

533/01

PHYSICAL EDUCATION – PE3

A.M. THURSDAY, 25 May 2006

(1½ hours)

ADDITIONAL MATERIALS

In addition to this examination paper, you will need a 12 page answer book.

INSTRUCTIONS TO CANDIDATES

Answer Question 1 and **one** other question.

INFORMATION FOR CANDIDATES

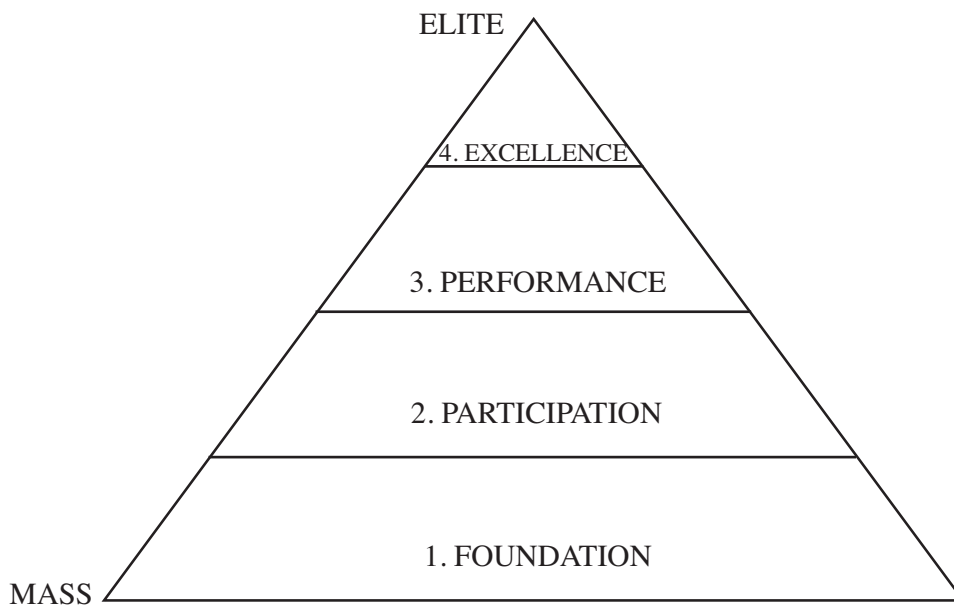
Mark allocations are shown in brackets.

Candidates will be assessed on their quality of written communication.

No certificate will be awarded to a candidate detected in any unfair practice during the examination.

Answer Question 1 and one other question.

1. Draw upon your own experiences of physical activity, place them in a social, cultural and historical context and consider the influences that have affected those experiences. [25]
2. Outline the characteristics of the four levels of involvement in sport and physical activity shown in the diagram below **and** discuss the measures that should be taken to ensure progression through the sports development pyramid. [25]



3. “The immediate causes of the UK obesity epidemic are over-consumption of energy rich foods accompanied by too little physical exercise.”
Discuss the strategies that might be adopted to overcome the problem of obesity in the UK. [25]
4. “**Play** is the least formal type of physical activity and **sport** is the most organised whilst **physical education** is a process of educating the whole person.”
Discuss this statement. [25]
5. Outline the moral codes that developed to guide behaviour in UK sport during the nineteenth century **and** discuss their relevance for sport today. [25]