time allowed:
• 1 hour and 30 minutes

Instructions

- Use a blue or black ink or ball-point pen.
- Fill in the boxes at the top of this page.
- Answer **all** questions.
- Do all rough work in this book. Cross through any work you do not want to be marked.
- Answer the questions in the spaces provided.
- Continue your answers on additional answer sheets if necessary.
- Fasten any additional answer sheets you use to this paper before handing in to the invigilator at the end of the examination.

Information

- The maximum mark for this paper is 70.
- The marks for questions are shown in brackets.
- You are reminded of the need for good English and clear presentation in your answers. Quality of Written Communication will be assessed in answers to Questions 3, 4(b) and 5.

For Examiner's Use	
Examiner's Initials	
Question	Mark
1	
2	
3	
4	
5	
6	
7	
TOTAL	

XXXX/W

Answer **all** questions in the spaces provided.

1 **Carrie** is a typical nine-month-old infant. Her gross motor skills have developed so she can crawl and balance herself when sitting.

(a) Describe how Carrie's gross motor skills are likely to develop up to the end of her infancy.

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(5 marks)

(b) Suggest **three** different fine motor skills Carrie is likely to have developed as a typical nine-month-old.

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2.....
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3.....
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(3 marks)

8



2 Albert is 80 years old. He lives alone, rarely goes out and he has no family or friends. Albert is finding it more and more difficult to look after himself.

(a) Explain how Albert's **emotional** development is likely to be affected by his personal circumstances.

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(4 marks)

(b) Explain how Albert's **social** development is likely to be affected by his personal circumstances.

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(3 marks)

(c) Describe how Albert is likely to develop **intellectually** over the next ten years.

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(3 marks)



3 Robert has been seriously ill. He has missed a lot of secondary education. Evaluate the likely effects on Robert of being seriously ill and missing a lot of secondary education.

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(7 marks)

7



Barcode

4 Lingyun has a low income. She finds it difficult to control her spending. Lingyun makes a list of what she normally spends money on each month.

- | | |
|--------|--------------------|
| Rent | ‘Designer’ clothes |
| DVDs | Electricity |
| Cinema | Make-up |
| Food | Travel to work |

(a) (i) Identify **two** ‘needs’ in Lingyun’s spending.

1.....
2.....

(2 marks)

(ii) Identify **two** ‘wants’ in Lingyun’s spending.

1.....
2.....

(2 marks)

(b) Evaluate the possible effects of Lingyun’s low income and difficulty in controlling her spending on her health and well-being.

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(8 marks)



5

- Steve is a well respected hospital consultant.
- He lives with his wife and young children in a large detached house in the country.
- Steve finds he is often too busy with work to take regular exercise.
- He tries to eat a balanced diet but doesn't eat enough fruit and vegetables and he does eat too many sweets.
- Steve enjoys spending time watching TV with his family.

Explain how the different factors in Steve's life may **interrelate** to affect his health, well-being and development.

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(12 marks)

12



Barcode

6

- Anne is in Mr. Lamb’s class at primary school.
- She spends a lot of time with Ayesha who is in the same class.
- Mr. Lamb is happily married to Margaret.
- They have two grown-up children, Heather and Daniel.

(a) Identify and describe the following relationships:

(i) Anne and Mr. Lamb;

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(2 marks)

(ii) Anne and Ayesha;

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(2 marks)

(ii) Mr. Lamb and Margaret;

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(2 marks)

(iv) Mr. Lamb, Margaret, Heather and Daniel.

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(2 marks)



Barcode

Turn over ►

(b) Suggest **three** different ways Mr. Lamb's personal development may be affected by being happily married to Margaret.

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(3 marks)

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7 (a) Explain how the following may affect a person's self-concept.

(i) Being made redundant.

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(2 marks)

(ii) Going through puberty.

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(2 marks)

(b) (i) Redundancy is an unexpected life event.
Give one other example of an unexpected life event.

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(1 mark)

(ii) Puberty is an expected life event.
Give one other example of an expected life event.

.....

(1 mark)



(c) Suggest **two** different sources of support for a person who has been made redundant.
Give one different way how each could help.

Source of support 1
(1 mark)

Could help by
.....
.....
(1 mark)

Source of support 2
(1 mark)

Could help by
.....
.....
(1 mark)

END OF QUESTIONS

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