

1331/01

PSYCHOLOGY - PY1

Approaches in Psychology

P.M. TUESDAY, 13 May 2014

1 hour 15 minutes plus your additional time allowance

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ADDITIONAL MATERIALS

In addition to this examination paper, you will need an 8 page answer book.

INSTRUCTIONS TO CANDIDATES

Use black ink, black ball-point pen or your usual method.

Answer ALL questions.

INFORMATION FOR CANDIDATES

All questions carry equal marks.

You are reminded that marking will take into account the quality of written communication used in your answers.

Answer ALL questions.

- 1(a) Outline TWO assumptions of the biological approach. [4]
 - (b) Describe Selye's General Adaptation Syndrome. [8]
- 2. Describe how the behaviourist approach has been applied in EITHER aversion therapy OR systematic desensitisation. [12]
- 3(a) Evaluate TWO strengths of the cognitive approach. [6]
 - (b) Evaluate TWO weaknesses of the cognitive approach. [6]
- 4. Compare and contrast the behaviourist and cognitive approaches in terms of similarities and differences. [12]
- 5. Explain and evaluate the methodology used by the psychodynamic approach. [12]