



Please write clearly in block capitals.

Centre number

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Candidate number

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Surname

Forename(s)

Candidate signature

GCSE

HEALTH AND SOCIAL CARE

Unit 1 Understanding Personal Development and Relationships

Friday 17 June 2016

Afternoon

Time allowed: 1 hour 15 minutes

Materials

- You will need no other materials.

Instructions

- Use black ink or black ball-point pen.
- Fill in the boxes at the top of this page.
- Answer **all** questions.
- You must answer the questions in the spaces provided. Do not write outside the box around each page or on blank pages.
- Do all rough work in this book. Cross through any work you do not want to be marked.

Information

- The marks for questions are shown in brackets.
- The maximum mark for this paper is 70.
- You are reminded of the need for good English and clear presentation in your answers. Quality of Written Communication will be assessed in Question 3.



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Answer **all** questions in the space provided.

1 Rob is 31 years old and has a daughter named Mia and a son named William.

- Mia is 2 years old.
- William is 5 years old.

1 (a) What is Rob's life stage?

[1 mark]

1 (b) What is Mia's life stage?

[1 mark]

1 (c) What is the age range for Rob's life stage?

[1 mark]

1 (d) What is the age range for Mia's life stage?

[1 mark]

1 (e) What is the age range for William's life stage?

[1 mark]



2 As infants grow they develop fine and gross motor skills.

2 (a) Tick the correct box to identify whether scribbling with a crayon is a gross motor skill or a fine motor skill. [1 mark]

Gross

Fine

2 (b) Tick the correct box to identify whether climbing up a tree is a gross motor skill or a fine motor skill. [1 mark]

Gross

Fine

2 (c) Tick the correct box to identify whether standing on one foot is a gross motor skill or a fine motor skill. [1 mark]

Gross

Fine

2 (d) Tick the correct box to identify whether cutting with scissors is a gross motor skill or a fine motor skill. [1 mark]

Gross

Fine

2 (e) Tick the correct box to identify whether kicking a ball is a gross motor skill or a fine motor skill. [1 mark]

Gross

Fine



4

- Sophia is 18 years old and is going to university to study for her degree.
- For the next 3 years Sophia will live away from home.

Explain the likely effects on Sophia's development of studying for a degree and living away from home.

[6 marks]



- 5
- Malik is a social work team leader.
 - Carlo and Sasha are social workers in Malik's team.
 - Malik is married to Cassie who is a dental technician.
 - Cassie likes going to the gym with Carlo's sister, Dawn.

From the information above, give **one** example of each of the following types of relationship:

- 5 (a) A peer relationship. [1 mark]

_____ and _____

- 5 (b) A friendship. [1 mark]

_____ and _____

- 5 (c) A working relationship. [1 mark]

_____ and _____

- 5 (d) An intimate, personal and sexual relationship. [1 mark]

_____ and _____

- 5 (e) A family relationship. [1 mark]

_____ and _____



6 Identify **four** expected life events from the following:

Being disabled in an accident

Leaving school

Menopause

Getting a promotion at work

Redundancy

Having a baby

Retirement from work

Death of a friend

[4 marks]

1 _____

2 _____

3 _____

4 _____

7 (a) Identify **three** non-essentials in the following list:

- Food shopping
- Home gas bills
- Foreign holidays
- Bus fares to work
- Jewellery
- Leisure centre membership
- Mortgage payments

[3 marks]

1 _____

2 _____

3 _____



8 A person's blood group is a physical factor which is inherited.

Give **two** other examples of physical factors which are inherited.

[2 marks]

1 _____

2 _____



9

- Jadon is a young adult male.
- He exercises every other day in a local gym.
- Every weekday Jadon cycles ten miles to work.

Explain the likely benefits of exercising in a local gym and cycling on Jadon’s health and development.

[5 marks]



Turn over ►

11 Briefly explain how each of the following may affect a person's self-concept.

11 (a) Being thought of as a mature individual.

[2 marks]

11 (b) Leaving school with poor examination results.

[2 marks]

11 (c) Living to a very old age.

[2 marks]

Turn over for the next question



- 12**
- Oscar is very upset after the recent death of his wife, Emily.
 - Oscar and Emily had a long and happy marriage.

12 (a) Suggest **one** type of professional carer who could help Oscar.
Give **two** different ways the professional carer could help Oscar.

[3 marks]

Professional carer _____

1 Could help by _____

2 Could help by _____

12 (b) Suggest **one** type of non-professional carer who could help Oscar.
Give **two** different ways the non-professional carer could help Oscar.

[3 marks]

Non-professional carer _____

1 Could help by _____

2 Could help by _____

13 Isla is five years old. She is suffering from long-term neglect.
Give **two** likely effects of long-term neglect on Isla's health and development.

[2 marks]

1 _____

2 _____

END OF QUESTIONS



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