

Centre Number						Candidate Number				
Surname										
Other Names										
Candidate Signature										

For Examiner's Use	
Examiner's Initials	
Question	Mark
1	
2	
3	
4	
5	
6	
7	
8	
TOTAL	



General Certificate of Secondary Education
January 2010

Health and Social Care

48201

Unit 1 Understanding Personal Development and Relationships

Tuesday 26 January 2010 1.30 pm to 2.45 pm

You will need no other materials.

Time allowed

- 1 hour 15 minutes

Instructions

- Use black ink or black ball-point pen.
- Fill in the boxes at the top of this page.
- Answer **all** questions.
- You must answer the questions in the spaces provided. Do not write outside the box around each page or on blank pages.
- Do all rough work in this book. Cross through any work you do not want to be marked.

Information

- The marks for questions are shown in brackets.
- The maximum mark for this paper is 70.



J A N 1 0 4 8 2 0 1 0 1

M/Jan10/48201

48201

Answer **all** questions in the spaces provided.

1 Harry's fine motor skills have developed so that he is now able to dress and undress himself.

1 (a) Give **three** other examples of fine motor skills that Harry is likely to develop during childhood.

1.....
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(3 marks)

1 (b) Harry is a typical four-year-old. His gross motor skills have developed so that he can now climb up a ladder.

Describe how Harry's gross motor skills are likely to develop further during childhood.

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(5 marks)

8



2 Zoe is an adolescent who has reached puberty.

2 (a) Give **four** different physical changes to Zoe caused by puberty.

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(4 marks)

2 (b) Explain how Zoe's emotional development is likely to be affected by puberty.

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(4 marks)

Question 2 continues on the next page

Turn over ▶



2 (c) Describe how Zoe’s social development is likely to be affected by puberty.

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(3 marks)

3 Wasim is 70 years old. As he grows older Wasim is experiencing some intellectual changes. Evaluate the likely intellectual changes and their effects on Wasim.

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(8 marks)

11

8



4 Martin has a large income from his work. He enjoys foreign holidays but he is careful about the money he spends on food. Martin uses public transport to get to work but at weekends he enjoys driving his new sports car. Martin likes to save money to pay his electricity bills and for fashionable clothes.

4 (a) (i) Identify **two** 'needs' in Martin's spending.

1

2

(2 marks)

4 (a) (ii) Identify **two** 'wants' in Martin's spending.

1

2

(2 marks)

4 (b) Explain how Martin's large income may affect his access to health and welfare services.

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(3 marks)

Turn over for the next question

7

Turn over ▶



- 5
- Ayesha is an attractive adult female with brown eyes and black hair.
 - She lives with her husband in a city centre flat where it is sometimes very noisy late at night.
 - Ayesha is unemployed having lost her job when the firm she worked for closed.
 - Ayesha has decided to go back to college to gain more qualifications.
 - Ayesha is very careful to eat a balanced diet but feels she should exercise more often to help control her weight.

Explain how the different factors in Ayesha's life may interrelate to affect her health, well-being and development.

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(12 marks)

12



- 6
- Morgan and Ella are care assistants in a day centre.
 - Rachel is their boss.
 - Morgan and Rachel do not like each other and argue a lot.
 - Ella spends a lot of time with her neighbour Bridget.
 - They like to go shopping together.
 - Rachel is married to Philip who is a health visitor.

6 (a) Give an example of each of the following types of relationship from the information given above.

6 (a) (i) A working relationship of employer and employee

..... and
(1 mark)

6 (a) (ii) A peer relationship

..... and
(1 mark)

6 (a) (iii) An intimate and personal relationship

..... and
(1 mark)

6 (a) (iv) A friendship

..... and
(1 mark)

Question 6 continues on the next page

Turn over ▶



6 (b) Explain how Morgan’s health, well-being and development may be affected by not getting on well with Rachel.

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(8 marks)

7 Explain how the following may affect a person’s self-concept.

7 (a) Being thought of as immature

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(2 marks)

12



7 (b) having lots of friends

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(2 marks)

4

8 Bereavement is an unexpected life event.

8 (a) Give **two** different unexpected life events.

1

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2

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(2 marks)

8 (b) (i) Suggest **two** different types of professional carer who could support a person who has been bereaved. Give **one** different way how each could help.

Professional carer 1

Could help by

.....

.....

Professional carer 2

Could help by

.....

.....

(4 marks)

Question 8 continues on the next page

Turn over ▶



8 (b) (ii) Suggest **two** different ways family and friends could support a bereaved person.

1

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2

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(2 marks)

8

END OF QUESTIONS



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