

OUTDOOR AND ADVENTUROUS ACTIVITIES

Horse Riding (Dressage)

Unit 2564 (AS)

Governing Body: British Dressage, National Agricultural Centre, Stoneleigh Park, Kenilworth, Warwickshire CV8 2RJ. Tel: 0247 669 8830.

The candidate is assessed in the selection and application of the acquired and developed skills, whilst planning and taking part in a physically and technically demanding equestrian Dressage test. This should take place in an environment which presents an appropriate challenge and allows candidates to fulfil the assessment phases.

The following regulations will apply:

- Rules and guidelines will be followed as laid down by British Dressage.
- Appropriate safety procedures must be applied.
- The candidate must maintain a log which covers both the planning of the test and performance of the test. The log **must** be available at moderation.

The log should contain:

- Details of personal equipment for the test and the reasons for taking it.
- Details of the horse's equipment and the reasons for its use.
- Discussion of safety principles to be applied.
- Identification of the code of ethics to be followed.
- Detailed test planning together with relevant safety measures.
- Evaluative comments in relation to the test.

Horse Riding Test

Each candidate and the horse must have appropriate safety equipment. During the test the candidate will be expected to exhibit an understanding of the spirit and contents of the riding code. The level of the test should be a British Dressage Novice test e.g. 21, 23, 24, or 25. The arena should be of relevant size.

Assessment

Assessment is based on performance in a conditioned competitive situation where the candidate performs the acquired and developed skills under pressure in a strategic situation. Assessment will be carried out by the candidate's coach in association with the teacher responsible for AS Physical Education.

The level of success of the acquired and developed skill is measured through the phases identified below:

- Hand and leg position
- Body position / seat / posture
- Skill action / balance / timing
- Control / recovery / correction
- Effectiveness / accuracy
- Organisational use of equipment
- Application of safety principles
- Respect for horse and others.

These assessment phases are used in conjunction with the following assessment criteria for the conditioned competitive situations. The candidate is assessed out of a maximum of 30 marks.

Marks	Description
25-30	Candidate demonstrates a very high level of acquired and developed skills that show a consistently high standard of accuracy, control and fluency. There is successful selection and application of more advanced techniques where accuracy, control and fluency remain despite pressures. The candidate introduces appropriate strategies and demonstrates an understanding of safety techniques. Performances in the conditioned competitive situations are excellent and progress has allowed them to achieve their performance-based targets.
19-24	Candidate demonstrates a high level of acquired and developed skills that illustrates a very good standard of skill production. There is consistent success in the selection and application of advanced techniques on the course. Under pressure the level of technical accuracy, control and fluency is normally good. The candidate shows a good understanding of the perceptual requirements to perform and introduces a range of safety techniques. Performances in the conditioned competitive situations are very good and improvement has been such as to allow a high standard of learning and understanding.
13-18	Candidate demonstrates a good level of acquired and developed skills that allows for a sound standard of performances on the course. There is a sound level of success in the selection and application of advanced techniques in the course and under pressure the level of accuracy, control and fluency is reliable. The candidate is able to introduce and use safety techniques. Performances in the conditioned competitive situations are good and improvement reflects satisfactory learning and understanding.
7-12	Candidate demonstrates an improving level of acquired and developed skills that allows for an average level of performance on the course. There is an attempt to select and apply advanced techniques in the course and under competitive pressure accuracy, control and fluency are usually achieved. The candidate has a perception of the requirements of performance and is able to introduce and use safety techniques at a satisfactory level. Performances in the conditioned competitive situations become more consistent and progress has allowed some learning and understanding.
0-6	Candidate demonstrates a moderate level of acquired and developed skills that allows for a moderate level of performance. There is an attempt to select and apply advanced techniques and under pressure there is a level of technical accuracy, control and fluency. The candidate is able to incorporate some safety techniques with a limited perception of the requirements of performance. Performances in the conditioned competitive situations have some consistency with a degree of learning and understanding.

STANDARDISATION

The activity will be assessed by an experienced assessor and adjudicator of Horse Riding (Dressage). The standardisation process will be carried out and examined by the PE Head of Department. The Head of Department together with other members of the department will compare the standards in Horse Riding (Dressage) to those in other activities, so that consistency in assessment may be established.

OUTDOOR AND ADVENTUROUS ACTIVITIES

Horse Riding (Dressage)

Unit 2567 (A2)

The candidate is assessed in the selection and application of the acquired and developed skills, tactical awareness and behaviour whilst planning and taking part in a physically and technically demanding equestrian Dressage test.

The following regulations will apply:

- Rules and guidelines will be followed as laid down by British Dressage.
- Appropriate safety procedures will be applied.
- The candidate must maintain a log which covers both the planning and performance of the test. The log **must** be available at moderation.

The log should contain:

- Details of personal equipment for the test and the reasons for taking it.
- Details of the horse's equipment and the reasons for its use.
- Discussion of safety principles applied.
- Identification of the code of ethics to be followed.
- Detailed test planning together with relevant safety measures.
- Evaluative comments in regard to the test.

Horse Riding Test

The candidate and the horse must have appropriate safety equipment. Whilst taking part in the test the candidate will be expected to exhibit an understanding of the spirit and contents of the riding code. The level of the test should be a British Dressage Novice test such as 31, 32, 33, 35 or 36, or a British Dressage Elementary test such as 41, 44, 45, or 46. This should take place in a formal competitive situation which presents an appropriate challenge and allows candidates to fulfil the assessment phases. The arena should be of relevant size.

Assessment

Assessment is based on performance in a formal competitive situation where the candidate performs the acquired and developed skills under pressure in a strategic situation. The level of success of the acquired and developed skills is measured through the phases identified below.

- Demonstration of appropriate riding techniques to accommodate the horse's temperament / strengths / weaknesses
- Accuracy of movements identified in the Dressage test
- Hand and leg position
- Body position / seat / posture
- Skill action / balance / timing
- Control / recovery / correction
- Effectiveness / accuracy
- Organisational use of equipment
- Application of safety principles
- Respect for horse and others.

These assessment phases are used in conjunction with the following assessment criteria for the formal competitive situation.

Marks	Description
25-30	Candidate demonstrates a very high level of acquired and developed skills that show a consistently high standard of accuracy, control and fluency. There is successful selection and application of more advanced techniques where accuracy, control and fluency remain despite pressures. The candidate introduces strategies at a high level and demonstrates an understanding of safety techniques. Performances in the formal competitive situations are excellent and progress has allowed them to achieve their performance-based targets. An excellent level of physical endeavour and sportsmanship is evident combined with flair. National/Regional representation may be an indicator of attainment of this high standard but assessment criteria must still be met.
19-24	Candidate demonstrates a high level of acquired and developed skills that illustrates a very good standard of skill production. There is consistent success in the selection and application of advanced techniques in the course. Under pressure the level of technical accuracy, control and fluency is normally good. The candidate shows a good understanding of the perceptual requirements to perform and introduces a range of safety techniques. Performances in the formal competitive situations are very good and improvement has been such as to allow a high standard of learning and understanding. A high level of physical endeavour and sportsmanship is evident combined with flair. Regional/County representation may be an indicator of attainment of this standard but assessment criteria must still be met.
13-18	Candidate demonstrates a good level of acquired and developed skills that allows for a sound standard of performances in the course. There is a sound level of success in the selection and application of advanced techniques in the course and under pressure the level of accuracy, control and fluency is reliable. The candidate is able to introduce and use sound safety techniques. Performances in the formal competitive situations are good and improvement reflects satisfactory learning and understanding. A good level of physical endeavour and sportsmanship is evident combined with some flair. District/Area/School/Local club representation may be an indicator of attainment of this standard but assessment criteria must still be met.
7-12	Candidate demonstrates an improving level of acquired and developed skills that allows for an average level of performances in the course. There is an attempt to select and apply advanced techniques in the course and under competitive pressure accuracy, control and fluency is usually achieved. The candidate has a perception of the requirements of performance and is able to introduce and use safety techniques at a satisfactory level. Performances in the formal competitive situations become more consistent and progress has allowed some learning and understanding. A competent level of physical endeavour and sportsmanship is evident combined with a little flair. Representing the school/college but not at first team level may be an indicator of attainment of this standard but assessment criteria must still be met.
0-6	Candidate demonstrates a moderate level of acquired and developed skills that leads to a moderate level of performances. There is an attempt to select and apply advanced techniques and under pressure there is a level of technical accuracy, control and fluency. The candidate is able to incorporate some safety techniques with a limited perception of the requirements of performance. Performances in the formal competitive situations have some consistency with a degree of learning and understanding. A level of physical endeavour and sportsmanship is evident.

STANDARDISATION

The activity will be assessed by an experienced assessor and adjudicator of Horse Riding (Dressage). The standardisation process will be carried out and examined by the PE Head of Department. The Head of Department together with other members of the department will compare the standards in Horse Riding (Dressage) to those in other activities, so that consistency in assessment may be established.