

OXFORD CAMBRIDGE AND RSA EXAMINATIONS

Advanced GCE

PSYCHOLOGY

2548

Psychology and Sport

Monday

23 JANUARY 2006

Morning

1 hour 30 minutes

Each candidate must be given:

(1) one copy of this question paper;

(2) one 8-page Answer Booklet.

Additional 4-page Answer Booklets may be issued to candidates who require them.

TIME 1 hour 30 minutes

INSTRUCTIONS TO CANDIDATES

- Write your name, Centre number and candidate number in the spaces provided on the answer booklet.
- Write your answers on the separate answer booklet provided.
- Answer **one** question in Section A and **one** question in Section B.
- Read each question carefully and make sure you know what you have to do before starting your answer.

INFORMATION FOR CANDIDATES

- The number of marks is given in brackets [] at the end of each question or part question.
- The total number of marks for this paper is **50**.
- You will be awarded marks for the quality of written communication where an answer requires a piece of extended writing.

This question paper consists of 2 printed pages.

Section A

Answer Question 1 or Question 2.

- 1 (a) Describe one way in which imagery can be used in sport. [6]
 (b) Discuss the effectiveness of the use of imagery in sport. [10]

[Total: 16 marks]

- 2 (a) Describe one piece of research into personality and sports performance. [6]
 (b) Discuss limitations of research into personality and sports performance. [10]

[Total: 16 marks]

Section B

Answer Question 3 or Question 4.

- 3 (a) Describe what psychologists have learned about arousal and anxiety in sport. [10]
 (b) Evaluate what psychologists have learned about arousal and anxiety in sport. [16]
 (c) Suggest how a sports psychologist could help a Formula One racing driver who complained of suffering with 'nerves' before a race. Give reasons for your answer. [8]

[Total: 34 marks]

- 4 (a) Describe what psychologists have discovered about social influence in sport. [10]
 (b) Evaluate what psychologists have discovered about social influence in sport. [16]
 (c) A team leader feels she is receiving full effort from only some of her players. Using your knowledge of Psychology, what advice would you give her to help achieve maximum effort from all individuals in her team? Give reasons for your answer. [8]

[Total: 34 marks]

[Total paper marks: 50]