

OXFORD CAMBRIDGE AND RSA EXAMINATIONS

Advanced GCE

PSYCHOLOGY

2548

Psychology and Sport

Friday **21 JANUARY 2005** Morning 1 hour 30 minutes

Each candidate must be given:

- (1) one copy of the question paper;
- (2) one 8-page Answer Booklet.

Additional 4-page Answer Booklets may be issued to candidates who require them.

TIME 1 hour 30 minutes

INSTRUCTIONS TO CANDIDATES

- Write your name, Centre number and candidate number in the spaces provided on the answer paper/answer booklet.
- Write your answers on the separate answer paper provided.
- Answer **one** question in Section A and **one** question in Section B.
- Read each question carefully and make sure you know what you have to do before starting your answer.

INFORMATION FOR CANDIDATES

- The number of marks is given in brackets [] at the end of each question or part question.
- The total number of marks for this paper is **50**.
- You will be awarded marks for the quality of written communication where an answer requires a piece of extended writing.

This question paper consists of 2 printed pages.

Section A

Answer either Question 1 or Question 2 from this section.

- 1 (a) Suggest ways in which aggression can be measured in sport. [6]
 (b) Assess the effectiveness of the measurement of aggression in sport. [10]

[Total: 16 marks]

- 2 (a) Outline benefits for health, which may include mental health, for those who participate in sport and exercise. [6]
 (b) Discuss the evidence for a link between exercise and health. [10]

[Total: 16 marks]

Section B

Answer either Question 3 or Question 4 from this section.

- 3 (a) Describe research into motivation and self confidence in sport. [10]
 (b) Evaluate research into motivation and self confidence in sport. [16]
 (c) You are a swimming instructor of an intermediate class (between beginners and advanced). Using your knowledge of psychology, suggest what you could include in your swimming programme to improve self confidence. Give reasons for your answer. [8]

[Total: 34 marks]

- 4 (a) Describe research into leadership and coaching in sport. [10]
 (b) Evaluate research into leadership and coaching in sport. [16]
 (c) What coaching style would you advise a tennis coach to use, to help an adult beginner learn to serve? Give reasons for your answer. [8]

[Total: 34 marks]

[Total paper marks: 50]