

Monday 14 January 2019 – Afternoon

LEVEL 3 CAMBRIDGE TECHNICAL IN SPORT AND PHYSICAL ACTIVITY

05827/05828/05829/05872 Unit 3: Sports organisation and development

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Duration: 1	hour
C401/1901	

You must have:

no materials required

First Name						ast Nar	ne			
Centre Number						Canc Num	lidate ber			
Date of Birth	D	D	M	М	Υ	Υ	Υ	Y		

INSTRUCTIONS

- · Use black ink.
- Complete the boxes above with your name, centre number, candidate number and date of birth.
- · Answer all the questions.
- Write your answer to each question in the space provided.
- If additional answer space is required, you should use the lined page(s) at the end of this booklet. The question number(s) must be clearly shown.

INFORMATION

- The total mark for this paper is 60.
- The marks for each question are shown in brackets [].
- Quality of written communication will be assessed in the question marked with an asterisk (*).
- · This document consists of 12 pages.

	AMINER ONLY
Question No	Mark
1	/18
2	/17
3	/9
4	/16
Total	/60

Answer **all** the questions.

	ne UK.
(a)	In addition to the Department for Health, identify two other Government departments who are involved in the organisation of sport in the UK.
	[2]
(b)	"Nationally, 'less active' tends to refer to children who do not undertake the recommended daily minimum of 60 minutes of moderate to vigorous intensity physical activity."
	The Department of Health
	The Department for Health fund the Youth Sports Trust to run the 'Change 4 Life' sports clubs, which encourage less active children to take part in more physical activity.
	Describe the values developed and physiological benefits for a child participating in regular physical activity through a Change 4 Life club.
	[6]

(c)	(i)	Whi	ch one of the following is a National Governing Body?		
		Put	a tick (✓) in the box next to the correct answer.		
		(a)	Sport England		
		(b)	English Federation for Disability Sport		
		(c)	Lawn Tennis Association		
		(d)	Youth Sport Trust		
					[1]
	(ii)	Whi	ch one of the following is not an International sports organis	ation?	
		Put	a tick (✓) in the box next to the correct answer.		
		(a)	Fédération Internationale de Football Association (FIFA)		
		(b)	The European Union (EU)		
		(c)	European Cricket Council (ECC)		
		(d)	World Rugby (WR)		
					[1]

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(d) National Governing Bodies (NGBs) have a range of roles and responsibilities to fulfil within their sports.

For each example of an action by an NGB in the table below, tick the correct column for which role or responsibility it shows.

Example of an action by an NGB	Sports Development	Setting rules and regulations	Administration and funding	Organising competitions and tournaments
Enable members to gain insurance for their club				
Updating anti-doping policy for the sport				
Reviewing progression pathways in the sport				
Run inter-school competitions in the sport				
Primary and junior school sessions introducing young people to the sport				

[5]

(e) Complete the statements below about UK Sport using appropriate terms from the word bank provided.

performance	initiatives	participation development programme
participation	World Class Programme (WCP)	National Governing Bodies (NGBs)

The primary role of UK Sport is to invest money to maximise the
of UK athletes in the Olympic and Paralympic Games and other global events.
To achieve this UK Sport invests some of its income through central funding for sporting
, enabling them to operate a
and ensuring athletes have access to outstanding support personnel and training
environments to ensure they are among the best prepared in the world.

 $Source: \underline{https://www.uksport.gov.uk/our-work/investing-in-sport/how-uk-sport-\underline{funding-works}}$

[3]

2 (a) Link each of the examples of sports development initiatives and events described below to the correct purpose for running the event or initiative.

	Event/initiative		Pι	urpose
(a)	Campaign to encourage greater respect for referees and officials		1	Increase participation
(b)	Project to make sport more widely available for disadvantaged young people		2	Progression in sport
(c)	Initiative aimed at getting women over 16 who stopped playing Netball to play the sport again		3	Promotion of values
(d)	Programme for developing young coaches		4	Support social policy
		J		[4]
(b)	The British Heart Foundation for	und that:		
	34% of people are physically ina	active, with the majority	of t	these coming from the 'over
	50's and retired people' group. Explain the barriers to participati	ion for this target group).	
		ggp		
				[6]

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(c)	Coaches play an important role in the delivery of sports development.
	Give four other examples of roles in sports development.
	[4]
(d)	Sports development can benefit different groups in a variety of ways. Suggest four positive effects sports development could have on young adults.

The impact of sports development can be measured in a variety of ways.

3

(a)	The number of medals won at the Olympics is an example of measuring the impact of sports development on performance.
	True or false?
	[1]
(b)	The Active People survey is one method of collecting data concerning participation rates in sport in the UK.
	Describe four advantages of using surveys as a method of measuring participation in physical activity.
	[4]
	•
(c)	Explain why measuring the impact of sports development is important.
	[4]

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Sports Development can be delivered through various initiatives.

(a)	Name two national initiatives aimed at delivering sports development.
	[2]
(b)	Name two organisations involved in delivering sports development initiatives and events.
	[2]
(c)	Mo Farah has been a successful athlete for Team GB, participating in the 5000m and 10000m athletic events at the highest level. Describe how the success of Mo Farah at the Olympics and World Championships could help the development of the sport of athletics.
	[4]

(d)*	The Olympics is a global sporting event held every four years, and is one of the biggest opportunities to promote sports development.		
	Describe the characteristics of a big sports event such as the Olympics, and explain the advantages and disadvantages of organising and hosting such an event.		
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ADDITIONAL ANSWER SPACE

If additional answer space is required, you should use the following lined page(s). The question number(s) must be clearly shown in the margin(s) – for example 2(a) or 3(c).



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