



General Certificate of Secondary Education

Health and Social Care (Double Award)

3821

Mark Scheme

2005 examination - June series

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GCSE Health and Social Care (Double Award)

Unit 3..... 5

Understanding Personal Development and Relationships

3820/3

Question 1

- (a) (i) 65+ (allow 65) *(1 mark)*
 (ii) Later adulthood / elderly / old age Not O.A.P.
 Not late adulthood/older people *(1 mark)*
- (b) Childhood/child/children *(1 mark)*
- (c) Adolescence/adolescent – not teenager *(1 mark)*
- (d) Any five of:
 Grow taller (1) gain weight (1) (allow get bigger as alternative for 1 mark) replace/lose milk teeth / start to get permanent teeth (1) improved coordination (1) learn to ride bicycle (1) complete bladder control/toilet training (1) become stronger (1) increase stamina (1)
 Allow ref gross motor skills (1) fine motor skills or examples as coordination points
 Not - change size
 max 5 marks *(5 marks)*

Total 9 marks

Question 2

- (a) Ref to:
 Loss of interactions with work colleagues AW (1) change of social status (1) more time for friends/family (1) more time for social activities – allow examples (1) may lose work based friends (1) lifestyle changes (related to income) (1)
 Allow examples- more holidays / go out less – linked to income
 max 5 marks *(5 marks)*
- (b) Ref to:
 Memory loss (1) especially in the short term / long term unaffected AW (1) slower – not harder - to learn (1) have wisdom of experience AW (1) time / opportunity to learn new skills AW (1) not learning work skills (1)
 max 4 marks *(4 marks)*

Total 9 marks

Question 3

- Ref to:
 Be less anxious/gain confidence with strangers (1) likes familiar faces (1) learn to show affection (1) allow example- kiss / cuddle (1) (around 2) may have temper tantrums (1) experience more emotions (1) allow examples (1) ref bonding (1)
 max 4 marks *(4 marks)*

Total 4 marks

Question 4

- (a) Diet (1)- if balanced AW (1) reduce risk of weight gain (1) reduce risk of heart disease (1) have enough energy (1) allow reverse negative points if unbalanced
Allow specific examples- too much sugar (1) tooth decay
Ref.: fatty diet (1) heart disease (1)
max 1 for factor; max 2 for description
- Physical exercise (1)- If regular AW (1) weight control (1) reduce risk heart disease (1) maintain mobility (1)
Allow become fitter (1)
Allow reverse negative points
max 1 mark for factor; max 2 for description
- Illness / Disease (1)- reduce ‘strength’ (1) lessen immunity (1)
restrict exercise / mobility (1) cause weight gain (1)
max 1 mark for factor; max 2 marks for description
Must have effect for full marks not just how
- (b) Ref.- not gaining / poor qualifications (1) not developing intellectually as should (1) reduced employment prospects AW (1) lowers income (1) ref. to social development affected (1) influence of friends but not others (1) emotionally (1) may lower self esteem later (1)
max 5 marks

(6 marks)

(5 marks)

Total 11 marks

Question 5

- (a) (i) Emotional- Concerned about Nina’s health (1) having to leave her to go to work (1) Max 1 mark. (1 mark)
- (ii) Economic- Good job and salary (1) mortgage (1) (2 marks)
- (iii) Social- Married / lives with wife (1) goes to gym (1) goes to cinema (1) Max 2 marks. (2 marks)
- (iv) Genetic- Dark hair (1) brown eyes (1) (2 marks)
- (v) Environmental- Lives in large comfortable flat (1) access to health service (1) goes to hospital (1) (flat in) a nice area (1) Max 2 marks. (2 marks)
- (b) Ref. to positive effects emotionally / raised self concept / feels good / raised confidence / from- good job and salary and / or links buying large flat / good area and / or married and / exercised at gym.
- May refer to negative effects emotionally / caused by worry- about Nina’s health- reducing self concept (feels useless to help) lowering confidence.

- Band 1 (1-3 marks) Ref. to self concept AW probably positively affected but little if any links made between factors i.e. these treated separately. Generally restricted 1/2 marks for up to three factors and no links. 3 marks for up to three factors that have interrelationship link.
- Band 2 (4-6 marks) Ref. as before to positive effect on self concept but covering at least three factors and making more than one link.
For 6 marks need to recognise and link four or more factors one of which must be negative effect.
- Band 3 (7-9 mark) Must include positive and negative effects on self concept with interrelationships.
For 9 marks must point out many positive factors possibly only 1/2 negatives. May refer negative influence very strong.

(9 marks)

Total 18 marks

Question 6

- (a) (i) Working- John and Rita *(1 mark)*
 (ii) Peer- Lance and Paolo *(1 mark)*
 (iii) Intimate / personal- Rita and Mike *(1 mark)*
 (iv) Friendships- Paolo and Lance / Rita and Mike *(1 mark)*
- (b) Ref to-
 (as friends) sharing experiences (1) may help learning AW (1)
 intellectual effect (1) confidence from support (1) develop self
 concept (1) emotional effect (1) social effect (1) learn socially
 through developing relationships (1) physically develop (1) through
 play activities together AW (1)
 max 5 marks *(5 marks)*

Total 9 marks

Question 7

<u>Factors</u>	<u>Effects</u>
Age/18/young	Positive (1) young- confidence (1) allow negative (1) may lack confidence (1)
Education/done well at school/going to university	Positive (1) sense of achievement / university opportunity (1)
Relationships/lots of friends/ no steady girlfriend	Positive (1) friends support builds Confidence (1)
Sexual orientation/gender	Positive (1) happy with gender

heterosexual/no steady girlfriend	(1) allow negative (1) re. unable to find a girlfriend (1)
Emotional development/ mature/very grown up	Positive (1) friends treat him as a grown up / respect- builds confidence (1) Allow negative points re – ‘ boring’
Appearance/scruffy	Negative (1) if scruffy- people may not respect him- lowers confidence (1) Allow positive points re - peer group approval
Max 1 mark for each factor.	Max 2 marks for each effect- 1 for Positive or Negative, 1 mark for how.

(12 marks)

Total 12 marks

Question 8

Life Event	Expected	Unexpected
Starting work	✓	
Death of a relative		✓
Puberty	✓	
Serious illness		✓
Moving house	✓	

1 mark each

(5 marks)

Total 5 marks

Question 9

(a) Sources:
Family / friends / teachers / learning mentors AW
1 mark each, max 2

Can help by:	
Family	Making sure he is fully equipped / in uniform / has food for lunch
Friends	Share experiences (if older) / talk through ‘fears’ / explain what to do
Teachers, learning mentors etc.	Watch out for signs of distress / make themselves accessible / explain what to do.

1 mark each linked help, max 2

(4 marks)

(b)

Ref. to:

Intellectual development (1) may be slowed / reduced at first (1) will improve later when settled (1)

max 3 marks

Emotional development (1) negative at first (1) confidence falls (1)

self esteem AW reduced (1) may feel upset (1) then positive (1)

confidence increases (1) self esteem AW rises (1) feels good (1)

max 5 marks

Social development (1) may at first feel isolated / withdrawn AW (1)

rely on old / junior school friends (1) not make friends (1) more

interactions later (1) make new friends (1) not want to go (1) at first

not interact well with staff (1) later more interactive with staff (1)

max 5 marks

Physical development (1) upset at first may affect eating pattern (1)

sleeping (1) may be ‘physically’ ill.

Marks breakdown

Physical
Intellectual
Emotional
Social

4 marks available

3 marks available

max 5 available

max 5 available

(12 marks)

Total 16 marks

Total marks for paper 93