



Oxford Cambridge and RSA

Thursday 12 January 2023 – Afternoon

Level 3 Cambridge Technical in Sport and Physical Activity

05827/05828/05829/05872 Unit 3: Sports organisation and development

Time allowed: 1 hour

C401/2301



No extra materials are needed.



Please write clearly in black ink. **Do not write in the barcodes.**

Centre number

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Candidate number

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First name(s)

Last name

Date of birth

D	D	M	M	Y	Y	Y	Y
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INSTRUCTIONS

- Use black ink.
- Answer **all** the questions.
- Write your answer to each question in the space provided. You can use extra paper if you need to, but you must clearly show your candidate number, the centre number and the question numbers.

INFORMATION

- The total mark for this paper is **60**.
- The marks for each question are shown in brackets [].
- Quality of written communication will be assessed in questions marked with an asterisk (*).
- This document has **12** pages.

ADVICE

- Read each question carefully before you start your answer.

Answer **all** the questions.

1 (a) There are many departments and organisations across the UK who are involved in the organisation of sport at a local and regional level.

(i) Identify **one** organisation that is involved in organising local sport and a different **one** that is involved in organising regional sport in the UK.

Local

Regional

[2]

(ii) For each of the activities listed below, place a tick (✓) in the box to indicate which **one** organisation is most likely to do it.

	Sport and Recreation Alliance	National Lottery	UK Sport
Focus on grassroots participation and recruiting and training volunteers.			
Be a representative for National Governing Bodies.			
Manage the World Class Programme to support potential Olympic medallists.			
Provide sports clubs with funding through the Awards for All project.			
Invest government funding in paralympic sports.			

[5]

- (b) International Governing Bodies, Committees and Federations have lots of responsibility for sport around the world.

They must work closely with UK organisations to ensure that some sports development events and initiatives are successful.

- (i) Name an International Governing Body **and** a UK-based sports development organisation that interact together.

.....
..... [2]

- (ii) UK-based sports development organisations will benefit from working with an International Governing Body, Committee or Federation.

Describe **three** of these benefits.

1
.....
2
.....
3
..... [3]

- 2 (a) Describe the foundation stage of the sports development continuum.

.....

.....

.....

.....

.....

.....

..... [3]

- (b) Many performers who undertake regular exercise in the participation stage of the sports development continuum will begin to experience physiological adaptations.

Indicate whether each of the following statements is true or false by putting a tick (✓) in the box next to the correct answer for each question.

- (i) In the respiratory system, the strength of the diaphragm and intercostal muscles are increased which results in increased stroke volume.

True

False

[1]

- (ii) In the cardiovascular system the chambers of the heart increase in size, therefore maximal cardiac output is increased and resting heart rate is reduced.

True

False

[1]

(c) Sports development has a number of purposes, such as increasing participation, enabling progression in sport and promoting social values through sport.

(i) Explain **three** ways in which sports development can support social policy other than those identified above.

1

.....

.....

.....

2

.....

.....

.....

3

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.....

[3]

(ii) Effective coaches must undertake a range of roles when working in sports development.

Describe **four** roles that a coach might perform which promote sports development.

1

.....

.....

2

.....

.....

3

.....

.....

4

.....

.....

[4]

- (d) Initiatives such as 'This Girl Can' have been introduced to encourage more girls and women into sport.

Using examples, describe **three** barriers to participation experienced by females.

Barrier 1:

Example:

.....

.....

Barrier 2:

Example:

.....

.....

Barrier 3:

Example:

.....

.....

[6]

- 3 (a) It is important that all sports development organisations measure the success of their initiatives. This can often involve measuring performance and measuring participation.

Link the measurement method with the example of what it could be used to measure.

Surveys such as the Active People Survey.

How well a local sports club is run.

A benchmark or accreditation scheme.

The number of appropriately qualified volunteers who can safely work with children and young people.

Measuring impact on society, such as greater community involvement in sport.

Customer satisfaction with an organisation's delivery of activities in a clean and well maintained environment.

Self-assessment methods such as a service review.

A breakdown of who participates in particular sports and where.

[4]

- (b) In 2020, the Sport England initiative 'Tackling Inactivity in Colleges' distributed over £5 million to Further Education Colleges across the country, to fund individual projects in each college.

Identify **four** specific purposes of measuring the success of an initiative such as this.

- 1
- 2
- 3
- 4

[4]

4 (a) 'The Hundred' is a national event which promotes a modern approach to cricket. It is a competition which is scheduled to take place each summer and aims to make cricket more exciting and accessible to a wider audience.

(i) Name **two** other national competitions or events from different sports which are aimed at delivering or promoting the aims of sports development.

1

2

[2]

'The Hundred' was initially heavily publicised and the first player draft was both televised and streamed live on its website.

(ii) Identify **three** other methods through which national events such as 'The Hundred' could be promoted in the UK.

1

2

3

[3]

(b) The Prince's Trust is a charity which pays for coaching qualifications for volunteers.

Identify **three** other sources of funding for sports development initiatives.

Give a different example of what each source may be used for in delivering sports development events and initiatives in the UK.

Source:

Example:

.....

Source:

Example:

.....

Source:

Example:

.....

[3]



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