General Certificate of Education January 2007 Advanced Subsidiary Examination

# PSYCHOLOGY (SPECIFICATION A) Unit 2 Physiological Psychology and Individual Differences

PYA2



Thursday 11 January 2007 9.00 am to 10.00 am

For this paper you must have:

• an 8-page answer book.

Time allowed: 1 hour

## Instructions

- Use blue or black ink or ball-point pen.
- Write the information required on the front of your answer book. The *Examining Body* for this paper is AQA. The *Paper Reference* is PYA2.
- In Section A, answer one question. You should attempt all parts of the question you choose.
- In Section B, answer one question. You should attempt all parts of the question you choose.
- Where the term **research** appears in a question, you may refer to theories and/or studies as appropriate.
- Do all rough work in the answer book. Cross through any work you do not want to be marked.

# Information

- The maximum mark for this paper is 62. Two of these marks will be awarded for using good English, organising information clearly and using specialist vocabulary where appropriate.
- The marks for questions are shown in brackets.

6/6/6

#### 2

## SECTION A: PHYSIOLOGICAL PSYCHOLOGY

Answer one question from this section. You should attempt all parts of the question you choose.

Where the term research appears in a question, you may refer to theories and/or studies as appropriate.

#### Total for this question: 30 marks

- 1 (a) Outline findings of research into the effects of stress on the immune system. (6 marks)
  - (b) Outline the role of personality in modifying the effects of stressors. (6 marks)
  - (c) 'Drugs and biofeedback are two ways of helping people who suffer from stress.'Outline and evaluate **one or more** physiological approaches to managing stress.

(18 marks)

#### Total for this question: 30 marks

2	(a)	(i)	Outline <b>one</b> psychological method of managing stress.	(3 marks)
		(ii)	Outline <b>one</b> limitation of this method.	(3 marks)
	(b)	Desc	cribe the procedures and findings of <b>one</b> study of the workplace as a source	of stress. (6 marks)
	(c)	Disc	uss research into the relationship between stress and cardiovascular disorde	rs.

(18 marks)

## SECTION B: INDIVIDUAL DIFFERENCES

Answer one question from this section. You should attempt all parts of the question you choose.

Where the term research appears in a question, you may refer to theories and/or studies as appropriate.

#### Total for this question: 30 marks

3	(a)	Outline clinical characteristics of anorexia nervosa.(6 marks)
	(b)	(i) Explain the <i>statistical infrequency</i> definition of abnormality. (3 marks)
		(ii) Outline <b>one</b> limitation of this definition of abnormality. (3 marks)
	(c)	'The behavioural model assumes that abnormal behaviour is the result of learning.'
		Outline and evaluate the behavioural model of abnormality. (18 marks)
		Total for this question: 30 marks
4	(a)	Outline <b>one or more</b> assumptions of the biological model of abnormality. (6 marks)
	(b)	(i) Abnormality can be defined as <i>deviation from ideal mental health</i> . Explain this definition of abnormality. (3 marks)

(ii) Outline **one** limitation of this definition of abnormality. (3 marks)

(c) 'The media often portray people, particularly women, as unrealistically slim and beautiful. These images may play a role in eating disorders.'

Outline and evaluate psychological explanations of anorexia nervosa **and/or** bulimia nervosa. *(18 marks)* 

# END OF QUESTIONS

# There are no questions printed on this page