

## General Certificate of Education

# Psychology 5181/6181 Specification A

Unit 1 PYA2

## Mark Scheme

## 2005 examination - June series

Mark schemes are prepared by the Principal Examiner and considered, together with the relevant questions, by a panel of subject teachers. This mark scheme includes any amendments made at the standardisation meeting attended by all examiners and is the scheme which was used by them in this examination. The standardisation meeting ensures that the mark scheme covers the candidates' responses to questions and that every examiner understands and applies it in the same correct way. As preparation for the standardisation meeting each examiner analyses a number of candidates' scripts: alternative answers not already covered by the mark scheme are discussed at the meeting and legislated for. If, after this meeting, examiners encounter unusual answers which have not been discussed at the meeting they are required to refer these to the Principal Examiner.

It must be stressed that a mark scheme is a working document, in many cases further developed and expanded on the basis of candidates' reactions to a particular paper. Assumptions about future mark schemes on the basis of one year's document should be avoided; whilst the guiding principles of assessment remain constant, details will change, depending on the content of a particular examination paper.

## PYA2

## UNIT 2 (PYA2) QUALITY OF WRITTEN COMMUNICATION (QoWC)

2 marks	The work is characterised by <b>clear</b> expression of ideas, a <b>good</b> range of specialist	
	terms and <b>only few errors</b> in grammar, punctuation and spelling that detract from	
	the clarity of the material.	
1 mark	The work is characterised by <b>reasonable</b> expression of ideas, the use of <b>som</b>	
	specialist terms and errors of grammar, punctuation and spelling that detract from	
	the clarity of the material.	
0 marks	The work is characterised by <b>poor</b> expression of ideas, <b>limited</b> use of specialist	
	terms, errors and poor grammar, punctuation and spelling and legibility which	
	obscures the clarity of the material.	

#### ASSESSMENT OBJECTIVES ONE AND TWO

AO1	Assessment objective one = knowledge and <i>understanding</i> of psychological theories, terminology, concepts, studies and methods and communication of knowledge and understanding of psychology in a clear and effective manner.
AO2	Assessment objective two = analysis and <i>evaluation</i> of psychological theories, concepts, studies and methods and communication of knowledge and understanding of psychology in a clear and effective manner.

#### PHYSIOLOGICAL PSYCHOLOGY

1 Total for this question: 30 marks

(a)	(i)	Outline the General Adaptation Syndrome.	(3 marks)
	(ii)	Give <b>one</b> criticism of the General Adaptation Syndrome.	(3 marks)

#### Marking criteria

This is a straightforward question where answers vary in detail and accuracy. Only 3 marks are available for the outline of the General Adaptation Syndrome (GAS), so depth of description is not required for marks in the top band; correct listing of the stages and outline of a single characteristic of each stage could merit 3 marks if accurate.

Criticisms can be positive or negative. On the positive side the GAS was the first systematic attempt to model the physiological effects of stress. On the negative side the early basic work used non-human animals, and the model has always underplayed the role of psychological factors in the stress response. Contemporary research also suggests that the model is incorrect in some aspects, such as the causes of stress-related illness in the exhaustion stage; this is now thought not to be due to 'hormonal exhaustion', but to active pathological processes.

#### Marking allocation

For the outline of the GAS:

3 marks	Outline of the GAS is <b>accurate</b> and <b>detailed</b> . For example, the candidate has listed the stages in the correct order and provided an outline of a characteristic of each
	stage.
2 marks	Outline of the GAS is <b>limited.</b> It is <b>generally accurate but less detailed.</b> For example, the candidate has listed the stages in the correct order, but provided an outline of a characteristic of only one or two stages.
1 mark	Outline of the GAS is <b>basic</b> , <b>lacking detail</b> and may be <b>muddled and/or flawed</b> . For example, the candidate may offer only a basic listing of the stages with no detail.
	Outline of the GAS is <b>inappropriate</b> (for example, the candidate may not mention
0 marks	Selye or the GAS) or the description is <b>incorrect.</b>

#### For one criticism:

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3 marks	Statement of one criticism is <b>accurate</b> and <b>detailed</b> . For example, the candidate has outlined and explained clearly the limitation of using non-human animals to develop the model.
2 marks	Statement of one criticism is <b>limited.</b> It is <b>generally accurate but less detailed</b> . For example, the candidate refers to the use of non-human animals in developing the model and gives only a brief explanation of why this is a criticism.
1 mark	Statement of one criticism is <b>basic</b> , <b>lacking detail</b> and may be <b>muddled and/or flawed</b> . For example, the candidate refers to the use of non-human animals but without explaining why it is a limitation.
0 marks	Statement of one criticism is <b>inappropriate</b> or the description is <b>incorrect.</b>

(b) Outline findings **and/or** conclusions of research into life changes as a source of stress (e.g. Holmes and Rahe). (6 marks)

#### Marking criteria

Candidates are likely to focus on the work of Holmes and Rahe and their development and use of the Social Readjustment Rating Scale (or, simply, the life events/changes scale). Findings and/or conclusions could cover their original work in developing the scale, or later studies applying the scale to e.g. naval personnel, and correlating life change scores with subsequent illness. General statements on the link between life changes and illness are technically related to findings and so creditworthy, but are likely to be basic and lacking detail and so restricted to 1-2 marks. Evaluation of Holmes and Rahe's development work and/or studies is not required and would not earn marks. Some candidates may introduce the hassles and/or uplift scales. These are not life changes scales and such material should not receive credit.

#### Marking allocation

	Outline of findings and/or conclusions of research into life changes as a source of
6-5 marks	stress is both accurate and detailed. For example, the candidate has offered a
	detailed account of the development of the life events/changes scale and
	findings/conclusions from its use in research studies.
	Outline of findings and/or conclusions of research into life changes as a source of
4-3 marks	stress is limited. It is generally accurate but less detailed. For example the
	candidate has offered a less detailed account of the development of the life
	events/changes scale and/or findings/conclusions from its use in research studies.
	Outline of findings and/or conclusions of research into life changes as a source of
2-1 marks	stress is basic, lacking detail, and may be muddled and/or flawed. For instance,
	the candidate has only described the life events/changes scale.
	The description of findings and/or conclusions is <b>inappropriate</b> (for example, the
0 marks	candidate has outlined findings/conclusions from studies not concerned with life
	events/changes) or the description is <b>incorrect.</b>

(c) Outline and evaluate research (theories **and/or** studies) into the way personality **and/or** gender modify the effects of stressors. (18 marks)

#### Marking criteria

**AO1** marks for this question are awarded for the outline of theories and/or studies relating to the role of personality and/or gender in modifying the effects of stressors. **AO2** marks are awarded for the evaluation of this research.

It is likely that candidates take the opportunity to cover both personality and gender as this provides a wider range of material. However marking should be sensitive to breadth/depth trade-offs as it would be possible to produce a top band answer concentrating only on, for instance, personality.

As the term research covers both theory and studies, descriptions of Type A behaviour patterns and the hardy personality, as well as research findings from studies, would be creditworthy. Candidates are likely to focus on studies of Type A behaviour patterns and heart disease. With gender, studies of differences in physiological reactivity and in use of different coping strategies are likely to feature heavily.

Evaluation can be at the level of general commentary or evaluation of particular studies. With personality general comments may relate to the inconsistency of findings on Type A behaviour and heart disease or how the Type A pattern may include protective factors (high levels of control) as well as vulnerability factors. For gender there may be more anecdotal answers on the nature of sex roles, multi-tasking etc. Such material cannot be credited unless it is psychologically informed.

Candidates may introduce further theories/studies as a form of commentary/evaluation, for instance cultural aspects of gender roles. The degree to which candidates use this material as part of a critical commentary, rather than simply describing alternatives, will constitute the effectiveness of the evaluation and hence the number of marks awarded for AO2.

### Marking allocations

6-5 marks	Outline of research into the way personality and/or gender modify the effects of	
	stressors is both <b>accurate</b> and <b>detailed</b> . For example, the candidate has outlined the	
	Type A behaviour pattern and the hardy personality and summarised some findings	
	from research studies.	
4-3 marks	Outline of research into the way personality and/or gender modify the effects of	
	stressors is <b>limited</b> . It is <b>generally accurate</b> but <b>less detailed</b> . For example, the	
	candidate has outlined the Type A behaviour pattern and summarised findings of a	
	relevant research study.	
2-1 marks	Outline of research into the way personality and/or gender modify the effects of	
	stressors is basic, lacking detail, and may be muddled and/or flawed. For example,	
	the candidate has provided only a muddled account of the Type A behaviour pattern	
	with no reference to research studies.	
0 marks	Outline of research into the way personality and/or gender modify the effects of	
	stressors is inappropriate or incorrect.	

AUZ		
12-11 marks	There is an <b>informed commentary</b> on research into the way personality and/or	
	gender, modify the effects of stressors, and reasonably thorough analysis of the	
	relevant research. Material has been used in an effective manner, within the time	
	constraints of answering this part of the question.	
10-9 marks	There is a <b>reasonable commentary</b> on research into the way personality and/or	
	gender, modify the effects of stressors, and slightly limited analysis of the relevant	
	research. Material has been used in an <b>effective</b> manner.	
8-7 marks	There is a reasonable commentary on research into the way personality and/or	
	gender, modify the effects of stressors, but <b>limited analysis</b> of the relevant research.	
	Material has been used in a <b>reasonably effective</b> manner.	
6-5 marks	There is a basic commentary on research into the way personality and/or gender,	
	modify the effects of stressors, with <b>limited analysis</b> of the relevant research.	
	Material has been used in a <b>reasonably effective</b> manner.	
4-3 marks	There is <b>superficial commentary</b> on research into the way personality and/or gender,	
	modify the effects of stressors, and <b>rudimentary analysis</b> of the relevant research.	
	There is <b>minimal interpretation</b> of the material used.	
2-1 marks	Commentary on research into the way personality and/or gender modify the effects of	
	stressors is <b>just discernible</b> (for example, through appropriate selection of material).	
	Analysis of the relevant research is <b>weak and muddled</b> . The answer may be <b>mainly</b>	
	<b>irrelevant</b> to the problem it addresses.	
0 marks	Commentary on research into the way personality and/or gender modify the effects of	
	stressors is <b>absent</b> or <b>wholly irrelevant</b> to the problem it addresses.	

Total for this question: (30 marks)

(a) Outline findings **and/or** conclusions of research into workplace stressors.

(6 marks)

#### Marking criteria

There are a large number of workplace stressors, including responsibility (or lack of), control (or lack of), relationships, the physical work environment, home-work interface etc. Candidates may focus on findings/conclusions from a single study in detail (e.g. Johansson et al, Marmot), or present findings/conclusions from a number of studies. Either approach is acceptable.

This is an area where some centres use material on environmental stressors such as crowding, noise and temperature. Unless this material is explicitly linked to the workplace it cannot receive credit. Similarly with work on the role of control in stress.

#### **Marking allocations**

	Outline of findings and/or conclusions of research into workplace stressors is
6-5 marks	<b>accurate and detailed.</b> For example, the candidate may offer a detailed and accurate
	account of the findings/conclusions of Johansson's study, or present
	findings/conclusions from more than one study in less detail.
	Outline of findings and/or conclusions of research into workplace stressors is <b>limited</b> .
4-3 marks	It is <b>generally accurate but less detailed</b> . For example, the candidate may offer a
	less detailed but generally accurate account of the findings/conclusions of
	Johansson's study, or summary findings/conclusions from more than one study.
	Outline of findings and/or conclusions of research into workplace stressors is basic,
2-1 mark	lacking detail and may be muddled and/or flawed. For example, the candidate may
	present only a basic account of the findings/conclusions of Johansson's study, or a
	muddled account of findings/conclusions from more than one study.
	Outline of findings and/or conclusions of research into workplace stressors is
0 marks	inappropriate (for example, the candidate has offered material unrelated to
	workplace stressors) or the description is <b>incorrect</b> .

(b) Describe the findings and conclusions of **one** study of the relationship between stress and physical illness. (6 marks)

#### Marking criteria

In the Specification 'physical illness' includes both cardiovascular disorders and effects of stress on the immune system, but could refer to the whole range of physical illnesses related to stress. Candidates therefore have a wide choice. This is one case where Brady's monkeys would be creditable, although Rosenman's Western Collaborative study on Type A behaviour and heart disease and the work of Cohen et al and Kiecolt-Glaser's group on the immune system are likely to be more popular. Findings and conclusions are specified in the question, although aspects of procedure may in some cases inform conclusions (e.g. measuring immune function rather than illness *per se* restricts conclusions of Kiecolt-Glaser's research). If such links are not explicit, description of aims and/or procedures cannot receive credit. Note that description of findings and conclusions need not be perfectly balanced for marks in the top band.

#### Marking allocation

	The description of findings and conclusions of one study is both accurate and
6-5 marks	detailed. For example, the candidate has accurately described the rates of heart
	disease in the different groups in Rosenman's study and drawn the appropriate
	conclusions.
	The description of findings and conclusions of one study is <b>limited</b> . It is <b>generally</b>
4-3 marks	accurate but less detailed. Alternatively, description of either the findings or the
	conclusions is accurate and well-detailed.
	The description of findings and conclusions of one study is basic, lacking detail, and
2-1 marks	may be <b>muddled and/or flawed</b> . Alternatively, description of <i>either</i> the findings <i>or</i>
	the conclusions is <b>generally accurate</b> but <b>less detailed</b> .
	The description of findings and conclusion of one study is inappropriate (for
0 marks	example, the candidate has referred to aims and procedures) or the description is
	incorrect.

(c) Outline and evaluate **one or more** psychological methods of stress management (e.g. stress-inoculation training, increasing hardiness). (18 marks)

#### Marking criteria

**AO1** marks on this question are assessed on the outlines of one or more psychological methods of stress management. **AO2** marks are available for evaluation of one or more methods.

There are many methods of stress management and each has its strengths and weaknesses, especially in relation to aims, practicality and effectiveness. The question does not ask for explicit *comparison* of methods and this is not necessary for marks in the top bands. The question does require commentary on the method(s), and this could include some overall assessment of the balance between strengths and weaknesses for the higher bands. Higher level comments on the range of methods available are again not required, but would receive credit as part of informed general commentary on strengths and weaknesses in this area. If more than one method is addressed there is likely to be a breadth/depth trade-off, especially in **AO1**.

A common problem, even when clear guidance is provided in the question, is deciding what constitutes 'psychological'. As even biofeedback involves self-monitoring, imagery, and relaxation techniques, only the use of drugs can be immediately disallowed. However, if a candidate chooses a method that can be categorised as either physical or psychological, there must be some reference to the psychological aspects for credit to be given.

There is no partial performance penalty for AO1 on this question, as one or more methods are asked for. Although for high **AO2** marks strengths and weaknesses may well be considered, the term used in the question is 'evaluation', so there is no formal partial performance penalty if only strengths *or* weaknesses are covered.

Candidates may introduce further methods of stress management as a form of commentary/evaluation. The degree to which candidates use this material as part of a critical commentary, rather than simply *describing* alternatives, will constitute the *effectiveness* of the evaluation and hence the number of marks awarded for **AO2**.

#### Marking allocations

6-5 marks	The outline of one or more psychological methods of stress management is <b>both</b>		
	accurate and detailed. For example, the candidate provides an accurate and detailed		
	account of hardiness training, or a less detailed account of that and stress inoculation		
	training.		
4-3 marks	The outline of one or more psychological methods of stress management is <b>limited</b> .		
	It is <b>generally accurate but less detailed</b> . For example, the candidate provides an		
	accurate but less detailed account of one method or basic accounts of two.		
2-1 marks	The outline of one or more psychological methods of stress management is basic,		
	lacking detail, and may be muddled and/or flawed. For example, the candidate may		
	provide only a muddled account of hardiness training or stress inoculation training.		
0 marks	The outline of one or more psychological methods of stress management is		
	inappropriate or incorrect.		

AUZ			
12-11 marks	There is an <b>informed</b> commentary on one or more psychological methods of stress		
	management and reasonably thorough analysis of the relevant psychological		
	research. Material has been used in an <b>effective</b> manner, within the time constraints		
	of answering this part of the question.		
10-9 marks	There is a <b>reasonable</b> commentary on one or more psychological methods of stress		
	management and slightly limited analysis of the relevant psychological research.		
	Material has been used in an <b>effective</b> manner.		
8-7 marks	There is a <b>reasonable</b> commentary on one or more psychological methods of stress		
	management and <b>limited analysis</b> of the relevant psychological research. Material		
	has been used in a <b>reasonably effective</b> manner.		
6-5 marks	There is a <b>basic</b> commentary on one or more psychological methods of stress		
	management with <b>limited analysis</b> of the relevant psychological research. Material		
	has been used in a <b>reasonably effective</b> manner.		
4-3 marks	There is <b>superficial</b> commentary on one or more psychological methods of stress		
	management and rudimentary analysis of the relevant psychological research.		
	There is <b>minimal interpretation</b> of the material used.		
2-1 marks	Commentary on one or more psychological methods of stress management is just		
	<b>discernible</b> (for example, through appropriate selection of material). Analysis is		
	weak and muddled. The answer may be mainly irrelevant to the problem it		
	addresses.		
0 marks	Commentary on one or more psychological methods of stress management is <b>wholly</b>		
o manag	irrelevant to the problem it addresses.		
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#### INDIVIDUAL DIFFERENCES

Total for this question: 30 marks

- (a) (i) Outline the "failure to function adequately" definition of abnormality. (3 marks)
  - (ii) Outline **one** limitation of the "failure to function adequately" definition of abnormality.

#### Marking criteria

The core of this definition is that psychological disorder interferes with normal behaviour and/or introduces periods of e.g. irrationality and unpredictability, and in general effects the ability of people to function adequately in society (e.g. maintaining jobs and relationships). Often the person concerned is the first to be aware of the problem, although this is not a necessary part of the definition. Some of Rosenhan and Seligman's features of abnormality would be an effective way of illustrating the definition (suffering, maladaptiveness, unconventionality, as well as irrationality and unpredictability). The Global Assessment of Functioning axis of DSM-IV is also directly linked to social functioning and would be another effective approach.

Limitations of the definition include the subjective qualitative judgements that may have to be made – who decides the threshold for a failure to function adequately? – particularly in cases such as psychosis where the person themselves may not be aware of any problem. Candidates may refer to cultural relativism, but would have to be specific on how it related to failure to function adequately, as in theory this definition could be applied equally to any society. They could make the point that e.g. extended periods of grief after bereavement or unconventionality are more acceptable in some cultures and subcultures than in others.

#### Marking allocations

For outline definition:

	Outline of the failure to function adequately definition of abnormality is accurate an			
3 marks	detailed. For example, the candidate has accurately outlined the definition are			
	provided two or three of Rosenhan and Seligman's features of abnormality.			
	Outline of the failure to function adequately definition of abnormality is <b>limited</b> . It is			
2 marks	generally accurate but less detailed. For example, the candidate has outlined the			
	definition but provided only one of Rosenhan and Seligman's features of abnormality.			
	Outline of the failure to function adequately definition of abnormality is basic, lacking			
1 mark	detail and may be muddled and/or flawed. For example, the candidate may offer			
	only a basic outline of the definition without reference to any specific features.			
	Outline of the failure to function adequately definition is <b>inappropriate</b> (for example,			
0 marks	the candidate outlines another definition) or the description is <b>incorrect</b> .			

#### For one limitation:

	Outline of one limitation is <b>accurate and detailed</b> . For example, the candidate refers to the need for subjective judgements and gives a clear example of why this could be				
3 marks					
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	problematical. Alternatively they may refer to cultural relativism, and provide an				
	example of how this is specifically relevant to this definition.				
	Outline of one limitation is <b>limited</b> . It is <b>generally accurate but less detailed.</b> For				
2 marks	·				
	relativism but provides less specific and relevant examples.				
	Outline of one limitation is basic, lacking detail and may be muddled and/or flawed.				
1 mark	For example, the candidate may offer only a vague and non-specific reference to				
	need for subjective judgements or cultural relativism.				
	Outline of one limitation is <b>inappropriate</b> (for example, the candidate refers to a				
0 marks	limitation of another definition) or the description is <b>incorrect</b> .				

(b) Describe **one or more** assumptions of the behavioural model in relation to the treatment of abnormality. (6 marks)

#### Marking criteria

The behavioural model assumes that abnormal behaviour is learnt through processes such as classical and operant conditioning and social learning (modelling). Assumptions regarding treatment therefore concentrate on replacing faulty learning with new associations. Techniques such as systematic desensitization, aversion therapy, and token economies are designed to extinguish inappropriate responses and reward desirable behaviour.

Candidates may describe treatments. To obtain marks in the top band, treatments must be explicitly linked to assumptions of the model. If there is some implicit linkage a maximum of 4 marks can be awarded, while description of treatments, however accurate and detailed, can receive a maximum of 2 marks if no linkage to assumptions is present. Note that although unlikely, reference to specific treatments is not actually required for marks in the top band.

In the Specification, behavioural approaches are separated from cognitive approaches. Descriptions of cognitive behavioural therapy that concentrate on the cognitive aspects of treatment will therefore not earn marks, although any description of behavioural components would be relevant to this question.

An accurate and detailed answer could be based around a single assumption ('as abnormal behaviour is learnt through conditioning, treatment involves conditioning techniques'), and there are no partial performance penalties for this question.

#### **Marking allocations**

	The description of assumptions of the behavioural model in relation to the treatment of		
6-5 marks	abnormality is both accurate and detailed. For example, the candidate has accurately		
	described treatments and explicitly linked them to learning principles.		
	The description of assumptions of the behavioural model in relation to the treatment of		
4-3 marks	abnormality is <b>limited</b> . It is <b>generally accurate but less detailed</b> . For example, the		
	candidate has accurately described treatments but there is only implicit linkage to		
	learning principles.		
	The description of assumptions of the behavioural model in relation to the treatment of		
2-1 marks	abnormality is basic, lacking detail, and may be muddled and/or flawed. For		
	example, the candidate has described treatments with no linkage to learning principles.		
	The description of assumptions of the behavioural model in relation to the treatment of		
0 marks	abnormality is inappropriate (for example, the candidate has referred to another		
	model of abnormality) or the description is <b>incorrect</b> .		

(c) "Eating disorders may be caused by psychological factors. Examples include exposure to media stereotypes of the ideal body and family problems during development."

Outline and evaluate **one or more** psychological explanations of eating disorders.

(18 marks)

#### Marking criteria

**AO1** credit should be given for the outline of one or more psychological models of eating disorders. **AO2** credit should be given for commentary on the success (or not) of psychological models in explaining eating disorders, for example by using relevant research studies including evaluating such studies, and for general commentary on the problems of explaining eating disorders.

The quote guides the candidate towards specific psychological models of eating disorders, such as behavioural/social learning (peer groups, media influences), psychodynamic (Freud, Bruch etc), and family systems approaches (e.g. Minuchin). Research findings are accessible for media influences but less available for psychodynamic and family systems models, although case studies could be used effectively. **AO2** material can include assessment of the degree of support for models from research findings, and also commentary at the level of models rather than individual studies. This might include, for instance, the problem of testing Freudian approaches, the need to explain the vast number of young females who do not succumb to media stereotypes, the need for any model to explain the gender bias and age of onset of these disorders, or the probability that they are multifactorial disorders.

Candidates may introduce further theories/studies (e.g. biological models) as a form of commentary/evaluation. The degree to which they use this material as part of a critical commentary, rather than simply describing alternatives, will constitute the effectiveness of the evaluation and hence the number of marks awarded for **AO2**.

#### Marking allocations

( =	Description of the common probability of the discourse is held			
6-5 marks	Description of one or more psychological explanations of eating disorders is both			
	accurate and detailed. For example, the candidate has outlined in detail Freudian			
	ideas on the causes of eating disorders, or outlined in less detail that and the possible			
	role of social learning via the media.			
4-3 marks	Description of one or more psychological explanations of eating disorders is <b>limited</b> .			
	It is <b>generally accurate</b> but <b>less detailed</b> . For example, the candidate has provided a			
	less detailed account of Freudian ideas on the causes of eating disorders, or basic			
	accounts of two explanations.			
2-1 marks	Description of one or more psychological explanations of eating disorders is basic,			
	lacking detail, and may be muddled and/or flawed. For example, the candidate has			
	provided only a muddled and basic account of Freudian ideas or of the role of the			
	media.			
0 marks	Description of one or more psychological explanations of eating disorders is			
	<b>inappropriate</b> (for instance the research relates to biological models) <b>or incorrect</b> .			

AUZ					
12-11 marks	There is an <b>informed commentary</b> on one or more psychological explanations of				
	eating disorders, and reasonably thorough analysis of the relevant research.				
	Material has been used in an effective manner, within the time constraints of				
	answering this part of the question.				
10-9 marks	There is a <b>reasonable commentary</b> on one or more psychological explanations of				
	eating disorders, and <b>slightly limited analysis</b> of the relevant research. Material has				
	been used in an <b>effective</b> manner.				
8-7 marks	There is a <b>reasonable commentary</b> on one or more psychological explanations of				
	eating disorders, but <b>limited analysis</b> of the relevant research. Material has been				
	used in a reasonably effective manner.				
6-5 marks	There is a <b>basic commentary</b> on one or more psychological explanations of eating				
	disorders, with <b>limited analysis</b> of the relevant research. Material has been used in a				
	reasonably effective manner.				
4-3 marks	There is <b>superficial commentary</b> on one or more psychological explanations of				
	eating disorders, and rudimentary analysis of the relevant research. There is				
	minimal interpretation of the material used.				
2-1 marks	Commentary on one or more psychological explanations of eating disorders is just				
	<b>discernible</b> (for example, through appropriate selection of material). Analysis of the				
	relevant research is weak and muddled. The answer may be mainly irrelevant to				
	the problem it addresses.				
0 marks	Commentary on one or more psychological explanations of eating disorders is <b>absent</b>				
1 11 11	or <b>wholly irrelevant</b> to the problem it addresses.				
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#### 4 Total for this question: 30 marks

- (a) (i) Outline **one or more** assumptions of the biological (medical) model in relation to the causes of abnormality. (3 marks)
  - (ii) Outline **one or more** assumptions of the psychodynamic model in relation to the causes of abnormality. (3 marks)

#### Marking criteria

The biological model focuses on genetics, neurotransmitters and neuropathology as key elements in causing abnormality.

The psychodynamic model refers to psychosexual stages, conflict, fixation, and defence mechanisms such as repression, displacement, and projection. The general emphasis on unconscious processes and early childhood (sexual) experiences would also be relevant. Outline of assumptions must be related to abnormality for marks in the top two bands.

It is likely that candidates will present more than one assumption. However it would be possible for one assumption (e.g. the role of neurotransmitters) to be covered in sufficient detail for marks across the range. It would be effective, though not required, for examples to be used to illustrate assumptions of the model e.g. repression related to clinical depression, or the dopamine model of schizophrenia. Some candidates are likely to include evaluative material and treatments, but these are not required and should not receive credit.

#### **Marking allocations**

For each model:

3 marks	Outline of one or more assumptions of one model is <b>accurate and detailed</b> . For example, the candidate refers to fixation and repression, or to the role of genes and neurotransmitters, in detail and/or with appropriate examples.		
2 marks	Outline of one or more assumptions of one model is <b>limited</b> . It is <b>generally accurate but less detailed</b> . For example, the candidate refers to fixation and repression, or to the role of genes and neurotransmitters, but with less detail and without examples.		
1 mark	Outline of one or more assumptions of one model is <b>basic</b> , <b>lacking detail</b> and may be <b>muddled and/or flawed</b> . For example, the candidate may offer only a basic and muddled account of repression or of the role of genes, or fail to relate outlines to abnormality.		
0 marks	Outline of one or more assumptions of one model is <b>inappropriate</b> (for example, the candidate refers to the cognitive or behavioural models) or the description is <b>incorrect</b> .		

(b) Describe the findings and conclusions of **one** study of anorexia nervosa.

(6 marks)

#### Marking criteria

It is likely that candidates present one of the several MZ/DZ studies of anorexia nervosa (e.g. Holland et al., 1984). Findings may refer to the concordance rates for the different groups, while conclusions may relate to the interpretation of these findings in relation to a possible genetic factor in anorexia nervosa. Minor errors in reporting concordance rates should be ignored as long as they do not alter the conclusions that were drawn by the original authors. Evaluative material, such as the possible differing environments of MZ and DZ twins, cannot receive credit unless it is used to extend one of the conclusions to the study.

Clearly there are many other biological and psychological studies of anorexia nervosa that could legitimately be used. Approaches such as Bruch's do not lend themselves to this form of question, but candidates can still gain some credit if a study is identifiable within the answer and findings and/or conclusions referred to. Studies of bulimia nervosa would not be acceptable. There is no requirement for the description of findings and conclusions to be equally balanced for marks across the range.

A further possibility is that candidates refer to a study on eating disorders with no specific reference to anorexia nervosa. This is likely in e.g. case studies and studies of media influence, as they are often presented in a non-specific ways in textbooks. In these instances candidates can be credited across the mark range. MZ/DZ twin studies are highly specific and answers can only be credited if they refer to anorexia nervosa.

#### Marking allocations

	Description of the findings and conclusions of one study is both accurate and			
6-5 marks	detailed. For example, the candidate gives an accurate and detailed account of the			
	findings and conclusions of one of the MZ/DZ twin studies, although not necessarily			
	in the same amount of detail.			
Description of the findings and conclusions of one study is <b>limited.</b> It is				
4-3 marks	<b>accurate but less detailed.</b> For example, the candidate may give a less detailed but generally accurate account of the findings and conclusions of one of the MZ/DZ twin			
	studies. Alternatively, description of either the findings or the conclusions is			
	accurate and well-detailed.			
	Description of the findings and conclusions of one study is <b>basic</b> , <b>lacking detail</b> , and			
2-1 marks	may be <b>muddled and/or flawed.</b> For example, the candidate may give only a basic			
	and muddled account of one of the MZ/DZ twin studies.			
	Description of the findings and conclusions of one study is inappropriate (for			
0 marks	example, the candidate has described a study not concerned with anorexia nervosa) or			
	the description is <b>incorrect.</b>			

(c) "Psychological abnormality can be defined in various ways, such as statistical infrequency or deviation from ideal mental health; each has its strengths and weaknesses."

Outline and evaluate **two or more** definitions of psychological abnormality.

(18 marks)

#### Marking criteria

AO1 marks on this question are awarded for the description of two or more definitions of abnormality. AO2 marks are credited for the effective use of the material, analysis of the different attempts, and commentary on the issues raised by the question.

Candidates are likely to outline and evaluate the two definitions in the quotation and/or others listed in the specification, but alternatives, such as personal distress, would also be relevant. All have various drawbacks, but variation is likely in the accuracy and detail of how, for example, 'cultural relativity' affects the different approaches. It could be seen to be more relevant to a social norm model, for example, than a statistical one. (This is part of a general issue that weaker candidates have trouble clearly distinguishing between different definitions e.g. statistical infrequency and deviation from social norms).

Better candidates should be able to make effective use of examples of abnormality across cultures. Positive comments would also be relevant, although not essential to an answer, and could also include commentary on the use and value of such definitions. There is no requirement for candidates to explicitly compare two or more models, but this could be seen as part of general commentary and evaluation and can therefore receive credit.

Abnormality can also be defined in terms of classification systems such as DSM and ICD, which are not on the AS specification but candidates also attempting Module 4 could refer to them. **Models of abnormality are clearly separated from definitions in the Specification and cannot receive credit.** 

The question requires two or more attempts to be considered. There is therefore a partial performance penalty for candidates presenting only one.

Candidates may introduce further theories/studies as a form of commentary/evaluation. The degree to which candidates use this material as part of a critical commentary, rather than simply *describing* alternatives, will constitute the *effectiveness* of the evaluation and hence the number of marks awarded for **AO2**.

#### **Marking allocations**

6-5 marks	Outline of two or more definitions of abnormality is both accurate and detailed.			
	For example, the candidate gives an accurate and detailed account of statistical			
	infrequency and deviation from social norms definitions.			
4-3 marks	Outline of two or more definitions of abnormality is <b>limited</b> . It is <b>generally accurate</b>			
	<b>but less detailed.</b> For example, the candidate gives generally accurate but less detailed			
	accounts of the statistical infrequency and deviation from social norms definitions.			
	Alternatively, outline of one definition is accurate and detailed.			
2-1 marks	Outline of two or more definitions of abnormality is basic, lacking detail, and may be			
	<b>muddled and/or flawed.</b> For example, the candidate gives only a basic and muddled			
	account of the statistical infrequency and deviation from social norms definitions.			
	Alternatively, outline of one definition is limited, generally accurate but less detailed.			
0 marks	Outline of two or more definitions of abnormality is <b>inappropriate</b> (for example, the			
	candidate discusses models of the <b>causes</b> of abnormality) or the outline is <b>incorrect.</b>			

12-11 marks	There is an <b>informed commentary</b> on two or more definitions of abnormality and			
	reasonably thorough analysis of the relevant psychological research. Material has			
	been used in an <b>effective</b> manner, within the time constraints of answering this part of			
	the question.			
10-9 marks	There is a <b>reasonable commentary</b> on two or more definitions of abnormality and			
	slightly limited analysis of the relevant psychological research. Material has been			
	used in an <b>effective</b> manner.			
8-7 marks	There is a <b>reasonable commentary</b> on two or more definitions of abnormality and			
	<b>limited analysis</b> of the relevant psychological research. Material has been used in a			
	reasonably effective manner.			
	Partial performance is informed and reasonably thorough. Material has been used			
	in an effective manner.			
6-5 marks	There is a <b>basic commentary</b> on two or more definitions of abnormality with <b>limited</b>			
	analysis of the relevant psychological research. Material has been used in a			
	reasonably effective manner.			
	Partial performance is reasonable but slightly limited. Material has been used in a			
	reasonably effective manner.			
4-3 marks	There is superficial commentary on two or more definitions of abnormality and			
	rudimentary analysis of the relevant psychological research. There is minimal			
	interpretation of the material used.			
	Partial performance is basic with limited analysis. Material has been used in a			
	reasonably effective manner.			
2-1 marks	Commentary on two or more definitions of abnormality is just discernible (for			
	example, through appropriate selection of material). Analysis is weak and muddled.			
	The answer may be <b>mainly irrelevant</b> to the problem it addresses.			
	Partial performance is superficial and rudimentary. There is minimal interpretation.			
0 marks	Commentary on definitions of abnormality is absent or wholly irrelevant to the			
	problem it addresses.			

### ASSESSMENT GRID: JUNE 2002

Question	AO1	AO2
1 (a)	6	-
(b)	6	-
(c)	6	12
Total for Question	18	12
1		
<b>2</b> (a)	6	-
(b)	6	-
(c)	6	12
Total for Question	18	12
2		
<b>3</b> (a)	6	-
(b)	6	-
(c)	6	12
Total for Question	18	12
3		
<b>4</b> (a)	6	-
(b)	6	-
(c)	6	12
Total for Question	18	12
4		
QoWC	2	-
Total for unit	38	24
% weighting AS	20.4	12.9
% weighting A	10.2	6.5
Level		