



**SPANISH**

**9781/01**

Paper 1 Speaking Card 1

**May/June 2011**

Additional Materials: Blank paper/Writing equipment



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Choose **ONE** of the four cards.

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The discussion with the Examiner will last about 8 minutes. The article does not require detailed analysis but will act as a springboard for discussion.

You will be expected:

- firstly, to give an overview of the main themes of the article (1 minute);
- next, to discuss your opinions on the article, its themes and the issues they raise (3 minutes);
- finally, to discuss the broader theme given in the heading on the card (4 minutes).

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**Theme: Health and Fitness****Un cocinero y un médico, juntos contra la obesidad infantil**

El cardiólogo Valentí Fuster y el cocinero Ferran Adrià han pedido que los colegios españoles incluyan una asignatura de alimentación saludable para ayudar a combatir la obesidad infantil. Fuster y Adrià aprovecharon un Congreso de Cardiología en Barcelona para alertar sobre la urgencia de enfrentarse a este problema.

En España, aproximadamente un 12 por ciento de los niños menores de siete años son obesos, frente a un 20 por ciento de la población adulta. A nivel mundial, la obesidad infantil ha aumentado en los últimos diez años un 35 por ciento. Esto traerá un futuro incremento de la diabetes, la hipertensión y el colesterol.

Fuster cree que “los niños pasan muchas horas delante de los ordenadores, sin moverse. Antes se andaba y se corría más. Además, las familias viven en un mundo acelerado y estresado que las lleva a comer rápido y mal”.

En opinión de Fuster y Adrià, la mejor estrategia contra la obesidad es cambiar los estilos de vida, incrementando el ejercicio físico y comiendo de manera saludable. Según el cardiólogo, los esfuerzos deberían centrarse en la educación y la prevención, en lugar de en el tratamiento.

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**Theme: Equality of Opportunity****Más poder para las mujeres en Uruguay**

Este lunes se inauguró el nuevo período legislativo del Congreso y el Senado de Uruguay, pero con un gran cambio histórico. Por primera vez en este país, una mujer preside el Congreso y otra preside el Senado.

Lucía Topolansky, que es además la esposa del presidente del gobierno, José “El Pepe” Mujica, fue elegida como líder del Senado. La otra cámara, es decir, el Congreso, estará encabezada por Ivonne Passada.

Pero aunque muchos celebraron el liderazgo femenino del nuevo poder legislativo, algunos reconocieron que la participación de las mujeres en la política aún es muy baja en Uruguay: el nuevo Parlamento cuenta con 18 mujeres, de un total de 130 legisladores.

En realidad, Uruguay es uno de los países de América Latina con menos participación femenina en la política. Pero esto cambiará en las elecciones de 2015, cuando entre en vigencia una ley – polémica para muchos – que ordena que entre el 20% y el 25% de los primeros 15 lugares en las listas de los partidos políticos sean ocupados por mujeres.

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**Theme: Religion and Belief****Los autobuses que no creen en Dios**

Una ofensa a los creyentes y una blasfemia. Así califica la Conferencia Episcopal Española (CEE) a la campaña de los *autobuses ateos*, que llevan el anuncio publicitario: “Probablemente Dios no existe. Deja de preocuparte y disfruta de la vida”.

Según ha señalado en un comunicado la CEE, insinuar que Dios es una invención y que no permite disfrutar de la vida es insultante para los que creen. Por ello, pide a las autoridades locales que “protejan el ejercicio pleno del derecho a la libertad religiosa”.

Los *autobuses ateos* fueron idea de una periodista británica, y empezaron a circular por las principales ciudades inglesas para extenderse después a Estados Unidos y a Australia. El pasado mes de enero llegaron a Barcelona, y ya hay un acuerdo para que circulen por Madrid a partir de la semana que viene.

El comunicado de la CEE destaca que “los católicos respetan el derecho de todos a expresarse, pero en este caso estarán dispuestos a actuar, con serenidad y calma, ante los insultos.”

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**Theme: Conservation****El tigre en peligro**

Coincidiendo con el Año chino del Tigre (2010), un grupo de biólogos y conservacionistas ha decidido alertar a la población acerca de la reducción del número de tigres en los últimos cien años. Éste ha disminuido en un 95%, calculándose que, hoy día, únicamente quedan 3.200 tigres en estado salvaje en todo el planeta.

El Fondo Mundial para la Naturaleza (WWF) considera que el tigre es una especie críticamente amenazada. Por esta razón, se ha propuesto duplicar el número de estos felinos para 2022, el próximo Año del Tigre.

Los hábitats del tigre han sido destruidos gradualmente por el hombre, quien se ha adentrado en bosques y selvas para talar los árboles y establecer cultivos o explotar la madera. A esta situación se suman los efectos del cambio climático y la utilización de distintas partes del cuerpo de este animal en la medicina tradicional china.

Para salvar al tigre, es necesario proteger sus hábitats para que la especie continúe su desarrollo normal, garantizar una explotación forestal sostenible y reducir la caza y la exportación ilegales.

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