

Surname		Other Names	
Centre Number		Candidate Number	
Candidate Signature			

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General Certificate of Secondary Education



**HEALTH AND SOCIAL CARE (DOUBLE AWARD)
Unit 3: Understanding Personal Development
and Relationships**

3820/3

Friday 11 June 2004 Morning Session

<p>No additional materials are required. You may use a calculator.</p>

Time allowed: 1 hour 30 minutes

Instructions

- Use a blue or black ink (or ball-point) pen.
- Fill in the boxes at the top of this page.
- Answer **all** questions.
- Do all rough work in this book. Cross through any work you do not want marked.
- If there is not enough space for your answer(s), use the extra page(s) at the end of this book. If you do this, make sure that you show the number(s) of the question(s) you are answering.

Information

- The maximum mark for this paper is 93.
- Mark allocations are shown in brackets.

For Examiner's Use			
Number	Mark	Number	Mark
1			
2			
3			
4			
5			
6			
Total (Column 1)	→		
Total (Column 2)	→		
TOTAL			
Examiner's Initials			

Answer **all** questions in the spaces provided.

- 1 (a) Complete the table below by writing either the life stage or age range, as appropriate. One has been done to help you.

AGE RANGE (years)	LIFE STAGE
65+	Later adulthood
	Adolescence
0 – 3	
4 – 10	
	Adulthood

(4 marks)

- (b) Nina is a typical 1-year-old.

Give **four** different physical changes that will happen to Nina over the next five years.

- 1
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- 2
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- 3
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- 4
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(4 marks)

(c) Nina knows her own name and obeys simple instructions.

Give **four** different intellectual changes that will happen to Nina over the next five years.

1

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2

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3

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4

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(4 marks)

12

2 Teresa has reached the menopause.

(a) (i) What is the menopause?

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(2 marks)

(ii) In which life stage does the menopause occur?

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(1 mark)

QUESTION 2 CONTINUES ON THE NEXT PAGE

Turn over ▶

(b) Teresa finds the menopause difficult.

Explain how the menopause may affect Teresa’s **emotional** and **social** health and well-being.

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(5 marks)



- 3
- Alex is thirty years old
 - He is a tall man with dark brown hair, like his father
 - Alex lives happily with his wife, Petra, and their daughter, Sam
 - Both Alex and Petra have full-time jobs but can only afford to rent a small flat
 - Alex is concerned that he may be made redundant (lose his job)

(a) Identify the following different factors in Alex’s life.

(i) A **social** factor (1 mark)

(ii) Two different **genetic** factors.

1

2 (2 marks)

(iii) Two different **emotional** factors.

1

2 (2 marks)

(iv) Two different **economic** factors.

1

2 (2 marks)

(v) An **environmental** factor (1 mark)

(b) Explain how the different factors in Alex’s life may **interrelate** to affect his self-esteem.

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(6 marks)

(c) Alex and Petra are very keen that Sam works hard at school.

Explain how working hard at school may have a positive effect on Sam’s personal development.

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(6 marks)

- 4
- Rosie is Hamed’s grandmother.
 - Hamed has a sister, Ayesha.
 - Ayesha spends a lot of her spare time with her classmate, Farah.
 - Ayesha and Farah enjoy ice skating and shopping together.
 - Mr Lamb teaches Hamed at the local primary school.
 - Mrs Wall is the headteacher of the school.

(a) Identify the different relationships described above.

Two different **family** relationships.

1

2
(2 marks)

A **friendship**
(1 mark)

A **peer** relationship
(1 mark)

Two different **working** relationships.

1

2
(2 marks)

- (b)
- Rosie is 75 years old and is finding it difficult to cope with living on her own.
 - She has no friends and rarely sees or speaks to her family.
 - Therefore, Rosie is neglected and lacks support.

Describe the likely effects on Rosie’s physical, intellectual, emotional and social health and well-being of this neglect and lack of support.

(i) Effect on Rosie’s **physical** health and well-being.

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(3 marks)

(ii) Effect on Rosie’s **intellectual** health and well-being.

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(3 marks)

(iii) Effect on Rosie’s **emotional** health and well-being.

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(3 marks)

(iv) Effect on Rosie’s **social** health and well-being.

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(3 marks)

18

- 5 • Frank is a typical eighteen-year-old
- He has good self-concept

(a) What is meant by the term ‘self-concept’?

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(1 mark)

(b) Frank’s age and gender contribute to his self-concept.

Suggest **five** other factors which may have a positive effect on Frank’s self-concept. For each factor, explain how it contributes positively to his self-concept.

Factor 1

Contributes positively by

.....
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Factor 2

Contributes positively by

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QUESTION FIVE CONTINUES ON THE NEXT PAGE

Turn over ▶

Factor 3

Contributes positively by

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Factor 4

Contributes positively by

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Factor 5

Contributes positively by

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(10 marks)

11

- 6 (a) Complete the following table by ticking the correct box in each case.
One has been done to help you.

Life Event	Expected	Unexpected
Puberty	✓	
Marriage		
Divorce		
Redundancy (losing a job)		
Starting school		
Retirement from work		
Injury from a car accident		

(6 marks)

(b) Christina’s husband died recently after a short illness.

(i) Suggest **three** different sources of support for Christina to help her cope with the death of her husband. For each source of support suggest one **different** way it might help.

Source 1
(1 mark)

Might help by
.....
(1 mark)

Source 2
(1 mark)

Might help by
.....
(1 mark)

Source 3
(1 mark)

Might help by
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(1 mark)

QUESTION SIX CONTINUES ON THE NEXT PAGE

Turn over ▶

- (ii) Evaluate the likely effects that her husband's death will have on Christina's personal development.

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(12 marks)

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24

END OF QUESTIONS

