



ADVANCED GCE
PSYCHOLOGY
 Psychology and Sport

2548

Candidates answer on the Answer Booklet

OCR Supplied Materials:

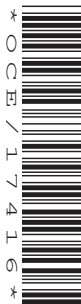
- 8 page Answer Booklet

Other Materials Required:

None

Monday 21 June 2010
Morning

Duration: 1 hour 30 minutes



INSTRUCTIONS TO CANDIDATES

- Write your name in capital letters, your Centre Number and Candidate Number in the spaces provided on the Answer Booklet.
- Use black ink. Pencil may be used for graphs and diagrams only.
- Read each question carefully and make sure that you know what you have to do before starting your answer.
- Answer **one** question in Section A and **one** question in Section B.
- Do **not** write in the bar codes.

INFORMATION FOR CANDIDATES

- The number of marks is given in brackets [] at the end of each question or part question.
- The total number of marks for this paper is **50**.
- You will be awarded marks for the quality of written communication where an answer requires a piece of extended writing.
- This document consists of **2** pages. Any blank pages are indicated.

Section A

Answer **either** Question 1 **or** Question 2 from this section.

1 (a) Describe **one** way to reduce aggression in sport. [6]

(b) Discuss the usefulness of research into the reduction of aggression in sport. [10]

[Total: 16 marks]

2 (a) Describe **one** theory of arousal in sport. [6]

(b) Discuss the limitations of theories of arousal in sport. [10]

[Total: 16 marks]

Section B

Answer **either** Question 3 **or** Question 4 from this section.

3 (a) Describe what psychologists have learned about social influence in sport. [10]

(b) Evaluate what psychologists have learned about social influence in sport. [16]

(c) You are the trainer at a local martial arts club (eg Karate, Judo, Tai Chi). Using your knowledge of psychology, suggest how you would prepare your trainees to perform in front of an audience, including judges, for the first time. Give reasons for your answer. [8]

[Total: 34 marks]

4 (a) Describe what psychologists have learned about motivation and self confidence in sport. [10]

(b) Evaluate what psychologists have learned about motivation and self confidence in sport. [16]

(c) You are asked to advise a national netball team. Using your knowledge of psychology, suggest how you would help a usually successful goal shooter regain her lost form. Give reasons for your answer. [8]

[Total: 34 marks]

[Total paper marks: 50]



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