

## GENERAL CERTIFICATE OF SECONDARY EDUCATION

### HOME ECONOMICS

#### Child Development

Principles of Child Development

**B013**



Candidates answer on the question paper.

**OCR supplied materials:**

None

**Other materials required:**

None

**Tuesday 18 January 2011**

**Morning**

**Duration: 1 hour 30 minutes**



Candidate forename		Candidate surname	
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Centre number						Candidate number			
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#### INSTRUCTIONS TO CANDIDATES

- Write your name, centre number and candidate number in the boxes above. Please write clearly and in capital letters.
- Use black ink. Pencil may be used for graphs and diagrams only.
- Read each question carefully. Make sure you know what you have to do before starting your answer.
- Write your answer to each question in the space provided. Additional paper may be used if necessary but you must clearly show your candidate number, centre number and question number(s).
- Answer **all** the questions.
- Do **not** write in the bar codes.

#### INFORMATION FOR CANDIDATES

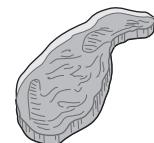
- The number of marks is given in brackets [ ] at the end of each question or part question.
- The total number of marks for this paper is **80**.
- Your quality of written communication is assessed in the questions marked with an asterisk (\*).
- This document consists of **16** pages. Any blank pages are indicated.

- 1 (a) Pre-conceptual care promotes good health in a woman before she becomes pregnant.

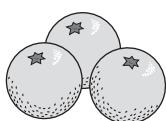
Identify **three** ways a woman can look after her health before she becomes pregnant.

- 1 .....
- 2 .....
- 3 ..... [3]

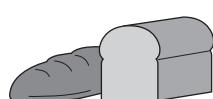
Look at the pictures below.



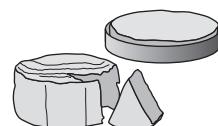
rare steak



oranges



wholemeal  
bread



soft cheeses



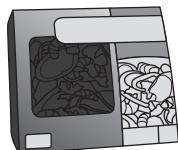
pâté



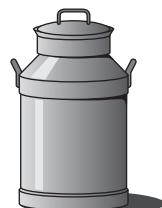
swordfish



mayonnaise



cook chill  
meals



unpasteurised  
milk



tomatoes

- (b) Identify **four** foods from the pictures above that a pregnant woman should avoid.

- 1 .....
- 2 .....
- 3 .....
- 4 ..... [4]

- (c) Identify **one** health professional who looks after a woman during her pregnancy.

- ..... [1]

- (d) Explain **three** ways antenatal classes could help a woman expecting her first baby.

1 .....

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2 .....

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3 .....

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[6]

- (e) State **three** financial benefits that could be available to a pregnant woman.

1 .....

2 .....

3 ..... [3]

- (f) Children with additional or special needs are entitled to a range of statutory benefits.

Complete the table below. Match the benefit to each description using the words from the list.

- Carer's Allowance
- Disability Living Allowance
- Financial Help

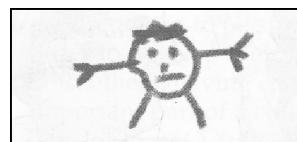
Description	Benefit
Given to families with a child unable to move around on their own.	
Assists with the cost of transport to hospital or school.	
Given to parents/carers with a child over 2 years old who needs constant care.	

[3]

**[Total: 20]**

- 2 Children go through several stages when learning to draw.

(a) Look at the drawings below.



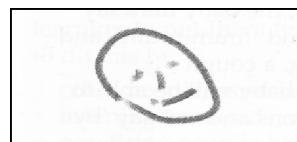
A



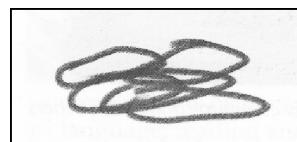
B



C



D



E

- (i) Identify the correct order in which the stages occur by writing the letters in the table below.

The first one has been done for you.

	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	5 <sup>th</sup>
Letter	B				

[4]

- (ii) Give **three** ways drawing could help the development of a young child.

1 .....

.....

2 .....

.....

3 .....

.....

[3]

- (b) (i)\* The arrival of a new baby could cause other children in the family to feel insecure.

Describe how a mother could prepare her three year old child for the arrival of a new baby in the family.

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[6]

- (ii) Give **two** different ways children could show feelings of insecurity.

1 .....

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2 .....

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[2]

**[Total: 15]**

**3\*** The pattern of family life and parenting could change for some children.

- Describe why a child could be taken into local authority care.
- Explain how divorce could affect children in a family

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[15]

[Total: 15]

**TURN OVER FOR EXTRA WRITING SPACE  
OR GO TO PAGE 10 FOR QUESTION 4**

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**TURN OVER FOR NEXT QUESTION**

- 4 (a) Many babies are breast fed.

Give **three** advantages to a baby of being breast fed.

1 .....

2 .....

3 .....

[3]

- (b) Ready prepared food products are often used when babies are being weaned.

Give **three** advantages to parents/carers of using ready prepared food products for a baby.

1 .....

2 .....

3 .....

[3]

- (c) Look at the food label below.

NUTRITION INFORMATION		from 4 months
Typical values per 100 gram		
<i>Energy value 373kJ/88kcal (calories)</i>		
Protein	2.5 gram	
Carbohydrate	14 gram	
of which sugars	8.4 gram	
Fat	1.7 gram	
of which saturates	1.6 gram	
Fibre	0.1 gram	
Calcium	50 mg	

*OCR  
Rice Pudding*



- (i) What is the recommended age at which babies could begin to eat this product?

..... [1]

- (ii) State the amount of fat per 100 grams of this product.

..... [1]

- (iii) Give **one** reason why the body needs fat.

..... [1]

- (iv) State the amount of calcium per 100 grams of this product.

..... [1]

- (v) Identify the deficiency disease that could develop if a child's diet lacks calcium.

..... [1]

- (d) Once a jar of baby food has been opened any unused food must be stored correctly to prevent food poisoning.

Explain **two** ways of safely storing the unused food from this jar.

1 .....

.....

2 .....

..... [4]

**[Total: 15]**

- 5 (a) (i) What is meant by premature birth?

.....  
.....

[1]

- (ii) Identify **three** problems a premature baby could have immediately after birth.

- 1 .....
- 2 .....
- 3 ..... [3]

- (b) A newborn baby shows several reflex actions.

Describe the reflex action shown in each of the pictures below.



Rooting reflex

.....  
.....  
.....

[2]



Falling reflex

.....  
.....  
.....

[2]



Stepping or  
walking reflex

.....  
.....  
.....

[2]

- (c) It is important that a garden is a safe place.

Give **five** ways of making a garden a safe place for toddlers.

1 .....

2 .....

3 .....

4 .....

5 .....

[5]

**[Total: 15]**

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