



Examiners' Report Lead Examiner Feedback

January 2021

Pearson BTEC Firsts

In Hospitality (21617E)

Unit 9: How the Hospitality Industry Contributes to
Healthy Lifestyle

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Introduction

This report has been written by the Lead Examiner for the BTEC unit 9: How the Hospitality Industry Contributes to Healthy Lifestyles.

It is designed to help you understand how learners performed overall in the exam. For each question, there is a brief analysis of learner responses. You will also find example learner responses to the questions both well and poorly answered. These should help to provide additional guidance as to indicative responses.

We hope this will help you to prepare your learners for future examination series.

Introduction to the Overall Performance of the Unit

This is the 14th paper taken by students for this unit in the BTEC Next Generation Hospitality qualification.

Overall, most students attempted the majority of questions and they generally applied themselves well to the range of questions being asked of them.

Across a range of papers there are some parts of the specification that students do not appear to have retained very well. In particular, topics from Learning Aim B, understand what the hospitality industry does to support and promote healthy lifestyles. Students did not respond well to Topics B3 Constraints within the hospitality industry and B4 Responsibilities of hospitality industry employers towards employees. There was one question in particular that demonstrated this. Students were not able to explain a disadvantage of a bar introducing a new range of non-alcoholic cocktails. Teachers are reminded that the entire specification is in the range for this examination, so all learning aims must be taught. Students need to have studied each aspect of the unit before taking this paper.

Students appeared to be challenged, especially on the longer extended answer questions towards the end of the paper where students should be able to provide reasoned and detailed justified answers. Good justification was given in some cases and students' demonstration of knowledge, understanding and gathering of information was detailed.

Students still need to improve the way in which they write responses to the active verb in questions. This could be seen in the responses given by students when they have been asked to 'explain' but have only listed the point. This is particularly important for students to be able to do when questions ask for an expansion point. If students do not provide a suitable expansion point on these questions, they lose valuable marks. The students that did well on the extended writing questions came from those who had both breadth and depth of their understanding of the subject within the unit. Teachers should encourage students to look at the level-based grid in the mark scheme in preparation for these extension questions.

The best performance came from students who had both breadth and depth of their understanding of the subject within the unit. Students who had been prepared well for writing the long answer questions (giving clear and detailed

answers covering all sides of the argument or scenario) tended to perform well on this paper.

Individual Questions

Q1 Targeted Specification Area: A.2 – Micronutrients- vitamins

Name **one** water soluble vitamin.

This item was a short response question that asked students to name one water soluble vitamin. The question was a recall question from the specification. Many students were not able to give the correct response which was either Vitamin B or C.

This response was awarded 0 marks as squash is not a water-soluble vitamin.

Name **one** water soluble vitamin.

Squash

(Total for Question 1 = 1 mark)

This response was awarded 1 mark.

Name **one** water soluble vitamin.

Vitamin C

(Total for Question 1 = 1 mark)

Q2 Targeted Specification Area: A.2 Macronutrients- water

Identify **one** benefit of drinking water.

This item was a multiple-choice question that required the learners to identify one benefit of drinking water from the list in the question. This required the same level of demand as previous multiple-choice items (requiring the learners to simply recall a part of the specification). In this case, one response was required, and most students were able to give the correct response. This part of the specification has been tested before as a short-written response and as a multiple-choice question

This response was awarded 0 marks as one benefit of drinking water is not that it is essential for bone growth.

Identify **one** benefit of drinking water.

- A Maintains hair growth
- B Essential for preventing allergies
- C Maintains mental awareness
- D Essential for bone growth

(Total for Question 2 = 1 mark)

This response was awarded 1 mark.

Identify **one** benefit of drinking water.

- A Maintains hair growth
- B Essential for preventing allergies
- C Maintains mental awareness
- D Essential for bone growth

(Total for Question 2 = 1 mark)

Q3a Targeted Specification Area: A3 Food in relation to nutrition - main sources carbohydrates

Name **one** food high in carbohydrate.

This item was a short response question that asked learners to name one food high in carbohydrate. The question preformed as expected with most students naming one food high in carbohydrate.

This response was awarded 0 marks as broccoli is not a food high in carbohydrate.

3 (a) Name **one** food high in carbohydrate.

(1)

broccoli ?

This is an example of a common response and was awarded 1 mark.

3 (a) Name **one** food high in carbohydrate.

(1)

potatoes

This response was awarded 1 mark.

3 (a) Name **one** food high in carbohydrate.

(1)

bread pasta

Q3b Targeted Specification Area: A2 Macronutrients-Carbohydrates

Give **one** reason why carbohydrates should be included in a healthy diet.

This item was a short response question that asked learners to give one reason why carbohydrates should be included in a healthy diet. This question performed well as students were often able to give one reason including common answers such as for energy or activity.

This response was awarded 0 marks as the reason why carbohydrates should be included in a healthy diet is incorrect.

(b) Give **one** reason why carbohydrates should be included in a healthy diet.

(1)

they contain fat which is essential for
a healthy diet

(Total for Question 3 = 2 marks)

This response was awarded 1 mark.

(b) Give **one** reason why carbohydrates should be included in a healthy diet.

(1)

is a source of energy for the body

(Total for Question 3 = 2 marks)

Q4a Targeted Specification Area: A3 Food in relation to nutrition-dairy foods

(a) Name **two** dairy foods.

This item was a short response question that asked students to name two dairy foods. This question performed well as students were able to name two dairy foods with common responses including cheese, milk and butter.

This response was awarded 0 marks as the two foods identified are not dairy foods.

4 (a) Name **two** dairy foods.

(2)

1 chocolate

2 cake

This response was awarded 1 mark for the first point.

4 (a) Name **two** dairy foods.

(2)

1 cheese

2 chocolate

This response was awarded 2 marks.

4 (a) Name **two** dairy foods.

(2)

1 milk

2 cheese

Q4b Targeted Specification Area: A2 Micronutrients- minerals

This item was a short response question that asked students to give one reason why calcium should be included in a healthy diet. This question performed as expected as most students gave the correct response.

This response was awarded 0 marks.

Dairy foods contain calcium.

(b) Give **one** reason why calcium should be included in a healthy diet.

(1)

because its good for your
muscles

(Total for Question 4 = 3 marks)

This response was awarded 1 mark.

Dairy foods contain calcium.

(b) Give **one** reason why calcium should be included in a healthy diet.

(1)

helps make bones stronger

(Total for Question 4 = 3 marks)

Q5a Targeted Specification Area: A5 Lifestyle and health- intake of fats

Fats are a secondary source of energy.

(a) Give one disadvantage to a person's health of eating too much fat.

This item was a short response question and performed as expected with most students giving the correct response. The most frequent answer seen was overweight.

This response was a common response and awarded 1 mark.

5 Fats are a secondary source of energy.

(a) Give **one** disadvantage to a person's health of eating too much fat.

(1)

Be coming overweight

This response was awarded 1 mark.

5 Fats are a secondary source of energy.

(a) Give **one** disadvantage to a person's health of eating too much fat.

(1)

could develop heart disease

Q5b Targeted Specification Area: A3 Healthy cooking methods

Frying food is an unhealthy way to cook.

(b) Give **two** healthier ways to cook food instead of frying...

This item was a short response question and performed as expected with students able to name two healthy ways to cook food including poaching, grilling, baking, and boiling as common responses.

This response was awarded 1 mark.

Frying food is an unhealthy way to cook.

(b) Give **two** healthier ways to cook food instead of frying.

(2)

1 Use the oven to cook items

2

(Total for Question 5 = 3 marks)

This response was awarded 2 marks.

Frying food is an unhealthy way to cook.

(b) Give **two** healthier ways to cook food instead of frying.

(2)

1 baking

2 grilling

(Total for Question 5 = 3 marks)

Q6 Targeted Specification Area: A3 Healthy alternatives

Identify **one** way to keep the nutritional value of food items when cooking.

This item was a multiple-choice question that required the learners to identify one way to keep the nutritional value of food items when cooking from the list in the question. This required the same level of demand as previous multiple-choice items (requiring the learners to simply recall a part of the specification). In this case, one response was required and was responded to well by students with the majority of students gaining one mark for the correct response.

This response was awarded 1 mark.

Identify **one** way to keep the nutritional value of food items when cooking.

- A Reduce the amount of salt used
- B Add extra sugar
- C Reduce the amount of fresh ingredients
- D Add extra fat

(Total for Question 6 = 1 mark)

Q7a Targeted Specification Area: B1 Trends and developments- schools- breakfast clubs

Schools often have a breakfast club.

(a) Give **two** benefits for schoolchildren of attending a breakfast club.

This item was a short response question and performed as expected with most students gaining two marks for this question. This is a popular topic for students, and they have shown an understanding of this part of the specification.

This response was awarded 2 marks.

7 Schools often have a breakfast club.

(a) Give **two** benefits for schoolchildren of attending a breakfast club.

(2)

- 1 One benefit is that Pupils are getting a healthy well ballanced breakfast to start the day
- 2 Another benefit to pupis pupils attending breakfast club is that it helps them prepare for the day to learn

This response was awarded 1 mark for the first point.

7 Schools often have a breakfast club.

(a) Give **two** benefits for schoolchildren of attending a breakfast club.

(2)

1 Children dont have worry about eating before they leave for school

2

This response was awarded 1 mark, as point 2 is a repeat of point 1.

7 Schools often have a breakfast club.

(a) Give **two** benefits for schoolchildren of attending a breakfast club.

(2)

1 supports regular eating to maintain that pattern

2 supports regular eating from a young age.

Q7b Targeted Specification Area B1 Trends and developments- schools- foods offered

(b) Give **one** way a school can make sure that healthy products are available at lunchtime.

This item was a short response question and performed as expected on the paper. It has been tested in previous papers, and responses seen were mixed.

This response was given 0 marks.

(b) Give **one** way a school can make sure that healthy products are available at lunchtime.

(1)

The dinner ladies can be going around with them during breaks

(Total for Question 7 = 3 marks)

This response was given 1 mark.

(b) Give **one** way a school can make sure that healthy products are available at lunchtime.

(1)

offer fruit to the children

(Total for Question 7 = 3 marks)

This response was given 1 mark.

(b) Give **one** way a school can make sure that healthy products are available at lunchtime.

(1)

by offering a salad bar

(Total for Question 7 = 3 marks)

Q8a Targeted Specification Area: B1 Trends and developments- care homes- activities

Beeches House is a residential care home looking after elderly residents. The care home encourages residents to participate in outdoor activities. It also serves small nutritious meals at regular intervals.

(a) Give **two** benefits to the residents of taking part in outdoor activities.

This item was a short response question which asked learners to give two benefits of outdoor activities to the elderly. The question demonstrated understanding of this part of the specification and performed as expected with most learners gaining at least one mark.

This response was awarded 1 mark for the first point.

8 Beeches House is a residential care home looking after elderly residents. The care home encourages residents to participate in outdoor activities. It also serves small nutritious meals at regular intervals.

(a) Give **two** benefits to the residents of taking part in outdoor activities.

(2)

1 ~~#~~ **Keeps** them active

2

This response was awarded 2 marks as two benefits are identified.

8 Beeches House is a residential care home looking after elderly residents. The care home encourages residents to participate in outdoor activities. It also serves small nutritious meals at regular intervals.

(a) Give **two** benefits to the residents of taking part in outdoor activities.

(2)

1 They are able to exercise which keeps them strong and healthy

2 The activities can boost their mental health which impacts them a lot

This response was awarded 1 mark for the first point. The second point is not relevant.

8 Beeches House is a residential care home looking after elderly residents. The care home encourages residents to participate in outdoor activities. It also serves small nutritious meals at regular intervals.

(a) Give **two** benefits to the residents of taking part in outdoor activities.

(2)

activities
1 ~~#~~ will keep them fit and healthy

2 the food is nutritious so it'll be healthy for them

Q 8b Targeted Specification Area: A2 Different requirements- elderly

(b) Explain **one** benefit for the residents of being offered small nutritious meals at regular intervals.

This item was a short response question and performed as expected with most students showing that they understood the question and some students were able to develop the concept. Students need to be reminded that an explanation is required in these questions for two marks to be awarded.

This response was awarded 1 mark as no explanation of the response is provided.

(b) Explain **one** benefit for the residents of being offered small nutritious meals at regular intervals.

(2)

Small nutritious meals are portioned sized so the elderly are not having too much or not enough food.

(Total for Question 8 = 4 marks)

This response was awarded 1 mark as no explanation is provided.

(b) Explain **one** benefit for the residents of being offered small nutritious meals at regular intervals.

(2)

So they wont get hungry and its nutritious.

(Total for Question 8 = 4 marks)

This response was awarded 2 marks as an explanation of the answer is provided.

(b) Explain **one** benefit for the residents of being offered small nutritious meals at regular intervals.

(2)

By giving them small nutritious meals it will ensure that they have the right amount of energy. Where as, if they were given large meals it could make them sleepy and tired.

(Total for Question 8 = 4 marks)

Q9a Targeted Specification Area: B1 Trends and developments - Facilities

A new hotel wants to attract business travellers. It is planning on including leisure and recreational facilities.

(a) Give **two** types of leisure and recreational facility that could be included.

This was a short response question which performed as expected. The majority of learners were able to give two correct answers.

This response was awarded 2 marks.

9 A new hotel wants to attract business travellers. It is planning on including leisure and recreational facilities.

(a) Give **two** types of leisure and recreational facility that could be included.

(2)

1 swimming pool

2 spa

This response was awarded 1 mark for the first point. Yoga is not a leisure facility.

9 A new hotel wants to attract business travellers. It is planning on including leisure and recreational facilities.

(a) Give **two** types of leisure and recreational facility that could be included.

(2)

- 1 Swimming pool
- 2 Yoga

This response was awarded 1 mark for the first response.

9 A new hotel wants to attract business travellers. It is planning on including leisure and recreational facilities.

(a) Give **two** types of leisure and recreational facility that could be included.

(2)

- 1 Free spa ~~and~~
- 2 50% food and drink deals

Q9b Targeted Specification Area: B1 Alternative provision- leisure facilities

(b) Explain **one** benefit for business travellers of having access to leisure and recreational facilities.

This item was a short response question where the students were awarded marks for one benefit and a linked explanation. This item did not perform as well as expected, with most students unable to give a benefit for the business travellers with a linked explanation. Most students gave one response but could not give an awardable explanation showing the development of the concept.

This response was awarded 0 marks.

(b) Explain **one** benefit for business travellers of having access to leisure and recreational facilities.

(2)
they could leave a good review and encourage others to go as well.

This response was awarded 1 mark.

(b) Explain **one** benefit for business travellers of having access to leisure and recreational facilities.

(2)
they can take time to relax and enjoy whats there while being on business.

This response was awarded 2 marks as an explanation of the benefit for business travellers having access to leisure and recreational facilities is provided.

(b) Explain **one** benefit for business travellers of having access to leisure and recreational facilities.

(2)
So that they can have some time to relax and rest because not having enough rest can cause you to have serious health issues.

Q9c Targeted Specification Area: B1 Alternative provision- leisure facilities

The hotel is planning to offer vending machines in the reception area.

(c) Explain **one** benefit for business travellers of having access to vending machines.

This item was a short response question where the students were awarded marks for one benefit and a linked explanation. This item did not perform

as well as expected, with most students unable to give a benefit for the business travellers with a linked explanation. Most students gave one response but could not give an awardable explanation.

This response was awarded 1 mark with no explanation given.

The hotel is planning to offer vending machines in the reception area.

(c) Explain **one** benefit for business travellers of having access to vending machines.

(2)

A QUICK SNACK if they
don't know any shops near
by.

(Total for Question 9 = 6 marks)

This response was awarded 1 mark as the explanation given is irrelevant to the question.

The hotel is planning to offer vending machines in the reception area.

(c) Explain **one** benefit for business travellers of having access to vending machines.

(2)

They will be able to have access
to food no matter the time
causing there bodies to have
more energy

(Total for Question 9 = 6 marks)

This response was awarded 2 marks with a benefit for business travellers of having access to vending machines explained.

The hotel is planning to offer vending machines in the reception area.

(c) Explain **one** benefit for business travellers of having access to vending machines.

(2)

The residents could be feeling a little bit hungry/thirsty and the vending machines are a quick and easy solution.

(Total for Question 9 = 6 marks)

Q10a Targeted Specification Area: B2 Point of sale

A children's activity centre with a restaurant is planning on promoting its healthy products at the point of sale.

(a) Give **two** ways the activity centre can promote its healthy products at the point of sale.

This was a short response question which performed as expected. Students were able to give two correct answers as to how the activity centre can promote its healthy products.

This response was awarded 0 marks.

10 A children's activity centre with a restaurant is planning on promoting its healthy products at the point of sale.

(a) Give **two** ways the activity centre can promote its healthy products at the point of sale.

(2)

1 Offer fresh food

2 to buy from local markets

This response was awarded 1 mark for the first point.

10 A children's activity centre with a restaurant is planning on promoting its healthy products at the point of sale.

(a) Give **two** ways the activity centre can promote its healthy products at the point of sale.

- (2)
- 1 by doing adverts to promote their business
 - 2 by getting kids

This response was awarded 2 marks with two ways given how healthy products can be promoted.

10 A children's activity centre with a restaurant is planning on promoting its healthy products at the point of sale.

(a) Give **two** ways the activity centre can promote its healthy products at the point of sale.

- (2)
- 1 One way the activity centre could do this is by putting the benefits of its healthy products on a poster
 - 2 Another way they could do this is by doing offers for example 2 children's ticket = 50% off a healthy meal

Q10b Targeted Specification Area: B2 Labelling

(b) The activity centre has a separate children's menu.

State **two** reasons why children could need a separate menu.

This item was a short response question that asked students to give two reasons why children could need a separate menu. This question performed as expected, with most students being able to give at least one reason and gain a mark.

This response was awarded 1 mark for the first point.

(b) The activity centre has a separate children's menu.

State **two** reasons why children could need a separate menu.

(2)

1 smaller portion controll.

2 healthier food choices

This response was awarded 1 mark for the first point.

(b) The activity centre has a separate children's menu.

State **two** reasons why children could need a separate menu.

(2)

1 They can picky eaters so the food has to look visually appealing

2 IF they get meat the bones need to be removed

This response was awarded 2 marks for two valid points.

(b) The activity centre has a separate children's menu.

State **two** reasons why children could need a separate menu.

(2)

so that they have smaller portions

and a cheaper more affordable menu so no food is wasted

Q 10c Targeted Specification Area: B2 Adapting products and services - meeting needs of customers

(c) The activity centre's menu provides nutritional information on the products.

Explain **one** benefit for customers of having access to nutritional information.

This item was a short response question where the students were awarded marks for one benefit and a linked explanation. This item did not perform as well as expected, with most students unable to give a benefit for the customers of having access to nutritional information with a linked explanation. Most students gave one response but could not give an awardable explanation showing the development of the concept.

This response was awarded 1 mark as no explanation was given.

(c) The activity centre's menu provides nutritional information on the products.

Explain **one** benefit for customers of having access to nutritional information.

(2)

in case of a special diet or allergy

(Total for Question 10 = 6 marks)

This response was awarded 2 marks, with a benefit of customer having access to nutritional information fully explained.

(c) The activity centre's menu provides nutritional information on the products.

Explain **one** benefit for customers of having access to nutritional information.

(2)

One benefit for customers having access to nutritional information is that it will guide them to the healthier options letting them have a more healthy/balanced diet

(Total for Question 10 = 6 marks)

This response was awarded 2 marks.

(c) The activity centre's menu provides nutritional information on the products.

Explain **one** benefit for customers of having access to nutritional information.

(2)
they will know exactly what
in the products allowing them
to prevent buying something
their allergic to

Q11 Targeted Specification Area: A4 Diets and concepts - allergies

A restaurant has decided to remove shellfish from its products as they are a common allergen.

Give **two** other foods that may trigger allergies.

This was a short response question which performed as expected with students able to name two foods that may trigger allergies. This part of the specification has been tested in previous papers, with the majority of students gaining two marks.

This response was awarded 2 marks.

11 A restaurant has decided to remove shellfish from its products as they are a common allergen.

Give **two** other foods that may trigger allergies.

1 Nuts

2 Foods which contain artificial food colouring

(Total for Question 11 = 2 marks)

This response was awarded 2 marks.

11 A restaurant has decided to remove shellfish from its products as they are a common allergen.

Give **two** other foods that may trigger allergies.

1 ~~Shellfish~~ Bright birthday cakes

2 Peanuts.

(Total for Question 11 = 2 marks)

Q12a Targeted Specification Area: A5 Links between lifestyle and health - alcohol

12 A bar is introducing a new range of non-alcoholic cocktails.

(a) Explain **one** benefit for customers of reducing the amount of alcohol they drink.

This item was a short response question which did not perform as expected. Students were able to give one benefit for customers of reducing the amount of alcohol they drink but could not give an awardable explanation showing a development of the concept.

This response was awarded 0 marks.

12 A bar is introducing a new range of non-alcoholic cocktails.

(a) Explain **one** benefit for customers of reducing the amount of alcohol they drink.

(2)

the less alcohol in a drink - many
the more drinks they will buy

This response was awarded 1 mark, with no explanation given.

12 A bar is introducing a new range of non-alcoholic cocktails.

(a) Explain **one** benefit for customers of reducing the amount of alcohol they drink.

(2)

they will be healthier if they
drink less alcohol and it will
still taste nice.

This response was awarded 2 marks. A benefit for customers of reducing the amount of alcohol they drink was explained.

12 A bar is introducing a new range of non-alcoholic cocktails.

(a) Explain **one** benefit for customers of reducing the amount of alcohol they drink.

(2)

They will not gain as much weight and
prevents diseases to essential organs eg liver so
they will live longer

Q12b Targeted Specification Area: B3 Constraints

(b) Explain **one** disadvantage for the bar of introducing a new range of non-alcoholic cocktails.

This item was a short response question that did not perform as expected. Students were unable to give one valid disadvantage for the bar of introducing a new range of non-alcoholic cocktails.

This response was awarded 0 marks.

(b) Explain **one** disadvantage for the bar of introducing a new range of non-alcoholic cocktails.

(2)

customers wt might disagree with this and
decide not to return therefore affecting the
profits or customers might be prefer the alcoholic
version again affecting profits

(Total for Question 12 = 4 marks)

This response was awarded 0 marks.

(b) Explain **one** disadvantage for the bar of introducing a new range of non-alcoholic cocktails.

(2)

they will be expensive and not many people may buy them due to the lack of alcohol

(Total for Question 12 = 4 marks)

This response was awarded 2 marks.

(b) Explain **one** disadvantage for the bar of introducing a new range of non-alcoholic cocktails.

(2)

Some staff may not know how to make the drink causing the bar having to spend money on retraining them

(Total for Question 12 = 4 marks)

Q13 Targeted Specification Area: B4 Responsibilities of industry towards employees

A hotel employs staff who work long hours and offers staff accommodation to use when they cannot get home after a late shift.

Explain **one** advantage for the staff of being provided with accommodation in the hotel.

This item was a short response question that did not perform as expected. Students were unable to give one advantage for the staff of being provided with accommodation in the hotel.

This response was awarded 0 marks.

13 A hotel employs staff who work long hours and offers staff accommodation to use when they cannot get home after a late shift.

Explain **one** advantage for the staff of being provided with accommodation in the hotel.

Other staff will see that they are being treated well so they may be willing to put in a late shift

(Total for Question 13 = 2 marks)

This response was awarded 1 mark for the first part of the response.

13 A hotel employs staff who work long hours and offers staff accommodation to use when they cannot get home after a late shift.

Explain **one** advantage for the staff of being provided with accommodation in the hotel.

Staff can ~~rest~~ avoid stress from work by not trying to find a way home and it is also efficient

(Total for Question 13 = 2 marks)

This response was awarded 2 marks as an explanation of an advantage of providing staff with accommodation was given.

13 A hotel employs staff who work long hours and offers staff accommodation to use when they cannot get home after a late shift.

Explain **one** advantage for the staff of being provided with accommodation in the hotel.

they will not have to drive to work in the morning, and can simply walk downstairs. This is good because it can also help the environment and cost them less money.

(Total for Question 13 = 2 marks)

Q 14 Targeted Specification Area: B2 Impact on products and services-menu terminology

14 Explain **two** reasons why staff who serve food in a restaurant should know the ingredients in the dishes they serve.

This item was a short response question where the students were awarded marks for a reason why staff who serve food in a restaurant should know the ingredients in the dishes they serve and a linked explanation. This item did not perform as well as expected, with most students unable to give two reasons with linked explanations. Most students gave two responses but could not give an awardable explanation showing the development of the concept. This part of the specification has been tested in previous papers.

This response was awarded 1 mark for the first point. The second response was not a relevant answer.

1. Staff should know the ingredients as it could cause an allergic reaction to one of the customers.

2. If staff know what's in each dish it will ~~want~~ ^{make} the customer come back and to tell their friends to go there

(Total for Question 14 = 4 marks)

This response was awarded 2 marks, 1 mark for each point. No explanations of the responses were given.

14 Explain **two** reasons why staff who serve food in a restaurant should know the ingredients in the dishes they serve.

1. One reason why they should know this is because of any allergies/intolerances

2. Another reason why they should know this is because of any dietary requirements

(Total for Question 14 = 4 marks)

This response was awarded 3 marks, 1 mark for the first point and 2 marks for the second point.

14 Explain two reasons why staff who serve food in a restaurant should know the ingredients in the dishes they serve.

1 Staff should know ingredients incase someone has a special dietary need.

2 They should also know incase a customer has any allergies and need to check what they eat.

(Total for Question 14 = 4 marks)

This response was awarded 4 marks. Two valid reasons given as to why staff should know the ingredients of the dishes they serve with linked explanations.

14 Explain two reasons why staff who serve food in a restaurant should know the ingredients in the dishes they serve.

1 because a customer may have a certain diet and may not want to eat so much fat and sugar in their food

2 because a customer may have a certain allergy and would need to be informed of what they are eating.

(Total for Question 14 = 4 marks)

Q 15 Targeted Specification Area: B1 Trends and developments-camping

Green Cliffs is a seaside campsite that is being refurbished. It wants to attract youth groups who want to spend time outdoors as part of a healthy lifestyle.

Discuss what facilities Green Cliffs could consider in order to meet the needs of youth groups.

This item was the extended writing question and the last question on the paper. The question did not perform as expected, with the majority of learners awarded in the level one- and two-mark bands. Most learners wrote an extended response to the question. Few learners listed answers with some student's discussing the question. Fewer blank responses were seen in this paper than in previous years showing the work undertaken by centers to prepare learners for exams. The responses seen that were awarded in the lower mark band needed to expand on their identified points to be credited more marks

This response was awarded 7 marks, which is in the higher mark band. This response has been discussed in detail with valid points being developed and explained. The context of the question has been covered in the response.

Discuss what facilities Green Cliffs could consider in order to meet the needs of youth groups.

- ~~Wifi - youth groups~~ young adults and teenagers use Wifi in their day to day life. So when they are not outdoors they can connect with their family and use it as entertainment.
- Healthy food system - the campsite should provide youth groups with breakfast, lunch and dinner for a balanced, healthy lifestyle and to keep fit.
- Changing rooms - to keep changing into eg swimming costumes private, so members of youth groups can feel comfortable getting changed in private
- ~~First aid~~ A + E kit - in case of emergency, the A + E kit will be available to attend to any wounds like scrapes or cuts.
- Vending machine with healthy snacks - quick, fun way to eat

(Total for Question 15 = 8 marks)

a quick snack on the **TOTAL FOR PAPER = 50 MARKS**

- Showers - so the members^{go} of the youth group can shower any sand from the beach away and stay hygienic.
- Water fountain - so members of the youth group can stay hydrated and improve mental awareness.

This response was awarded 6 marks, which is in the middle mark band. The response has been discussed with relevant points being developed.

15 Green Cliffs is a seaside campsite that is being refurbished. It wants to attract youth groups who want to spend time outdoors as part of a healthy lifestyle.

Discuss what facilities Green Cliffs could consider in order to meet the needs of youth groups.

The Campsite can attract youth groups by adding an outdoor pool. This gives the youth groups exercise opportunities as swimming is fun and it is a great way to exercise. The Campsite can also add something like a tennis court. This gives them the chance to play a competitive sport and have lots of fun and exercise. The Campsite can also consider adding a field which can be used for football, rugby, running and playing fun games. This allows the youth group to be active and experience enjoyment from these activities. They can also add a lounge area which can be used to rest and relax after a day of activities. They can go there to relax before going to bed.

(Total for Question 15 = 8 marks)

This response was awarded 5 marks.

15 Green Cliffs is a seaside campsite that is being refurbished. It wants to attract youth groups who want to spend time outdoors as part of a healthy lifestyle.

Discuss what facilities Green Cliffs could consider in order to meet the needs of youth groups.

Green cliffs could consider a football/rugby pitch as many youth groups enjoy that. they could consider surfing as it is something you can only do at the seaside.

They could get ^{boats} canoes so that youth groups could go in the sea.

horseback riding so that people can stay physical.

Scavenger hunting so they could have team building.

They could have a gaming room so that youth groups could be video games together.

(Total for Question 15 = 8 marks)

This response was awarded 3 marks as only a few facilities were named with limited expansion of the points identified.

15 Green Cliffs is a seaside campsite that is being refurbished. It wants to attract youth groups who want to spend time outdoors as part of a healthy lifestyle.

Discuss what facilities Green Cliffs could consider in order to meet the needs of youth groups.

they could have facilities ~~of~~ climbing
like a tree or rock climbing
course that people could do.
Or they could introduce a paintballing
facility to pull in teens or
youth groups which would be a
fun activity many could do.
~~Or~~ And they could make a Zipline
going through all the trees as a cool
end fun activity to meet the needs of
the youth group. Or ~~you~~ they could
introduce an outdoor swimming
facility to draw in the youth group
as a fun activity

(Total for Question 15 = 8 marks)

This response was awarded 2 marks.

15 Green Cliffs is a seaside campsite that is being refurbished. It wants to attract youth groups who want to spend time outdoors as part of a healthy lifestyle.

Discuss what facilities Green Cliffs could consider in order to meet the needs of youth groups.

Green Cliffs would need to consider the types of exercise the youth likes to do too for example they could add a rock climbing wall, Surfing, Volleyball and maybe Cross Country. All these sports are fun and will keep the youth busy so they will always be moving making them fit and healthy.

(Total for Question 15 = 8 marks)

This response was awarded 1 mark.

15 Green Cliffs is a seaside campsite that is being refurbished. It wants to attract youth groups who want to spend time outdoors as part of a healthy lifestyle.

Discuss what facilities Green Cliffs could consider in order to meet the needs of youth groups.

they could have certain activities that the youth people would enjoy and take part in, they could also have colourfull posters and leaflets representing the seaside camp site and what their intentions are but to also attract youth people so they join in to remain a healthy and balanced lifestyle.

(Total for Question 15 = 8 marks)

Summary

In preparing for this external assessment, the following should be noted. Learners should:

- Be aware that the whole specification for this unit should be covered by this exam. All learning aims and unit content need to be taught.
- Understand the command verb and know by the marks allocated that the words 'explain' and 'discuss' mean the answer must be expanded in some detail with justifications given for points identified.
- Carefully consider the focus of the question, read the question stem carefully, noting the information already given and knowing that this cannot gain marks if it is provided as an answer.
- Learners should be encouraged to respond to the extended answer questions and note down the information they know, even if they cannot construct an extended writing answer. This could be given in the form of a list if extended writing is not feasible.
- The use of practice papers under examination conditions will support learners to improve exam techniques whilst also supporting effective time management.
- Direct and encourage learners to prepare their questions, use the additional time for reading the questions, scenarios, and contexts thoroughly before attempting to answer
- Support learners to improve exam techniques by including tuition in the run up to the exam series and by encouraging them to read exam questions carefully.



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