

Centre Number						Candidate Number				
Surname										
Other Names										
Candidate Signature										

For Examiner's Use	
Examiner's Initials	
Question	Mark
1	
2	
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10	
11	
TOTAL	



General Certificate of Secondary Education  
June 2013

# Health and Social Care

# 48201

## Unit 1 Understanding Personal Development and Relationships

Monday 17 June 2013 1.30 pm to 2.45 pm

You will need no other materials.

### Time allowed

- 1 hour 15 minutes

### Instructions

- Use black ink or black ball-point pen.
- Fill in the boxes at the top of this page.
- Answer **all** questions.
- You must answer the questions in the spaces provided. Do not write outside the box around each page or on blank pages.
- Do all rough work in this book. Cross through any work that you do not want to be marked.

### Information

- The marks for questions are shown in brackets.
- The maximum mark for this paper is 70.

A



J U N 1 3 4 8 2 0 1 0 1

Answer **all** questions in the spaces provided.

- 1**
- Pat is 35 years old and married to Karim, who is 44 years old.
  - They have a daughter, Tammy, who is 9 years old.
  - They also have a son, Franklin, who is 14 years old.

**1 (a)** What is Pat's life stage?

.....  
(1 mark)

**1 (b)** What is Tammy's life stage?

.....  
(1 mark)

**1 (c)** What is Franklin's life stage?

.....  
(1 mark)

**1 (d)** At what age will Franklin enter the next life stage?

.....  
(1 mark)

**1 (e)** At what age will Karim enter the next life stage?

.....  
(1 mark)

5



**2** Callum is a typical three-year-old whose motor skills have developed normally. He can:

- walk on tiptoe
- use a fork and spoon
- draw simple shapes
- pedal a tricycle
- undo buttons
- hop on one foot.

**2 (a)** Identify **two** of Callum’s gross motor skills.

1.....

2.....

*(2 marks)*

**2 (b)** Identify **two** of Callum’s fine motor skills.

1.....

2.....

*(2 marks)*

4

**3** Jade is 13 years old. She has reached puberty. Give **four** different physical changes Jade will experience during puberty.

1.....

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2.....

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3.....

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4.....

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*(4 marks)*

4

**Turn over ▶**



**4** Rhys is 11 years old. He has just started going to secondary school.

**4 (a)** Describe how Rhys is likely to develop intellectually over the next five years.

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(5 marks)

**4 (b)** Describe how Rhys is likely to develop socially over the next five years.

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(4 marks)

9



- 5
- Flora is an active 77-year-old female.
  - She has many friends of a similar age who she sees regularly.
  - Flora is finding that as she grows older she is becoming physically weaker.

Evaluate how Flora is likely to be affected emotionally over the next ten years.

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(9 marks)

Turn over ▶

9
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**6** Pablo has a well-paid job.  
Each month he is able to spend money on:

rent for his smart flat  
TV licence  
gas bill  
leisure club membership

food  
new clothes for work  
money towards foreign holidays

**6 (a)** Identify **three** needs in Pablo’s spending.

- 1.....
- 2.....
- 3.....

*(3 marks)*

**6 (b)** Explain how Pablo’s well-paid job is likely to affect his health and well-being.

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*(5 marks)*

<b>8</b>



- 7 ● Britney is an adult female who left school with good qualifications.
- She is studying at university to be a physiotherapist and has her own room in a house she shares with three other students.
- The rent for the house and other bills leave Britney with little spare money.
- Britney has a boyfriend but only sees him when she goes home from university.
- Britney has good health and she eats a balanced diet but she does not take regular exercise.
- Britney is worried that she may not be able to get a job when she leaves university.

Explain how the different factors in Britney’s life may interrelate to affect her health, well-being and development.

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(9 marks)

9

Turn over ▶



- 8**
- Mr Gillies is the consultant in charge of the fracture clinic.
  - Sister Banks is the senior nurse.
  - Patrick and Andrea are nurses at the clinic.
  - Patrick is married to Sister Banks' daughter, Lynn.
  - Lynn and Andrea enjoy shopping together.

From the information above, give an example of each of the following types of relationship.

**8 (a)** A working relationship

..... and .....  
(1 mark)

**8 (b)** A peer relationship

..... and .....  
(1 mark)

**8 (c)** A family relationship

..... and .....  
(1 mark)

**8 (d)** A friendship

..... and .....  
(1 mark)

**8 (e)** An intimate personal and sexual relationship

..... and .....  
(1 mark)

5
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**9** Explain how each of the following may affect a person's self-concept:

**9 (a)** having lots of friends

.....  
.....  
.....  
.....

(2 marks)

**9 (b)** being thought of as immature

.....  
.....  
.....  
.....

(2 marks)

<b>4</b>

**10** Identify **four** unexpected life events from the following:

- |                 |                     |                          |
|-----------------|---------------------|--------------------------|
| starting school | serious illness     | being in a road accident |
| getting married | menopause           | promotion at work        |
| retirement      | death of a relative | leaving home             |
| starting work   | puberty             | redundancy               |

1.....  
2.....  
3.....  
4.....

(4 marks)

<b>4</b>

Turn over ▶



**11** Kenny has recently divorced his wife.

**11 (a)** Suggest **two** possible negative effects the divorce may have on Kenny's personal development.

1.....  
.....  
2.....  
.....  
*(2 marks)*

**11 (b)** Suggest **one** possible positive effect the divorce may have on Kenny's personal development.

.....  
.....  
*(1 mark)*

**11 (c)** Suggest **one** type of professional carer who could support Kenny.  
Give **one** way the professional carer could help.

Professional carer.....  
Could help by .....

.....  
.....  
*(2 marks)*



**11 (d)** Suggest **two** different types of non-professional carer who could support Kenny.  
Give **one** different way each could help.

Non-professional carer 1 .....

Could help by .....

.....

.....

Non-professional carer 2 .....

Could help by .....

.....

.....

(4 marks)

<b>9</b>

**END OF QUESTIONS**



**There are no questions printed on this page**

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