



GENERAL CERTIFICATE OF SECONDARY EDUCATION TWENTY FIRST CENTURY SCIENCE ADDITIONAL APPLIED SCIENCE A

A324/01

Life Care (Foundation Tier)

Candidates answer on the Question Paper A calculator may be used for this paper

OCR Supplied Materials:

None

Other Materials Required:

- Pencil
- Ruler (cm/mm)

Monday 18 January 2010 Morning

Duration: 45 minutes



Candidate Forename				Candidate Surname						
Centre Numb	per						Candidate No	umber		

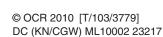
MODIFIED LANGUAGE

INSTRUCTIONS TO CANDIDATES

- Write your name clearly in capital letters, your Centre Number and Candidate Number in the boxes above.
- Use black ink. Pencil may be used for graphs and diagrams only.
- Read each question carefully and make sure that you know what you have to do before starting your answer.
- Answer all the questions.
- Do not write in the bar codes.
- Write your answer to each question in the space provided, however additional paper may be used if necessary.

INFORMATION FOR CANDIDATES

- The number of marks is given in brackets [] at the end of each question or part question.
- The total number of marks for this paper is **36**.
- This document consists of 12 pages. Any blank pages are indicated.



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Answer all the questions.

- Jason wants to join an Antarctic expedition to study penguins. He has an assessment to check he is healthy enough.
 - (a) Draw a straight line from each health test to the correct piece of apparatus used.

health testpiece of apparatus usedpulsesphygmomanometertemperaturestopwatchblood pressurescalesbody massclinical thermometer

[3]

(b) Antarctica is very cold. Penguins have a thick covering of feathers to keep them warm. Jason buys special clothing to try to keep him warm. His body will still react to the cold weather.

Describe two ways in which Jason's body will react to the cold.



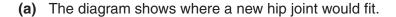
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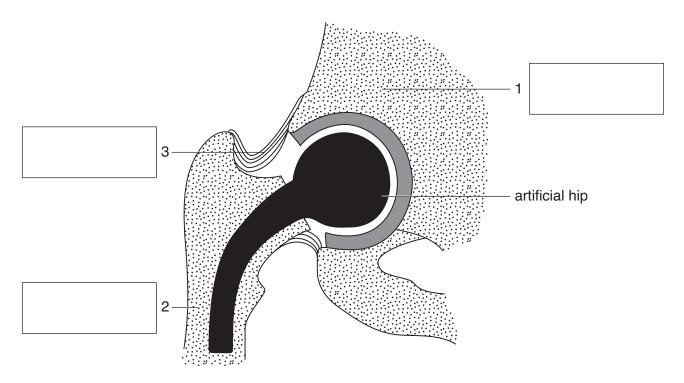
2......**[2**]

[Total: 5]

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2 Margie's hip hurts when she walks. Her doctor thinks she needs an operation to replace a hip joint.





Complete the labels for the diagram. Choose words from this list.

clavicle

femur

humerus

ligament

muscle

pelvis

tendon [3]

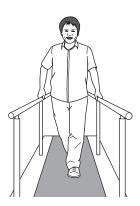
(b) Margie's doctor refers her to the local hospital.
At the hospital a non-invasive technique is used to look at her hip joint.

(i)	Name one non-invasive technique that could be used.

(ii)	Explain why non-invasive techniques are used whenever possible rather than in techniques.	vasive
		[2]

ines the results and explains the options available to Margie. should consider carefully whether to have the operation or not.	Explain v	(c)
[2]		
[Total: 8]		

3 Simon is in hospital recovering from an accident at home.



He damaged his back and is learning to walk again. A physiotherapist visits Simon every day.

(a)	(i)	Which one of the following best describes what the physiotherapist does? Put a tick (\checkmark) in the box next to the best answer.	
		helps Simon deal with lifestyle changes he has to make	
		prepares Simon for surgery	
		helps organise an exercise programme for Simon	
		prescribes pain killers to relieve Simon's pain	
			[1]
	(ii)	Explain why it is necessary to keep accurate records during treatment.	
			[1]
(b)	He	non was taken to the nearest hospital after the accident. was then assessed and transferred to a hospital over 100 miles away. ggest why Simon was transferred to a different hospital.	
			[2]
			[Total: 4]

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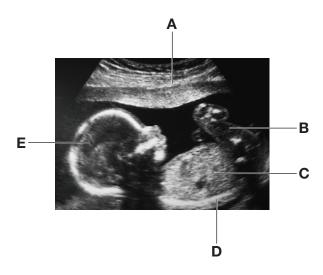
4	Ramona is pregnant.
	She visits her midwife regularly.

(a)	Give two reasons for these visits.

1		• •
2	[2	2]

(b) Ramona visits the hospital to have an ultrasound scan of her baby.

Here is the scan of her baby.



- (i) Which of A, B, C, D or E labels the head?

- (c) Ramona is also given a blood test.
 - (i) The following statements describe how to take a blood test. They are in the wrong order.
 - A a needle is inserted into the vein
 - B pressure and a sterile dressing are applied
 - **C** a suitable vein is located and the skin is cleaned with alcohol
 - **D** a strap is tightened around the upper arm

Put the statements A, B, C, and D, in the correct order.

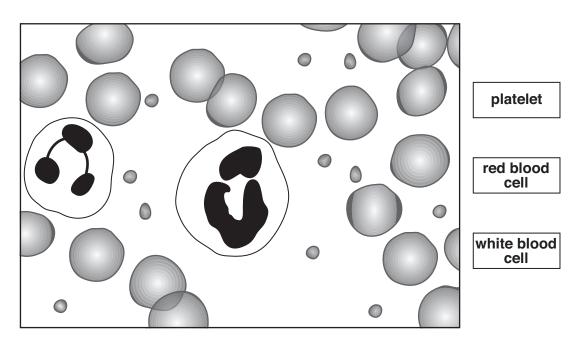
(ii) Ramona had a blood test early in her pregnancy.

This confirmed she was pregnant.

Suggest **one** other diagnosis that might be obtained from a blood test.

.....[1]

(iii) Look at the diagram of Ramona's blood.



Draw a straight line from each label to the correct part of Ramona's blood.

[Total: 9]

[2]

[2]

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5 Sam and Farouk join their local gym. They are both 16 year old boys.



They answer a **lifestyle** questionnaire to help their personal trainer.

(a)	(i)	Put ticks () in the boxes next to the thre	e factors they should be asked about.	
		alcohol consumption		
		blood group		
		current medication		
		criminal record		
		dietary requirements		
		foot size		
		general level of physical activity		[2]
	(::)		Later.	[3]
	(ii)	They are also asked about their smoking	nabits.	
		Explain why this information is needed.		
				[1]

(b) A step test is designed to assess aerobic fitness. Both boys complete a step test. Here are their results.

names	length of test in seconds	pulse rate 1	pulse rate 2	pulse rate 3
Farouk	300	80	70	65
Sam	300	124	100	76

The test score = $\frac{\text{length of test in seconds x 100}}{(\text{pulse 1 + pulse 2 + pulse 3) x 2}}$

This gives Farouk a score of 70.

(i) Calculate the test score for Sam. Show your working.

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3001613	 -

(ii) Farouk's girlfriend has a step test score of 64.

The chart shows how the score relates to aerobic fitness.

male score	female score	fitness levels for 16 year olds
over 90	over 86	excellent
80-90	76-86	above average
65-79	61-75	average
55-64	50-60	below average
below 55	below 50	poor

55	below 50	poor
Use the chart to work	out the fitness levels of Farou	uk and his girlfriend.
Farouk		

Farouk's girlfriend

[Total: 7]

[1]

Turn over

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6	The National Health Service in England employs more people than any other organisation in Europe.
	Which three of the following features best describe the aims of the National Health Service?
	Put ticks (✓) in the three correct boxes.
	to advertise new drugs
	to allocate resources when and where they are needed
	to make health care available to all citizens
	to monitor national health trends
	to promote pregnancy testing
	to test out new medicines
	[Total: 3

END OF QUESTION PAPER



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