

# **L2 Lead Examiner Report 2001**

**January 2020**

**L2 BTEC First Qualification in Hospitality**

**Unit 9: How the Hospitality Industry  
Contributes to Healthy Lifestyles**

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## Grade Boundaries

### What is a grade boundary?

A grade boundary is where we set the level of achievement required to obtain a certain grade for the externally assessed unit. We set grade boundaries for each grade, at Distinction, Merit and Pass.

### Setting grade boundaries

When we set grade boundaries, we look at the performance of every learner who took the external assessment. When we can see the full picture of performance, our experts are then able to decide where best to place the grade boundaries – this means that they decide what the lowest possible mark is for a particular grade.

When our experts set the grade boundaries, they make sure that learners receive grades which reflect their ability. Awarding grade boundaries is conducted to ensure learners achieve the grade they deserve to achieve, irrespective of variation in the external assessment.

### Variations in external assessments

Each external assessment we set asks different questions and may assess different parts of the unit content outlined in the specification. It would be unfair to learners if we set the same grade boundaries for each assessment, because then it would not take accessibility into account.

Grade boundaries for this, and all other papers, are on the website via this link:

<http://qualifications.pearson.com/en/support/support-topics/results-certification/grade-boundaries.html>

### Unit 9: How the Hospitality Industry Contributes to Healthy Lifestyles

Grade	Unclassified	Level 1 Pass	Level 2		
			Pass	Merit	Distinction
Boundary Mark	0	12	21	30	40

## Introduction

This report has been written by the Lead Examiner for the BTEC unit 9: How the Hospitality Industry Contributes to Healthy Lifestyles.

It is designed to help you understand how learners performed overall in the exam. For each question, there is a brief analysis of learner responses. You will also find example learner responses to the questions both well and poorly answered. These should help to provide additional guidance as to indicative responses.

We hope this will help you to prepare your learners for future examination series.

## Introduction to the Overall Performance of the Unit

This was the eleventh examination series for BTEC Next Generation Hospitality.

Overall, most learners attempted the majority of questions and they generally applied themselves well to the range of questions being asked of them.

Across a range of papers there are some parts of the specification that learners do not appear to have retained very well. In particular, A2 Food and Nutrition in relation to health: macronutrients and micronutrients where many learners got these questions wrong. These questions were at the beginning of the paper and were tested as straight forward recall. It was noted that learners often presume that vegetarianism is a healthy option, when in fact it is not always. Learners often confused local produce with being organic. Organic foods do not contain pesticides and are not necessarily local products. When discussing current trends, vegetarian cannot be given as the correct response for everything. In the same way, obesity cannot be given as a correct answer to every question throughout the paper.

Learners appeared to be challenged, especially on the longer extended answer questions towards the end of the paper where learners should be able to provide reasoned and detailed justified answers. Good justification was given in some cases and learners' demonstration of knowledge, understanding and gathering of detailed information was detailed.

Learners still need to improve the way in which they write responses to the active verb in questions. This could be seen in the responses given by learners when they have been asked to 'explain' but have only listed the point. This is particularly important for learners to be able to do when questions ask for an expansion point. If learners do not provide a suitable expansion point on these questions, they lose valuable marks. The learners that did well on the extended writing questions came from those who had both breadth and depth of their

understanding of the subject within the unit. Teachers should encourage learners to look at the level-based grid in the mark scheme in preparation for these extension questions.

Teachers are reminded that the entire specification is in the range for this examination, so all learning aims and topics within these learning aims must be taught.

## Individual Questions

### Q1 Targeted Specification Area: A.2 – Micronutrients-Minerals

Identify **one** mineral.

The correct response was **B** Zinc.

This item was a multiple-choice question that required the learners to identify a mineral from the list in the question. This required the same level of demand as previous multiple-choice items (requiring the learners to simply recall a part of the specification). In this case, one response was required, but this question was not answered as well as expected. Common incorrect responses were fibre and carbohydrate. This part of the specification has been tested before as a short-written response and as a multiple-choice question.

This response was awarded 1 mark.

1 Which **one** of the following is a mineral?

- A Fibre
- B Zinc
- C Carbohydrate
- D Kilojoules

(Total for Question 1 = 1 mark)

This response was awarded 0 marks.

1 Which **one** of the following is a mineral?

- A Fibre
- B Zinc
- C Carbohydrate
- D Kilojoules

(Total for Question 1 = 1 mark)

**Q2 Targeted Specification Area: A2 – Macronutrients-Vitamins**

Vitamins are used by the body to fight infections.  
Name one vitamin.

This item was a short response question that asked learners to name one vitamin. The question was a recall question from the specification. Most learners were able to name one vitamin with answers correctly one of Vitamins A, B, C or D.

This response was awarded 0 marks.

**2 Vitamins are used by the body to fight infections.**

Name **one** vitamin.

Calcium

**(Total for Question 2 = 1 mark)**

This response was awarded 1 mark.

**2 Vitamins are used by the body to fight infections.**

Name **one** vitamin.

Vitamin C which comes from citrus fruits.

**(Total for Question 2 = 1 mark)**

**Q3 Targeted Specification Area: A.1 Healthy Lifestyles- exercise**

State **one** benefit of regular exercise.

This item was a short response question that asked learners to state the benefit of regular exercise. The question performed as expected with most learners giving one benefit of regular exercise.

This response was awarded 1 mark.

3 State **one** benefit of regular physical activity.

Healthier lifestyle

(Total for Question 3 = 1 mark)

This response was awarded 0 marks.

3 State **one** benefit of regular physical activity.

Makes your body feel better later on.

(Total for Question 3 = 1 mark)

This response was awarded 1 mark.

3 State **one** benefit of regular physical activity.

releases endorphins which boosts  
your mood

(Total for Question 3 = 1 mark)

#### Q4 Targeted Specification Area: A.4 Diets and concepts - requirements linked to health

People may have specific dietary requirements that are linked to health.

Give **one** dietary requirement that is linked to health.

This item was a short response question that asked learners to give one dietary requirement that is linked to health. This question did not perform as well as expected as learners often failed to refer to the 'linked to health' part of the question so commonly gave insufficient responses such as diabetes without referring to sugar, eating fruit and vegetables and vegetarian.



This response was awarded 0 marks.

Eating fruit and vegetables is not a dietary requirement linked to health.

**4** People may have specific dietary requirements that are linked to health.

Give **one** dietary requirement that is linked to health.

Eating fruit and vegetables

**(Total for Question 4 = 1 mark)**

This response was awarded 1 mark.

**4** People may have specific dietary requirements that are linked to health.  
Give **one** dietary requirement that is linked to health.

Someone with diabetes has to monitor their sugar intake.

**(Total for Question 4 = 1 mark)**

**Q5a Targeted Specification Area: A3 Food in relation to health- main sources of macronutrients- fibre**

Thomas needs to increase the fibre in his diet.

Give **two** ways Thomas can increase the fibre in his diet.

This item was a short response question and was not answered as well as expected. It has been tested in previous papers. This is an example of a question that had not been covered in detail or learners had difficulty grasping. There were a lot of incorrect responses including eating less meat, eat more carbohydrate and eat more foods high in fibre.

This response was awarded 0 marks.

**5** Thomas needs to increase the fibre in his diet.  
(a) Give **two** ways Thomas can increase the fibre in his diet. (2)

1 Meat Eat less meat.

2 Eat more carbohydrates.

This response was awarded 2 marks.

**5 Thomas needs to increase the fibre in his diet.**

(a) Give **two** ways Thomas can increase the fibre in his diet.

(2)

1 Thomas could eat more fruit on his plate.

2 Thomas could eat more vegetables on his plate.

This response was awarded 0 marks.

**5 Thomas needs to increase the fibre in his diet.**

(a) Give **two** ways Thomas can increase the fibre in his diet.

(2)

1 Eat more foods that are high in fibre.

2 Exercise.

### Q5b Targeted Specification Area: A2 Macronutrients- fibre

Give **one** health benefit of increasing fibre in your diet.

This item was a short response question and was not answered as well as expected with learners showing little or no understanding of the health benefits of fibre. Common incorrect responses included good for the immune system, gives energy, stay in shape.

This response was awarded 0 marks.

(b) Give **one** health benefit of increasing fibre in your diet.

(1)

You will stay in shape.

(Total for Question 5 = 3 marks)

This response was awarded 1 mark.

(b) Give **one** health benefit of increasing fibre in your diet.

(1)

Your body will digest its food easier.

(Total for Question 5 = 3 marks)

**Q6a Targeted Specification Area: A3 Food in relation to nutrition - Main sources of macronutrients - protein**

State **two** foods high in protein.

This item was a short response question and performed as expected as the majority of learners were able to name two foods high in protein.

This response was awarded 0 marks.

**6** (a) State **two** foods high in protein.

(2)

1 Banana

2 Apples

This response was awarded 1 mark.

Fats is an incorrect response.

**6** (a) State **two** foods high in protein.

(2)

1 Meat.

2 Fats.

This response was awarded 2 marks.

6 (a) State **two** foods high in protein.

(2)

1 Eggs

2 Cheese

**Q6b Targeted Specification Area: A2 Macronutrients – Protein**

Give **one** reason why protein should be included in a healthy diet.

This item was a short response question but did not perform as expected even though it is straightforward recall and has been tested before.

This response was awarded 0 marks.

(b) Give **one** reason why protein should be included in a healthy diet.

(1)

So that it is balanced.

(Total for Question 6 = 3 marks)

This response was awarded 1 mark.

(b) Give **one** reason why protein should be included in a healthy diet.

(1)

It repairs muscles and helps them grow.

(Total for Question 6 = 3 marks)

This response was awarded 0 marks.

(b) Give **one** reason why protein should be included in a healthy diet.

(1)

SO the body can get all its vitamins and nutrients.

**(Total for Question 6 = 3 marks)**

**Q7 Targeted Specification Area: A1 Healthy Lifestyles- exercise and fitness**

Harley's restaurant gives all its staff bicycles to use to get to and from work. State **two** benefits to the staff of being able to cycle to work.

This item was a short response question and performed as expected with most learners gaining at least one mark.

This response was awarded 2 marks.

**7 Harley's restaurant gives all its staff bicycles to use to get to and from work.**

State **two** benefits to the staff of being able to cycle to work.

1 Be fitter

2 more exercise makes your body healthier.

**(Total for Question 7 = 2 marks)**

This response was awarded 1 mark for the first point.

Carbon footprint is not a benefit to staff.

State **two** benefits to the staff of being able to cycle to work.

1 The staff would be getting more exercise

2 ~~no carbon footprint~~ No carbon footprint would be made

**(Total for Question 7 = 2 marks)**

This response was awarded 1 mark for the first point.

**7** Harley's restaurant gives all its staff bicycles to use to get to and from work.  
State **two** benefits to the staff of being able to cycle to work.

1 Exercise is healthy for them.

2 So they can focus when they are at work.

(Total for Question 7 = 2 marks)

**Q 8a Targeted Specification Area: A3 Food in relation to health- main sources- fats**

A lot of people eat too many food high in fat.

(a) Name **two** foods high in fat

This item was a short response question and performed as expected with most learners gaining at least one mark.

This response was awarded 1 mark for the second point.

**8** A lot of people eat too many foods high in fat.

(a) Name **two** foods high in fat.

(2)

1 Bread

2 chips

This response was awarded 2 marks.

**8** A lot of people eat too many foods high in fat.  
(a) Name **two** foods high in fat.

1 Cheese

2 Deep fried chips.

(2)

This response was awarded 1 mark for the first point.

**8** A lot of people eat too many foods high in fat.

(a) Name **two** foods high in fat.

(2)

1 ... lard

2 ... sweets

**Q8b Targeted Specification Area: A5 Links between lifestyle and health problems- intake of foods high in fat**

Give **one** reason why we should reduce the amount of fat we eat.

This was a short response question which performed as expected with most learners answering correctly.

This response was awarded 1 mark.

(b) Give **one** reason why we should reduce the amount of fat we eat.

(1)

Because we gain weight when we eat too much fat.

(Total for Question 8 = 3 marks)

This response was awarded 0 marks.

(b) Give **one** reason why we should reduce the amount of fat we eat.

(1)

More healthier body

(Total for Question 8 = 3 marks)

This response was awarded 1 mark.

(b) Give **one** reason why we should reduce the amount of fat we eat.

(1)

Because it would reduce from getting type 2 diabetes.

(Total for Question 8 = 3 marks)

**Q9 Targeted Specification Area: B1 Trends and developments- residential accommodation – youth hostels**

A youth hostel is reviewing its menus to make them more appealing to its wide range of customers.

Give two ways the items on the menu can be changed to make the menu more appealing.

This was a short response question which performed as expected. The majority of learners were able to give two correct answers which related to either the design of the menu or foods on the menu.

This response was awarded 2 marks.

9 A youth hostel is reviewing its menus to make them more appealing to its wide range of customers.

Give **two** ways the items on the menu can be changed to make the menu more appealing.

1 Add Specialty foods for the Customers to be more appealing about.

2 Adding on Special offer foods

(Total for Question 9 = 2 marks)



This response was awarded 1 mark for the second point.

**9** A youth hostel is reviewing its menus to make them more appealing to its wide range of customers.

Give **two** ways the items on the menu can be changed to make the menu more appealing.

1 ~~change the menu~~ keep changing the menu.

2 Add new dishes to the menu that is suitable for peoples lifestyle such as Vegetarian.

**(Total for Question 9 = 2 marks)**

This response was awarded 2 marks.

**9** A youth hostel is reviewing its menus to make them more appealing to its wide range of customers.

Give **two** ways the items on the menu can be changed to make the menu more appealing.

1 ~~Put a star on the menu for~~ children Offer food for people with special diets

2 Offer Vegan food.

**(Total for Question 9 = 2 marks)**

This response was awarded 0 marks as both answers were incorrect.

**9** A youth hostel is reviewing its menus to make them more appealing to its wide range of customers.

Give **two** ways the items on the menu can be changed to make the menu more appealing.

1 Show calories on each meal.

2 Show the customers how much fat, salt, protein... is in the food.

**(Total for Question 9 = 2 marks)**

**Q 10 Targeted Specification Area: B3 Constraints**

Geeta owns a small restaurant, which only employs a few staff. She has won a contract to provide vegetarian lunches to a local factory.

Explain **two** constraints that Geeta will need to consider.

This was a short response question which did not perform as expected. Learners often referred to Geeta's vegetarian food not the constraints that she will need to consider. e.g. Customers who are not vegetarian will not want vegetarian food and a local factory is a good idea.

This response was awarded 0 marks as both answers were incorrect.

**10** Geeta owns a small restaurant, which only employs a few staff. She has won a contract to provide vegetarian lunches to a local factory.

Explain **two** constraints that Geeta will need to consider.

1 So more people who are vegetarian will go to her restaurant.

2 A local factory is a good idea because you know what you are getting in the contract.

(Total for Question 10 = 4 marks)

This response was awarded 4 marks.

Two constraints have been explained.

**10** Geeta owns a small restaurant, which only employs a few staff. She has won a contract to provide vegetarian lunches to a local factory.

Explain **two** constraints that Geeta will need to consider.

1 She might need to employ more staff to deliver the vegetarian lunches to the local factory

2 She'll have to put more money towards the suppliers so she'll have enough to make the lunches

**(Total for Question 10 = 4 marks)**

**Q 11a Targeted Specification Area: B1 Trends and developments- schools/promotions**

The Tythebridge School wants to encourage pupils to eat healthy meals.

(a) Give **one** way the school can promote healthy meals.

This was a short response question which performed as expected with the most common answer being given as 'posters.'

This response was awarded 1 mark.

**11** The Tythebridge School wants to encourage pupils to eat healthy meals.

(a) Give **one** way the school can promote healthy meals.

(1)

The pupils could have a "taste" of the healthy meals.

This response was awarded 1 mark.

**11** The Tythebridge School wants to encourage pupils to eat healthy meals.

(a) Give **one** way the school can promote healthy meals.

(1)

posters

This response was awarded 0 marks.

**11** The Tythebridge School wants to encourage pupils to eat healthy meals.

(a) Give **one** way the school can promote healthy meals.

(1)

The school could promote healthy meals by only selling healthy meals.

**Q11b Targeted Specification Area: B1 Trends and developments- schools**

Explain one way the school can make sure the pupils have healthy options available throughout the day.

This item was a short response question and performed as expected with most learners gaining marks.

This response was awarded 1 mark as there was no explanation in the answer.

(b) Explain **one** way the school can make sure the pupils have healthy options available throughout the day.

(2)

They could have a snack like an apple at break time. Instead of having a chocolate bar they could have a fruit bar.

**(Total for Question 11 = 3 marks)**

This response was awarded 0 marks as the responses were incorrect.

(b) Explain **one** way the school can make sure the pupils have healthy options available throughout the day.

(2)

At lunch and break they should have healthy meals on the menu so the pupils can pick what they want

**(Total for Question 11 = 3 marks)**

This response was awarded 2 marks as there is evidence of explanation by the learner.

available throughout the day.

(2)

They could sell fruit in between lessons to not only positively impact the pupils healthy lifestyle but for profit purposes.

**(Total for Question 11 = 3 marks)**

**Q12a Targeted Specification Area: B2 Impact on products- staffing**

The Sand Bar Hotel is introducing a new cocktail menu. There will be alcoholic cocktails and non-alcoholic cocktails on the menu.

(a) Give two ways that the Sand Bar Hotel can make sure staff are prepared for the introduction of the new cocktail menu.

This item was a short response question which performed as expected. Learners showed understanding of the topic and this was evident in the responses that gained marks.

This response was awarded 2 marks, 1 mark for each point.

**12** The Sand Bar Hotel is introducing a new cocktail menu. There will be alcoholic cocktails and non-alcoholic cocktails on the menu.

(a) Give **two** ways that the Sand Bar Hotel can make sure staff are prepared for the introduction of the new cocktail menu.

(2)

- 1 The staff could have a go at making the cocktails.
- 2 Showing the staff pictures of what cocktails are going to be on the menu so they know what they look like.

This response was awarded 1 mark for the first point.

**12** The Sand Bar Hotel is introducing a new cocktail menu. There will be alcoholic cocktails and non-alcoholic cocktails on the menu.

(a) Give **two** ways that the Sand Bar Hotel can make sure staff are prepared for the introduction of the new cocktail menu.

(2)

- 1 Make them learn it
- 2 Ask questions about the new menu

This response was awarded 0 marks.

**12** The Sand Bar Hotel is introducing a new cocktail menu. There will be alcoholic cocktails and non-alcoholic cocktails on the menu.

(a) Give **two** ways that the Sand Bar Hotel can make sure staff are prepared for the introduction of the new cocktail menu.

(2)

- 1 posters
- 2 Leaflets

**Q12b Targeted Specification Area: B2 Promotion and sale - benefits to business**

(b) Explain **two** benefits to the Sand Bar Hotel of introducing the new cocktail menu.

This item was a short response question and performed as expected in the paper. Most learners gained marks for this question. Learners grasped this concept and were able to display developed responses.

This response was awarded 4 marks.

In the first point the learner has identified and explained that the hotel could sell a lot as it's a new item that is available for the customers to buy.

In the second point the learner has explained that it will attract more customers because they might have seen it and want to try it.

(b) Explain **two** benefits to the Sand Bar Hotel of introducing the new cocktail menu. (4)

- 1 it could sell a lot because it's a new item that is available for them to buy.
- 2 it will attract more customers to the hotel because they might have seen it and want to try it for themselves.

(Total for Question 12 = 6 marks)

This response was awarded 1 mark for the first point. Both responses are a repeat of the same point.

(b) Explain **two** benefits to the Sand Bar Hotel of introducing the new cocktail menu.

1. Something new to the customers<sup>(4)</sup> at the hotel and something to try out

2. Something more unique

(Total for Question 12 = 6 marks)

**Q13a Targeted Specification Area: A4 Diets and concepts - locally sourced foods.**

Routes Diner is planning to change its purchasing policy. It is only going to use locally sourced foods.

(a) Explain **two** benefits for the diner of using locally sourced foods.

This item was a short response question and performed as expected in the paper. Most learners gained marks for this question. Learners grasped this concept and were able to display developed responses.

This response was awarded 4 marks.

**13** Routes Diner is planning to change its purchasing policy. It is only going to use locally sourced foods.

(a) Explain **two** benefits for the diner of using locally sourced foods. (4)

1. The ingredients are fresher and the diner will know how they have been grown so more customers will be attracted to them.

2. They have a lower carbon footprint as they do not have to travel far, this will make it more appealing to people as they can advertise themselves as eco-friendly.



In the first point the learner has written has identified and explained that the ingredients are fresher and the diner will know how they have been grown so more customers will be attracted. In the second point the learner has explained that local produce will have a lower carbon footprint which will make it more appealing and eco-friendly.

This item was awarded 0 marks as both points were incorrect.

**13** Routes Diner is planning to change its purchasing policy. It is only going to use locally sourced foods.

(a) Explain **two** benefits for the diner of using locally sourced foods.

(4)

1 Routes Diner could get popular from the local suppliers because they would say to their customer go to Routes Diner.

2 Routes Diner could get the supplies cheaply because they could get discounted.

**Q 13b Targeted Specification Area: B2 Impact on products- supplies, locally sourced foods**

(b) State two disadvantages for Routes Diner of using locally sourced foods.

This item was a short response question that did not perform as expected. Learners were not able to state two disadvantages of using locally sourced foods and often gave incorrect responses such as products will not be fresh, not prepared properly or have diseases.

This item was awarded 1 mark for the first point. 0 marks were awarded for the second point.

(b) State **two** disadvantages for Routes Diner of using locally sourced foods.

(2)

- 1 The locally sourced foods could be at a higher pricing than from online.
- 2 The food could taste different from his old recipe.

**(Total for Question 13 = 6 marks)**

This item was awarded 2 marks, 1 mark for each point.

(b) State **two** disadvantages for Routes Diner of using locally sourced foods.

(2)

- 1 may not always be available in large quantities & so the diner may be unable to offer full menu.
- 2 locally sourced food may be more expensive and this could be passed onto the customer.

**(Total for Question 13 = 6 marks)**

This item was awarded 0 marks.

(b) State **two** disadvantages for Routes Diner of using locally sourced foods.

(2)

- 1 It may not have been prepared properly.
- 2 ~~The~~ The food ~~is~~ could be carrying a disease like bacteria.

**(Total for Question 13 = 6 marks)**

**Q14a Targeted Specification Area: A1 Healthy Lifestyles/B1 residential accommodation – travellers**

The Turnstile Hotel attracts a lot of business travellers because it offers a high level of leisure and recreational facilities.

(a) State **two** health benefits for business travellers of staying at a hotel that offers these facilities.

This item was a short response question and performed as expected in the paper. Most learners gained marks for this question. Learners grasped this concept and were able to display correct responses.

This item was awarded 1 mark as both points were repeats of the same answer.

**14 The Turnstile Hotel attracts a lot of business travellers because it offers a high level of leisure and recreational facilities.**

(a) State **two** health benefits for business travellers of staying at a hotel that offers these facilities.

(2)

1 They are getting physical activity

2 They can keep fit

This item was awarded 2 marks, one mark for each point.

**14 The Turnstile Hotel attracts a lot of business travellers because it offers a high level of leisure and recreational facilities.**

(a) State **two** health benefits for business travellers of staying at a hotel that offers these facilities.

(2)

1 it is encouraging them to have a healthy lifestyle

2 it will reduce there stress which will encourage them to come back

**Q 14b Targeted Specification Area: B4 Responsibilities of hospitality industry- Benefits to business**

The owners of the Turnstile Hotel have decided to offer discounted membership of its leisure and recreational facilities to the local community.

(b) Explain two ways this discounted membership will benefit the hotel.

This item was a short response question and performed as expected in the paper. Most learners gained marks for this question. Learners grasped this concept and were able to display correct responses.

This item was awarded 2 marks.

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The owners of the Turnstile Hotel have decided to offer discounted membership of its leisure and recreational facilities to the local community.

(b) Explain **two** ways this discounted membership will benefit the hotel.

1 People will come in and the community <sup>(4)</sup> benefits from staying healthy and more money will come in to the hotel.

2 The Hotel benefits from increased profit because the community get to enjoy the leisure facilities.

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(Total for Question 14 = 6 marks)

The first point was awarded 2 marks. The learner has explained that people will come and the community benefits from staying healthy and more money will come into the hotel.

The second point was awarded 0 marks as it is a repeat of the first point.

This response was awarded 4 marks.

(b) Explain **two** ways this discounted membership will benefit the hotel. (4)

1 more people will come which would make a bigger profit.

2 They would have good reviews from the local community which would convince more people to come.

(Total for Question 14 = 6 marks)

In the first point the learner has explained that more people will come and so make a bigger profit.

In the second response the learner has written that the hotel would get good reviews from the local community which would encourage more customers.

**Q 15 Targeted Specification Area: B1 Hospitals/B2 Impact on products, services and Operations**

A hospital is designing new menus for patients. It wants to give patients healthier options than they currently have.

Discuss what the hospital needs to consider when designing the new menu.

This item was the extended writing question and the last question on the paper. The question performed as expected and the majority of learners were awarded in the level two band. Most learners wrote an extended response to the question. A few learners wrote their answers in the form of a list and some merely discussed the question. Fewer blank responses were seen in this paper than in previous years showing the work undertaken by centres to prepare learners for exams. The responses seen that were awarded in the lower mark band needed to expand on their identified points to be credited more marks.

This response was awarded 3 marks. This has been presented in a list format and covers a few points with no discussion.

**15** A hospital is designing new menus for patients. It wants to give patients healthier options than they currently have.

Discuss what the hospital needs to consider when designing the new menus.

What hospitals need to consider:

- Allergies
- required diets.
- what people like/dislike.
- what they can eat.

They need to consider allergies and required diets because it could cause the patient to become more ill.

This response was awarded 6 marks. This response fits into the top part of the level 2 grade mark band.

15 A hospital is designing new menus for patients. It wants to give patients healthier options than they currently have.

Discuss what the hospital needs to consider when designing the new menus.

~~The hospital needs to consider the following :-~~

~~• Allergies~~

~~• Diets they have~~

The hospital will need to consider all of the patients' needs. These includes coeliacs (can't eat wheat), allergies such as nuts and shellfish, Type 2 diabetics who need to ~~the~~ keep their sugar levels up, pregnant ladies need more carbohydrates for their bodies to grow with their babies inside them and calcium.

The hospital will need to consider vegan and vegetarian options for the patients because of people who are not allowed to eat meat. They also need to consider the cost of everything because they need to get a good price for everything in case it is more expensive to buy these different products.

The equipment in the kitchen also needs

to be considered incase the new menu has stuff on it that is new. The kitchen staff have to know how to prepare the new menu so they might need to be retrained. The cost of printing the new menus can be kept lower if all the meals are on one piece of paper ~~with~~ with stars (\*) around them if they might have an allergy ~~for all~~ <sup>that</sup> the patients might have.

(Total for Question 15 = 8 marks)

TOTAL FOR PAPER = 50 MARKS



This response was awarded 8 marks, which is the top of the higher mark band. This response has been discussed in detail with valid points being developed and explained. The context of the question has been covered in the response.

**15** A hospital is designing new menus for patients. It wants to give patients healthier options than they currently have.

Discuss what the hospital needs to consider when designing the new menus.

The hospital will need to consider dietary restrictions. They will have to check that these alternatives won't affect a person's diet. For example, they will need to consider vegans and vegetarians, to make sure there are options for them. They would also need to consider religion and include foods that are halal, and follow religious food laws.

The hospital will also need to consider a balanced diet, they will need foods from all food groups in order for patients to have a balanced diet whilst they are there. Healthy options are useless if a person is not having foods from all food groups.

They also need to consider medication. Some foods and drinks can not be consumed with certain medications. Consuming these foods/drinks could result in adverse effects or prevent the medication from doing its job.

Varying ages is something they also need to consider. They will need meals suitable for children as well as adults.

rather than just serving them all the same thing. Older patients and younger children may not have teeth, or strong teeth, meaning they will need softer foods to eat.

## Summary:

In preparing for this external assessment, the following should be noted. Learners should:

- Be aware that the whole specification for this unit should be covered by this exam. All learning aims and unit content need to be taught.
- Understand the command verb and know by the marks allocated that the words 'explain' and 'discuss' mean the answer must be expanded in some detail with justifications given for points identified.
- Carefully consider the focus of the question, read the question stem carefully, noting the information already given and knowing that this cannot gain marks if it is provided as an answer.
- Learners should be encouraged to respond to the extended answer questions and note down the information they know, even if they cannot construct an extended writing answer. This could be given in the form of a list if extended writing is not feasible.
- The use of practice papers under examination conditions will support learners to improve exam techniques whilst also supporting effective time management.
- Direct and encourage learners to prepare their questions, use the additional time for reading the questions, scenarios and contexts thoroughly before attempting to answer
- Support learners to improve exam techniques by including tuition in the run up to the exam series and by encouraging them to read exam questions carefully.

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