

OXFORD CAMBRIDGE AND RSA EXAMINATIONS
Advanced Extension Award

CRITICAL THINKING

Reading Booklet – Documents 1, 2, 3 and 4

SPECIMEN PAPER

9913/RB1

3 hours

TIME 3 hours

INSTRUCTIONS TO CANDIDATES

- You will need to use Documents 1, 2, 3 and 4 to answer the questions in Section B.

This Reading Booklet consists of 5 printed pages and 3 blank pages.

Section B

Document 1



Document 2

Many people object to the spread of American fast-food chains such as KFC and Macdonalds. However, these objections can be shown to be invalid. The fast-food outlet is a development which should be welcomed by all.

The editor of the Good Restaurant Guide claims that these food outlets encourage people to eat whilst walking around and that this practice should be discouraged. We can dismiss this objection as a piece of propaganda on behalf of the traditional restaurant industry from somebody who cannot accept cultural change and wishes to impose their eating patterns on everybody else.

The objection to fast food outlets seems to suggest that people should never eat a quick meal. In the modern world, people haven't got the time to sit down for a lengthy meal every time they are hungry. The fast food industry is simply responding to a need. To object to it is to object to the whole idea of a 'snack meal'.

Some people maintain fast-food takeaway chains encourage litter. However there was a litter problem before fast-food chains emerged on the scene so this argument collapses on the basis that one can hardly blame the likes of KFC and Spud-U-Like for a problem that existed prior to their existence.

Another point often made is that the 'logos' and signs of these fast-food outlets are inappropriate to the visual landscape of some of the world's great historic cities such as Paris and Rome. However, the phenomenon of logos of multinational companies appearing in all parts of the globe was well established before KFC or Macdonalds came on the scene, for example the Coca-Cola sign.

If these objectors to American fast-food chains were to get their way then millions of people would be deprived of something that gives them a great deal of pleasure. The fact so many people want to eat 'big Macs' and the like further reinforces the point that opponents of fast-food chains are a misguided minority who neither understand nor like the modern world.

Snack's your lot!

Little Sarah Daniels was reduced to tears when a mean Miss confiscated her chocolate bar

Four-year-old Sarah Daniels had been looking forward to her packed lunch all morning. She happily munched her cheese sandwich but, just as she was about to tuck into her Twix for dessert, a school dinner lady swooped and snatched it away.

"You can't eat that!" she said. "The head's banned you from eating sweets."

Sarah put the half-eaten Twix back in her lunch box and went home in tears.

"She was really upset," says her mum Catherine. "I could hardly believe it. What in heaven's name is wrong with a Twix?"

Her other daughter, Samantha, nine, said there had been a ban on sweets at Southfield Infants School for the past few years. But Catherine couldn't understand why the ban was selective. KitKats and Penguins were permitted, but other popular brands, like Twix, were not.

"It's crazy," says Catherine, 35. "I'm not going to have some busybody telling me what my daughter can eat."

Carol went up to the school on Humberside to ask head teacher Jean Marsh what was going on. "Who says what goes into my child's lunch box?"

"I do," said Jean, who explained she considered Twix a sweet – not a chocolate biscuit – because of its caramel content.

But Catherine wasn't satisfied. "Sarah's packed lunch always contains a well-balanced meal – sandwiches with meat, cheese, fish or egg, plus a packet of crisps, yogurt, fruit and a biscuit. Both my daughters go to the dentist every six months."

But the head stuck to her guns so Catherine launched a campaign to try to get her to change her mind. She started a petition which 56 parents signed calling for the ban to be lifted.

Mrs Marsh defends her decision. "I banned sweets because so many of the children had decaying teeth. Teachers take the place of parents while the children are in our care and we have a right to be concerned about what they eat. We tell parents if we think a lunch is particularly poor, but there are so many to check it's like trying to mop up the sea with a dishcloth."

Catherine appreciates her concern: "She isn't a dietician and can't be

with the kids 24 hours a day. She should stick to what she's good at – and that's teaching.

Twix spokeswoman Kay Nicholls says: "There are no good or bad foods, only good or bad diets. Chocolate has nutritional value and there's no reason why it can't play a useful part in a sensible, well-balanced diet."

Woman's Own 27 March 1995

The Twix Row

We asked for your views on the story of the little girl whose Twix bar was confiscated at school (March 27 issue). Here are a few of your replies:

■ As an infant teacher I can see both sides of the argument. In our school we have a rule that children can have only fruit and vegetables for a morning snack, and they can eat sweets only after everything else in their lunch box has been eaten.

We reinforce this message in newsletters, but there are occasions when a new child, for example, doesn't know about the rule. They're allowed to eat their sweets on that day only...It's not fair to take it away when the child doesn't know the rule.

Sadly, there are many parents who don't provide a balanced diet for their children and, while Mrs Daniels is obviously a responsible and caring parent, there are others who may not be.

I think the headteacher is right to stick to her ruling on the sweets, but I think the dinner lady acted rashly and without thinking about the effect it would have on the child – Joan Coats, Peterborough.

■ **Who does Mrs Marsh think she is? Give some people a little bit of power and it soon goes to their heads.**

It's the mother's responsibility to decide what goes into her child's lunch box. What will Mrs Marsh do next? Come and visit the children at home to see what they're eating there?

Stick to the job you're paid to do, Mrs Marsh, which is teaching, and let mums stick to looking after their kids. – Barbara Birchall, Co. Durham.

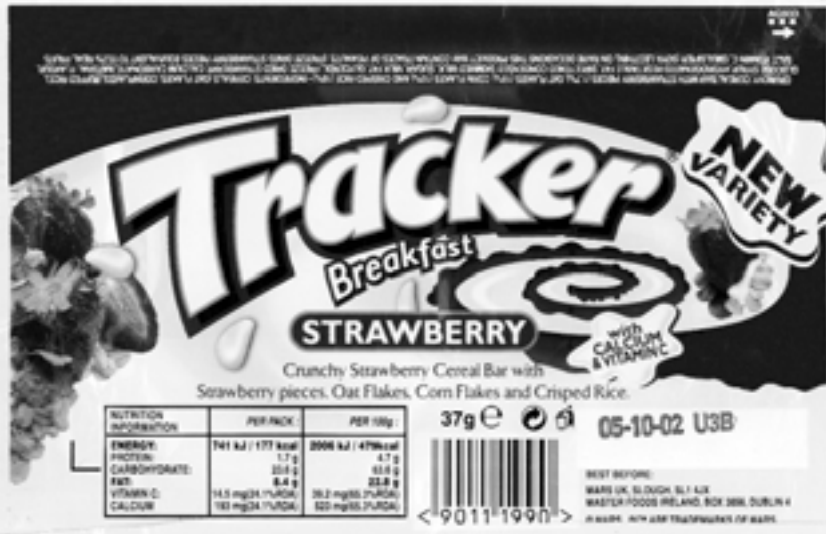
■ I've lived in Norway with my family for several years and I was shocked that so many things were banned from school lunchboxes. After all, surely a mother can decide what her own kids can eat at school?

But I now accept the Norwegian regime. Here, we're told that a lunch box should contain sandwiches filled with cheese, meat, egg or fish (definitely no jam), a piece of fruit or vegetable, and milk. We save crisps and sweet things for weekend treats.

The result? Kids here suffer less from obesity, have less tooth decay and lower cholesterol levels. – LJ, Norway.

Woman's Own 29 May 1995

Document 4



Ingredients	Average Values	Nutrition Information												
<p>Milk Chocolate (30%), Wheat Flour, Sugar, Vegetable Oil and Hydrogenated Vegetable Oil, Partially Inverted Sugar Syrup, Fat Reduced Cocoa Powder, Raising Agents (Ammonium Bicarbonate, Sodium Bicarbonate), Flavourings, Salt.</p> <p>Store in a cool, dry place.</p>	Per Bar	PER BAR												
	Per 100g	131 CALORIES												
		6.8g FAT												
	Energy	549 kJ	2224 kJ											
	Protein	1.3 g	5.4 g											
	Carbohydrate	16.1 g	65.2 g											
	of which Sugars	10.1 g	40.8 g											
Fat	6.8 g	27.7 g												
of which Saturates	4.6 g	18.8 g												
Fibre	0.4 g	1.5 g												
Sodium	<0.1 g	0.1 g												
		<p>Guidelines for daily Calorie and Fat intake for healthy adults, as recommended by health and nutrition professionals are shown below.</p> <table border="1"> <thead> <tr> <th colspan="3">GUIDELINE DAILY AMOUNTS</th> </tr> <tr> <th>EACH DAY</th> <th>WOMEN</th> <th>MEN</th> </tr> </thead> <tbody> <tr> <td>CALORIES</td> <td>2000</td> <td>2500</td> </tr> <tr> <td>FAT</td> <td>70g</td> <td>95g</td> </tr> </tbody> </table>	GUIDELINE DAILY AMOUNTS			EACH DAY	WOMEN	MEN	CALORIES	2000	2500	FAT	70g	95g
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EACH DAY	WOMEN	MEN												
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MILK CHOCOLATE (35%) COVERED CARAMEL (32%) AND BISCUIT • INGREDIENTS: MILK CHOCOLATE, GLUCOSE SYRUP, WHEAT FLOUR, SUGAR, HYDROGENATED VEGETABLE FAT, SKIMMED MILK POWDER, FAT REDUCED COCOA, SALT, RAISING AGENT (SODIUM BICARBONATE), FLAVOURING. MILK CHOCOLATE CONTAINS EMULSIFIERS (E442, SOYA LECITHIN) AND FLAVOURING.	NUTRITION INFORMATION	PER PACK :	PER 100g :
	ENERGY	1203kJ / 287 kcal	2070 kJ / 494 kcal
	PROTEIN	2.7 g	4.6 g
	CARBOHYDRATE	37.6 g	64.8 g
	FAT	14.0 g	24.1 g

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