

# **Examiners' Report**

Principal Examiner Feedback

January 2017

Pearson Edexcel International GCE in Psychology (WPS03)
Paper 01 Applications of Psychology



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#### **General Comments**

This was the first time that this exam was sat. The candidates were required to answer all the questions in Section A, Developmental Psychology and all the questions from a choice of two topic areas in Section B. The two topic areas that the candidates were able to choose from in Section B were Criminological and Health. Section A comprises of short-answer questions and two eight-mark extended open-response questions. One eight-mark question focuses on developmental psychology and the other is an eight-mark synoptic question based on developmental psychology and issues from Units 1 and 2. Section B comprises short-answer questions and two eight-mark extended open-response questions.

The candidates in the main attempted all the questions in the two sections, with very few blank responses being seen. However, candidate performance was varied, with a small number achieving marks in level 3 and a larger number achieving marks in level 1. Candidates at level 1 were unable to fully answer the questions either through lack of understanding of the requirements of the question or an inability to apply their knowledge to the command verb.

Knowledge of the theories and studies in this specification by the candidates was varied. It was apparent from the responses read that several centres had prepared their candidates for this exam well whilst others had not. Candidates who lacked familiarity of theories and studies were greatly disadvantaged as shown in their responses which tended to be very generic. One candidate wrote an excellent level 3 answer for an essay question but had written completely about the wrong study. On a positive note they had the skills to achieve a level 3 answer. The essay questions acted as discriminators for the exam paper as the candidates had to respond to command verbs that carried more marks and accessed two out of the three assessment objectives, AO1, AO2 and AO3. They were asked to evaluate and assess, if in their evaluate answer they did not provide a conclusion they were awarded 0 marks. For the assess questions, if they did not make a judgement then again they were awarded 0 marks.

Stimulus material and scenarios were provided in a number of the short answer questions which the candidates were able to link their answers to. Where no links were made and generic answers given the candidates did not respond to the question nor the AO2 and were awarded low marks.

### **Paper Summary**

The following advice is offered to candidates and centre assessors based on the performance of this exam during this series:

Candidates would benefit from knowing what is expected from them in their answers with the different command verbs. Where the command verb 'evaluate' is used in an essay question the candidates are expected to write a conclusion, by doing so they will then be eligible to access the higher levels. For an 'assess' question a judgement needs to be made. In the IAL specification on page 77 a taxonomy of command words is provided. This will provide the candidates with the knowledge of the necessary skills they will be required to use for the individual command words used throughout the exam paper.

With the short answer questions the candidates must ensure that they do not provide additional unnecessary information, for example in the case of the command verb identify. An example demonstrating this is seen in 1a on the next page.

Candidates may find it beneficial to understand which assessment objectives are accessed with a command verb. Where stimulus material or a scenario is used and the question stem refers to it (this is an AO2 question), the candidate must write a suitable response which makes reference to the stimulus or scenario otherwise it will be a generic answer and score no marks.

#### **Comments on Individual Questions:**

#### **Section A – Developmental Psychology**

#### Q01a

#### **Question Introduction**

The majority of candidates successfully answered this question. Several provided detail about the points rather than just identifying the key point eg Type C. Of those who failed to score marks on this question, this was due to lack of understanding about what the question required. Some wrote detailed information about the behaviours displayed by Hannah and Amelia rather than just the attachment type.

(a) Identify the type of attachment demonstrated by Amelia and Hannah.	(2)
	(2)
Amelia's type of attachment	
Type A, Insecure avoidant as she wasn't	
stress and was able to explore independently w	ith
Hannah's type of attachment out her mother	
Type C, insecure resistant, extremely distre	nsed
with separation protest and did not explore	.00000000000000000000000000000000000000

This answer gained 2 marks. This candidate identified the type of attachment demonstrated by Amelia and then went on to explain it, which was not required.

#### **Examiner Tip**

If the command verb in the question is identify, there is no requirement for the candidate to offer an explanation as well.

#### Q01b

#### **Question Introduction**

A mixed set of responses were seen, with some candidates writing about Amelia's behaviour which was therefore not creditworthy. The reason other candidates did not score maximum marks was that their descriptions were too brief. The most common responses were that Hannah would be difficult to settle or comfort.

(b) Describe the reunion behaviour you would expect Hannah to show on the

primary care giver's return.	(2)
Hannah will resist comfort from the caregiver	and
will seem quite distressed.	
4431034444411034444444110344444411111111	

This answer was awarded 1 mark for a partial description.

#### **Examiner Tip**

The command verb for this question is describe, the candidates are therefore required to give an account of something by developing their statement in response to the scenario.

#### Q02a

#### **Question Introduction**

A number of candidates were able to correctly give a conclusion from the information in the table and were awarded full marks for this question. However, weaker candidates wrote a statement about the results but did not offer an appropriate conclusion, therefore did not gain any marks. The best candidates used the data to reinforce their observations.

(a) Give <b>one</b> conclusion that can be drawn from the data in <b>Table 1</b> .	(2)
When the child has been paired with someone	older
to him ther they could some the mathamatical	***************************************
problem even faster as compared to wever the	fice
year old child was pared with the same age group	

This candidate was awarded 2 marks for an accurate conclusion. They have used the information available to them in the table by concluding that depending on the pairing depended on how fast the mathematical problem was solved.

(a) Give one conclusion that can be drawn from the data in Table 1.

(2)

This result shows that five year old children pained with seven year olds have lower means score for time taken to solve the problem, therefore supporting Vigotsky's theory that children learn better with an assistance of more experienced peer or adult.

This candidate was awarded 1 mark as they did not provide an accurate conclusion in their answer.

## **Examiner Tip**

When the question refers to the stimulus material the candidates must ensure their answer includes it.

#### Q02b

#### **Question Introduction**

The candidates were asked to provide a definition of ZPD. A straightforward definition for most candidates however some were misguided in their responses. Of those who failed to score maximum marks for this definition it was due to responses not being developed. Eg "what the maximum work/skill learner can do", rather than elaborating the point to include with help/assistance.

(b) Define what is meant by a zone of proximal development (ZPD).
It is a concept that relates to the dyference between
unal a child can achine independently and what a
shild can achin with quidant and encouragment q
a skilled patrness
This answer was awarded 1 mark for a correct definition.
Q02c
Question Introduction
Many candidates struggled with this question as they were unable to provide a justification for using quantitative data. They understood what quantitative data is, providing a definition rather than a reason why it should be used within psychology.
(c) Justify the use of quantitative data in research.
So it can be compared objectively (without biased interpretation)
This answer was awarded 1 mark as it justifies the use of quantitative data.
(c) Justify the use of quantitative data in research.
The data is much easier to compare and interpret.

This answer did not gain any marks as the candidate does not rationalise the use of quantitative data in research.

# **Examiner Tip**

When the command verb, justify is used in a question the candidates are required to rationalise a decision or action.

# Q02d

#### **Question Introduction**

This question provided a challenge for candidates. Most understood a weakness in general but did not link it to the scenario therefore missed out on the AO2 mark. The justification of the weakness was much better and the candidates could acknowledge why. Several candidates left this answer blank.

(d) Explain one weakness of Anton's investigation.

The results could differ also to individual differences of children, therefore some obles in condition B could be better atmaths than in condition A, thus it is all thint to establish direct link between I and DV so it may wach internal variotity.

(2)

This answer was awarded 2 marks. The candidate identifies the weakness, namely no baseline was taken of the children prior to the investigation and provided an explanation why it was important to take a baseline figure before beginning the investigation.

#### Q03a

#### **Question Introduction**

This question was answered well by the majority of candidates, gaining them one mark. They clearly understood the requirements of the question and knew how to work out the mean percentage score to two decimal places.

### **Examiner Tip**

Ensure candidates are competent in the mathematical skills listed in the IAL Psychology Specification on page 67.

#### Q03b

## **Question Introduction**

In the main, candidates were able to predict the percentage of conservation errors in volume for nine-year-old children as they had worked out the current trend in the data was 19. Therefore, if the percentage of errors for eight-year-olds was 26, then for nine-year-olds it would be 26 - 19 = 7%

# Q03c

### **Question Introduction**

This question was answered successfully by many of the candidates as they were able to identify an appropriate weakness of using a structured observation, with the top candidates explaining why the weakness was a problem. Some candidates simply put terms into their response ie lacks ecological validity without the elaboration of what ecological validity means. This skill could have been applied to 2d in the context of the scenario.

(c) Explain one weakness of using a structured observation.

(2)

The children may be subject to demand characteristics

where they only give answers based on chat they think

Pauld & lawel want to hear in order to flease them. This

means findings may be inaccurate & invalid as more children

may actually be able to conserve in real life than they thought

This candidate was awarded two marks for the identification of the weakness, demand characteristics, followed by the explanation in their final sentence.

(c) Explain <b>one</b> weakness of using a structured observation.  (2)
It is difficult to collect all the data and
keep track of it since there are many children
taking place in the investigation.
This response was not awarded any marks as the candidate did not identify nor explain a weakness of structured observations.
Examiner Tip
Make sure all points are relevant to the question that has been asked, in this case a weakness of using a structured observation.
Q03d
Question Introduction
The majority of candidates were able to answer this question successfully.
(d) Explain <b>one</b> alt <u>ernative research</u> method used in developmental psychology. (2)
Ethnographic peldout observations. Here children are doserved in their natural convircements in order to datain valid convits of their developmental touch levels of development. Ecological validity is therefore increased and
handings can be generalised to all a children with more compiler

This response was awarded 2 marks. The candidate identifies ethnographic fieldwork observations as an alternative research method (AO1), then proceeds to justify their choice by explaining its ecological validity (AO3).

#### Q04

# **Question Introduction**

Very few candidates scored above a level two for this essay, they appeared to struggle with the concepts required in the question. They did not respond in an appropriate manner to the command verb in the question, often providing generic statements which led to limited supporting evidence. Where level 2 answers were seen, the conclusions were superficial although the material they referred to was accurate and relevant.

The study most frequently referred to in this essay is Harlow's. Weaker candidates described the study but were unable to evaluate how it could be used as an explanation of attachment, thereby restricting the candidate to a level 1 mark. Stronger candidates used a number of different studies and tried to make them fit into their evaluation of learning theories with limited success.

### **Examiner's Tip**

If the command verb 'evaluate' is used in a question stem, then the candidate needs to ensure that they review the information that they have been asked to evaluate and then to bring it together by writing a conclusion. Without a conclusion present the candidate will not achieve above level 1 marks. There should be a balance of strengths and weaknesses in the AO3, and that any conclusion of judgement is also balanced.

learning theories state that all behaviour are the cent of learning. The classical conditioning theory states that attachment dossn't involve thinking just responding to a stimulus. This is because food (UCS) + caregiver (NS) leads to pleasure and happiners (UCR), which will then lead to caregiver being the CS. This is supported by Dollards + Hiller's secondary hypothesis which States that primary drives (food) become associated w/ secondary drives (rangiver)-affection. This means that an attachment is formed with the person who feeds the child. The operant conditioning states that attachment is the result of positive and negative reinforcement. For example if baby aies the mother will feed him and therefore he is likely to repost the behaviour (positive reinforcement). This also happens the other way around. Gying is an unpleasant behaviour for the mother is . She will keep keeding the baloy when helshe cries (regative cainforcement). However, this is challenged by Durkin who said that this is challenged by Harlow's monkers as they prefered comfat and softness

(coloth monkey) rather than food (wice nonkey Therefore, leasning theories overestimate the eff of Good on attachment and ie loose validity Furthermore, the SLT theay states that attachment is learnt through association imitation and modelling Eq. if a child seas their parents hugging and feel happy, the infant will repeat this behaviour to also be hoppy (vicarious reinforcement) and is they will start to be affectionale and an attachment will develop. This means that Learning theories are extremely useful for expractical polication as maybe we can teach parents how to be better so attachments are improved. This is supported by O'connor who found that an increase in praise und a reduce in hostility led to an improvement in the sensitiveness of parents n conclusion, learning theories offras an explanation of attachment are not valid as they don't explain the intensity of looks affection in an attachment (Durkin) and are highly challenged by Bourlby. This is because he said that attachment was innate (no learning) and that it aid survival from exposure rather than from stavation, which means that is not all about food (learning theories suggested so) (Total for Question 4 = 8 marks)

This candidate was awarded 6 marks, a level 3 answer. They have demonstrated accurate knowledge and understanding of a number of learning theories, namely, classical conditioning, Harlow, O'Connor and Bowlby as an explanation of attachment. The candidate has constructed a coherent chain of reasoning which leads to a conclusion. They have a grasp of competing arguments, however their evaluation is imbalanced.

#### Q05

#### **Question Introduction**

This question presented a challenge for the candidates as it became very clear from reading through the responses that there was a distinct lack of knowledge and understanding of cross cultural research into the development of children. This is to say the least surprising as the unit specification includes the classic study by Van iJzendoorn and Kroonenberg (1988) and the contemporary study by Casibba et al. (2013). If either or both of these had been studied to some depth the weaker candidates would have been able to gain more marks on this question. There were limited attempts made by candidates to gain the full marks on offer, as they provided limited responses.

Stronger candidates used the strange situation experiment and provided detailed elaboration of how it can be used to test the cultural basis for attachment. Weaker candidates wrote generically of the way different countries throughout the world raised their children and the type of attachment this subsequently led to. Several candidates correctly used the study by Sagi et al. as evidence against the generalisability of cross cultural research into the development of children.

This essay was poorly attempted not because of poor assessment skills, although these were a contributory factor, but more because of lack of basic knowledge of the two main studies on the subject in the unit specification.

This candidate was awarded level 1, 1 mark. They have named a couple of studies, the strange situation and Kroonenberg, and referred to studies in Japan, Germany and Israel which hint at their relevance to the question. However, they are weak and just isolated elements of knowledge.

# Q06a

# **Question Introduction**

Many candidates were able to state what is meant by the term stress but failed to be awarded any marks as they did not apply it to an eyewitness setting by the use of key word such as crime. The scenario in the question was provided to guide them with their answer.

(a) State what is meant by the term stress in relation to eyewitnesses.	(1)
Ryewitnesses experience stess	Lucing the
caine as they are in a sca	
situation and this migh tower	their ability

This answer was awarded 1 mark. The candidate has linked their response to stress and eyewitnesses which is what they were required to do by the command verb and the question.

# **Examiner Tip**

Candidates need to read the questions carefully and ensure that they answer them in full and not in part.

#### Q06b

# **Question Introduction**

This question was answered well by the majority of candidates as they used the scenario at the beginning of the question to help them. Weaker candidates failed to contextualise their answers to eyewitness reliability therefore lost marks due to generic responses.

(b) Give <b>one</b> reason why the stress experienced by eyewitnesses affects the reliability of their recall.	
(1	)
When the eyewithess is too aroused during an	.,,,
incident, he is not able to socios on the situation of	is he
is in panic. For instance, weapon fows effect show	s, Hid
is in pawic. For instance, weapon focus effect showing we see something we can be narmed by we can sometimed by we can sometimed by we have	)

One mark was awarded to this candidate for their answer. The candidate has contextualised their answer by making the link between the stress experienced by an eyewitness, in this case that caused by a weapon and the fact that because of this they are unable to focus on the face of perpetrator committing the crime.

#### **Examiner Tip**

Practise reading questions and highlighting key words that may provide a link to the answer, using the scenario when present.

#### Q07a

#### **Question Introduction**

This question was answered well by a large number of the candidates, gaining them one mark. They clearly understood the requirements of the question and knew how to work out the range.

## **Examiner Tip**

Ensure candidates are competent in the mathematical skills listed in the IAL Psychology Specification on page 67.

#### Q07b

## **Question Introduction**

Many candidates were awarded one mark for their answer to this question as they clearly understood the mathematical term and how to work it out. Weaker candidates left this question blank.

#### Q07c

### **Question Introduction**

Candidates had a mixed rate of success with this question. They were split in terms of those who could use the information provided to them and those who produced generic statements. There was some confusion from candidates about what the data appeared to show as this was not read correctly/accurately.

(c) State two effects of the defendants' race on jury decision making that Remi and Aram may have found in their research.

(2)

1 If the defendant is other vace than our ethnical group we are more keen to convict them and find than gutity, since we do not identify with them thus resulting in for instance lack of empathy.

2 the defendants raish make up often influences the jury's decision due to stere Ohypes created for the particular group, for instance black people are associated with gangs and vio tence, which changes jury's perception

This candidate was awarded 2 marks for their answer. They have linked the effects that they have identified to the scenario, the defendant.

Aram may have found in their research.	
•	(2)
1 My Sand Store Sind Historic Prior and word line	or w
count a Back debugge than other lace.	
	***************************************
	*******************************
2 Block of serdors are more lively to be convic	960) OF
dry related crimes from vident crimes	***********************
,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	

One mark was awarded to this candidate for the first part of their answer. They were awarded no marks for the second part, how do they know black defenders are more likely to be convicted of drug related crimes than violent crimes, this information was not provided in the stimulus material.

# Q07d

# **Question Introduction**

Generally candidates were aware of the ethical issues but struggled to implement them in relation to the scenario. The most common responses were about confidentiality and the right to withdraw, however these needed to be developed in terms of the scenario

(d) Explain <b>two</b> ethical considerations that Remi and Aram may have considered in their research to study the effect of race on jury decision making.
(4)
1 They would have to inform the defendants
and the pry that they are looking
through their case - to follow the ethical
grilleline of informed consent (taking permission)
2 They would also have to make sure
that they keep the defendants and
jurors in the cases they are looking
over private - following the guideline of
Priva cy (Total for Question 7 = 8 marks)
, ,

Two AO2 marks were awarded to this candidate for their response. They have identified an ethical issue from the stimulus material.

# **Examiner Tip**

Make sure enough points are written to access all the available marks.

(d) Explain two ethical considerations that Remi and Aram may have considered in their research to study the effect of race on jury decision making.

(4)

1 They needed to obtain informed consent from all the participants where it the nature of the study and participant's nights would be explained, for instance right to with alraw any time during the study.

2 The participants should be profected from physical and mental harm during the experiment, therefore few and tham should be analy are that the participants are felling good with the research.

(Total for Question 7 = 8 marks)

This candidate did not gain any marks as they have not developed their response in terms of the scenario.

#### Q08a

## **Question Introduction**

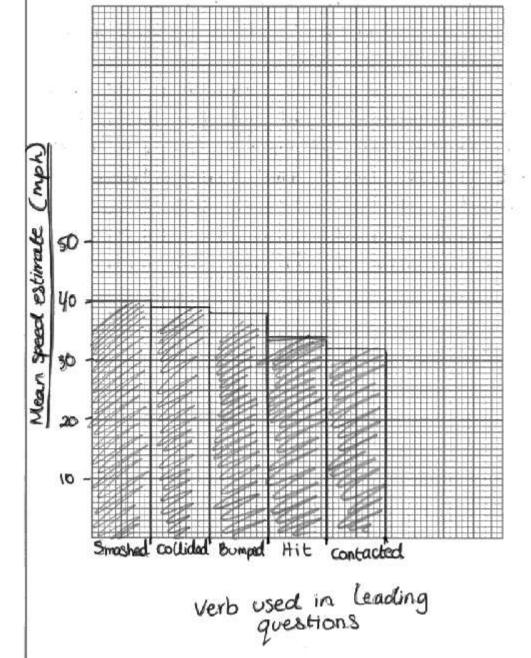
Candidates struggled with drawing a bar chart. More specifically we saw a number of candidates producing a histogram. Candidates lost marks for axis labels being drawn inaccurately as well as the scale of speed and/or an appropriate title.

#### **Examiner tip**

Candidates would benefit from identifying the type of graph they are drawing in addition to fully operationalising their titles. When plotting data candidates must be accurate using the graph paper to ensure they match up the number on the axes to the actual plotted data. In addition, axes should be accurately numbered and labelled.

Title





This response was awarded 2 marks. The candidate has drawn a bar graph and not as requested a bar chart.

# Q08b

# **Question Introduction**

Candidates found it very difficult to gain three marks for this question. Most could apply the data and the AO1 identification point however lost marks for justification and amplification of the research.

(b) Loftus and Palmer (1974) concluded from their data in <b>Table 4</b> that a change of verb in leading questions could affect eyewitness recall of a car accident.	
Explain why Loftus and Palmer (1974) came to this conclusion.	(3)
tor each verb eyewithess migu	A have
had a scema into according to	which
he estimated the speed the	ナルサ
fit into the schema so it was	changel
unconsiderly.	

One mark was awarded for this response, for A03. The candidate explains how the eyewitnesses might have developed a schema for estimating the speed of the vehicles, justifying why it was changed unconsciously.

(b) Loftus and Palmer (1974) concluded from their data in **Table 4** that a change of verb in leading questions could affect eyewitness recall of a car accident.

Explain why Loftus and Palmer (1974) came to this conclusion.

(3)

Fleading questions could change the
memories of the eye withers this is
because the wither can treconstruct it's
menon, changing the image the
event. In loftus and painer we could
see how depending on the verbused
the speed of the car given was different.
The stronger tre veno (smashed) tre
higher the speed given to the car.
The speed of collided was 39 mph and contacted 32 mph. (Total for Question 8 = 6 marks)
(Total for Question 8 = 6 marks)

The candidate was awarded 3 marks for this response, the AO1 is embedded within it.

# Q09

# **Question Introduction**

Penrod and Cutler (1989) is the study cited in the WPS03 specification for factors influencing jury decision-making. It is therefore expected that candidates will be very familiar with this study, however, candidates may use any element of conducted research that is relevant to eyewitness expert testimony. Provided they understand its relevance to the criminological psychology option unit, however, this was not seen to be the case as candidates appeared to struggle with it from the responses seen. In particular, limited understanding was demonstrated by candidates at the lower end of the ability range. Some candidates produced responses that were generic and therefore lost marks as they could be applied to any of the studies covered within this section of work.

Once again as with the previous essay, candidates are not addressing the command verb of the question, in this case 'evaluate'. If they did not include a conclusion in their response, then they could not achieve marks above level 1.

This question proved to be a good differentiator of grades.

# **Examiner Tip**

Candidates should ensure that they are familiar with the studies noted in the WPS03 specification, as questions on evaluating them will appear regularly on future exam papers.

#### Question 09 - comment on example given.

This response gained Level 3 - 5 marks. The candidate is obviously familiar with the Penrod and Cutler study, accurately quoting the number of psychology undergraduate students who took part in it before evaluating the sample. They evaluate the study throughout their response, with a coherent chain of reasoning supported by facts from the study. Their conclusion is imbalanced but worthy of a level 3 mark. However, it should be noted that it is inadvisable to make sweeping statements in a response, for instance, 'students are often lefty and lenient', as this detracts from the candidate's work.

Penrod and Cutler's study is not representative of the whole population as 538 psychology undergraduates were used in the sample This means that it lacks generalibility as students have better memory because they are used to Studying (ie they can remember more accurately What the eye witness says and what the expert testimony says). Furthermore, students are after lefty and lanient so they are likely to given shater sentences than other people. In addition they have a lot of knowledge about psychology so maybe they already know what things can affect ewe witness testimony and that their confidence, isn't completely retiable Therefore we cannot generalise from Penrod and Cutler's. Furthermore it lacks ecological validity as he showed participants videotaped mock trials, which means that it doesn't completely represent a real situation, which means it lacks aedibility as they weren't affected by body languages or other factors that can effect juror-decision making in a real court.

However it provided quantitative data to as
participants only had to show if the trial
resulted in a conviction or not. This means
that it was easy to analyse and and
that the measures are objective, meaning that
Perrod and author's results are valid. (He Found
that when witness identifying conditions were good
and the expect testimony used dascriptive language
more guilty veridicts were given).
Furthermore, the shudy has a lot of internal
validify as the IV and DV were clearly
determined and EV's controlled Therefore the
study shows cause and effect in addition
it is reliable as it can be easily replicated
because of it's very standardised procedure
to complision in conclusion, the study is valid
an it p has a very good practical application
as it shows the importance of the presence of
an expect testimony in order to improve the
sensitiveness of the jury, and is influence
their decision-making in an objective and positive way.
pontive way.
THE RESERVE THE RESERVE THE PARTY OF THE PROPERTY OF THE PARTY OF THE
(Total for Question 9 = 8 marks)

#### Q10

# **Question Introduction**

This is another assess question which presented a challenge for the candidates. Their knowledge and understanding of the role of the media as an influence on anti-social behaviour was lacking. In fact, many students left this response blank or produced a very limited attempt for a key theory on the specification. Very few candidates got above a level 1 for this essay as they were unable to offer a judgement.

Most candidates understood what social learning theory is but were unable to make the link to anti-social behaviour. There were a small minority of candidates who produced a response that was common sense rather than psychological in its design.

#### **Examiner tip**

Assess questions require the candidate to make a judgement, ensure they know how to do this.

# Question 10 - comment on example given.

The candidate was awarded a level 3, 5 marks. They have explained social learning theory, supporting this with Bandura's study of aggression using the BoBo doll. They further support their argument with Anderson and Dil's study into the reaction of children following the playing of a violent video game. Then as a coherent chain of reasoning the candidate discusses the Charlton et al. study, citing upbringing and manners as more influential on antisocial behaviour. At the end of their essay they make a judgement.

The media can influence antisocial behaviour through vident and aggressive lideo games and movies. Anderson and Dil did a study to test the reactions of children after they played a violent video game. They Found that the aggressive video game caused them 6 be more violent than those who were playing the non violent game Digain this shows that the media can really influence antisocial behaviour Firthermore, a real life example is of Samie Bulger who was britally murdered by two boys who were initiating scenes from the movie childsplay. This suggests that movies can also have an impact on children behaviour. However, not all children who watch violent movies get influenced that easily by the media. Charlton et al proved this introducing a TV to a town in which they were not esposed to one. He found that even though children were natching violent vide games they did not imitate it. This (Total for Question 10 = 8 marks) May be TOTAL FOR SECTION B OP because of Eight Controls

# **Section B – Option 2; Health Psychology**

#### Q011a

# **Question Introduction**

Most candidates were able to identify an appropriate answer to this question.

(a) State what is meant by the term life event in relation to Malcom.	(1)
A dramatic change in life style such as Malcon	losing
his job.	
2	

One mark was awarded to the candidate for this answer. They have used the scenario to identify a life event that has happened to Malcolm and used it to define life event.

#### Q011b

# **Question Introduction**

There were a small number of candidates who could not identify a suitable response.

(b) State one other life event that Malcolm may experience in the future.	
	(1)
Death of a spouse. Malcoh may marry	hs
gerlfrend and then have to reggest sign of	coutly
if she were to die	9

The candidate was awarded one mark for this response. They have understood the term life event and using the scenario predicted what Malcolm may experience in his future.

# **Examiner tip**

Care should be taken by candidates to think about the nature of the question and link it to the stem to prevent their answer being identified as generic.

# Q012a

#### **Question Introduction**

This question was answered well by many of the candidates, gaining them one mark. They clearly understood the requirements of the question and knew how to work out the range.

# **Examiner Tip**

Ensure candidates are competent in the mathematical skills listed in the IAL Psychology Specification on page 67.

#### Q012b

# **Question Introduction**

In the main candidates were awarded one mark for their answer to this question as they clearly understood the mathematical term modal and how to work it out. Weaker candidates left this question blank.

# Q012c

# **Question Introduction**

Candidates who prepared for this option struggled to respond in the nature that the question required, many not using the information provided and observing the trends shown for them.

(c) State <b>two</b> effects of social support that Andrew and Samira may have found their research.	in
	(2)
1 An increased sense of self with - they may find	that people
who see themselves as being whiled by friends & good	
around will decrease their stress.	
2 Increased sense of security - Andrew may hard that	people who
have prends to support them with guidance & reduce	1 1
they need it buffers the effects of stress.	

This response was awarded two marks. The candidate clearly understands social support and have in their answer been able to link it to the stimulus material.

#### Q012d

# **Question Introduction**

Candidates often just managed to think of one ethical consideration of this data and therefore ignored the general points that the question required. They need to be able to link the scenario in with their response in order to gain the full marks.

	(d) Explain two ethical considerations that Andrew and Samira may have considered in their research to study the effect of religion as a source of social support.
	(4)
1 .	Andrew & samira must be sure to provide same sort of
	compensation to the porticipants for going up their fine to answer
	the questionnaires
	*
2 .	At the end of the questionance the puricipants must
	be fully debriefed on the propose of the study &
	Lot they will use the results to represent Participants
	one gives the right to withdraw their data if they wish.

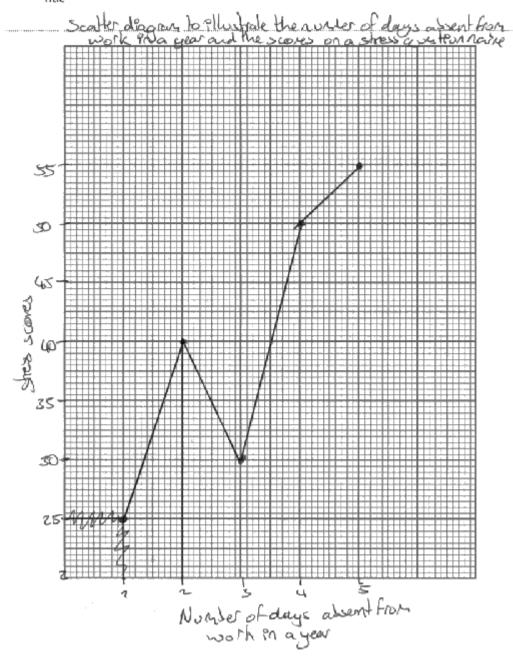
This response was awarded one mark for their A03 statement which is found in the last sentence of their second ethical consideration.

# Q013a

#### **Question Introduction**

The candidates struggled with a scatter diagram. Bar charts, line graphs were all chosen to represent the data. The scales of measurements need to be increased in order to go beyond the number of days featured to demonstrate understanding that there are trends that could go beyond the data displayed. Labelling axis continues to be an issue for some candidates and therefore will lead to loss of marks.





This candidate was awarded two marks, one mark for the title and one mark for the axis.

# **Examiner Tip**

Where there are trends that could go beyond the data displayed then the scales of measurements need to be increased.

# Q013b

# **Question Introduction**

Candidates were accurate at identifying and applying their knowledge of the data however some struggled in terms of justification of their knowledge.

Explain why Andrew and Samira came to this conclusion. Andrew and Samura Saw What	(3)
There is a positive correlation between stress s	cores
and number of days absent from work, indic	cahing
that there is a relationship as having a high sh	
score means you have high cornisol levels. Wh	ich can
lead to immunosuppression according to the ex	rhaus-
tion stage of Selye's (GAS) stages. When you of	per
sick you have to take days of work.	1

This candidate was awarded three marks for their accurate response which they have justified.

#### **Q14**

# **Question Introduction**

This essay question was poorly answered by a number of candidates. They appeared to be unsure about CBT as a strategy for anxiety disorders and were therefore unable to evaluate it as a treatment. It was noted that much of the information seen in the essays was common sense and did not answer the demands of the evaluate question. Evidence was however hard to find in some responses, with candidates unable to elaborate on their psychological knowledge. Those candidates who provided a comparison and or conclusions throughout their essay were awarded marks in level 3.

### Question 14 - comment on example given.

The candidate was awarded a level 1, 2 marks. They have explained Cognitive Behavioural Therapy (CBT) in their first paragraph. They then describe SIT which is not required and does not support their evaluation of CBT and its treatment for anxiety disorders. In their third paragraph, they discuss the strength of CBT as a treatment for anxiety disorders. They provide a conclusion in their final paragraph, however, it is generic and the supporting evidence that it refers to is limited.

Cognitive tahavioral Broopy (CBT) is a treatment for orxicly disorder that focuses on the patterts proception of a situation rather than the situation tested. It stakes that one must change their thought processes in order to enterperet situations in ways that make then less stressed. One type of CBT is SIT which consists of 3 steps.

The first includes getting to know your one's thought as revisiting memories of anxiety includes getting when well as revisiting memories of anxiety including wheatons to analyze regalive thought processes. The second step includes learning relaxation techniques and mays to challenge negative thinking. The third step consists of applying the skills learn to real life situations and staying in contact with the theory is to a case the anxiety returns.

Adags et at Nakons and Shirk conducted a study on patients with general anticky disorder (GAD), to find out if CBT or another therapy ACT, was more effective. They found that both treatments were equally effective, however, patients to the CBT condition continued to improve post-therapy whereas patients from the ACT condition only nationarised their gains from the treatment.

This suggests that CBT is a more effective treatment for anxiety disorders, however, as it is more of

a long term solution, trouver CST
CBT is also a better solution than medication-based treatments as it lacks side effects that SSRIs and SNRIs both have. It also promotes independence rather than medication which a patient curativally seconds reliant on, for example SSRI's create depending on there as a source of sectorin.
In conclusion, CBT is an effective treatment for anich disorders as it has less side effects than medical treatments and does not promote allow dependency. CBT is also a more long for solution than ACT.
(Total for Question 14 = 8 marks)

## Question 15

# **Question Introduction**

Nakonz and Shik (2009) is the contemporary study cited in the WPS03 health specification for religious coping strategies by Philippine migrant workers in Hong Kong. It is therefore expected that candidates will be very familiar with this study and understand its relevance to the health psychology option unit, however, this was not seen to be the case as candidates appeared to struggle with it from the responses seen.

This study lacked detail from a number of candidates, in particular, limited understanding was demonstrated by candidates at the lower end of the ability range, with some confused as to the nature of the study. These candidates produced evaluations that were inaccurate in the context of the research.

Once again as with the previous essay, candidates are not addressing the command verb of the question, in this case 'evaluate'. If they did not include a conclusion in their response, then they could not achieve marks above level 1.

This question proved to be a good differentiator of grades.

# **Examiner Tip**

Candidates should ensure that they are familiar with the studies noted in the WPS03 specification, as questions on evaluating them will appear regularly on future exam papers.

In the study tody the arm was to investigate "Kelgows coping stritugies among migrount Filipinos watering in thing Kong - the pair manted to see if the streets from inquating to a different country to water would result in an increased need for religion as a copyrig Asstragy Makonz, under guise of a student witing a research puper, interviewed 20 Filippose women aged 20-40. He asked them don't their payment, lung conditions and the ide of their religion. He also used other athrographic heldren techniques such as dosening the namens andy services and taking held notes. He found that most women were under intense stress from their situations - payment was good but their living I writing conditions were described as mental totale However, he dosened that religion played a key ide is helping these vanes age with the stress. The same women used edigion be emotion-focused coping - using It as a distraction & compet while others was it as a way to problem-salve. By young their comes to God & fristing that he had a plan. Neckanz discovered that there women seemed to be simultaneously acompared by these coping medianisms which supports the idea that stress reduction is embedded in how you choose to cope with it, or how you percome at

To rushed this study we see that postly lectors
used a very small sunfle size of exclusively female, Filipino
participants. This lowers the population validity as it does
not necessary reflect how coping mechanisms would work
pur people of other other cities - t's mepresentative &
thus cannot be generalised to everyone.
therever because Naturz used ethnographic peldnot
techniques he was able to gather lots of detailed &
in-depth information about the name of their experiences.
this gives the study a high Ecological solidity as it is
more true to like - it wasn't withink in any way.
W. THEORETICA THE CHICAGONA CHICAGON
HI HIII 1
ON THE MINES AND MAINTENED THE REPORTED THE WORLD DESCRIPTION OF THE PROPERTY
(Total for Question 15 = 8 marks)

This candidate response was awarded level 1, 2 marks. They have some knowledge and understanding of the Nakonz and Shik study as they provide detail of it, which if they had then evaluated what they had written and provided a conclusion would have placed them in level 2 at least. Their evaluation is found on page 2 of their response, which appears to be a limited attempt at addressing the question using ecological validity, generalisability and population validity. Their conclusion is found at the bottom of page one of the response, it is generic and the supporting evidence limited.