

General Certificate of Education  
January 2006  
Advanced Subsidiary Examination



**SPORT AND PHYSICAL EDUCATION**  
**Unit 2**

**PED2**

Friday 20 January 2006 1.30 pm to 2.45 pm

**For this paper you must have:**

- a 12-page answer book

Time allowed: 1 hour 15 minutes

**Instructions**

- Use blue or black ink or ball-point pen. Pencil should only be used for drawing.
- Write the information required on the front of your answer book. The *Examining Body* for this paper is AQA. The *Paper Reference* is PED2.
- Answer **three** from **four** questions.
- Do all rough work in the answer book. Cross through any work you do not want marked.

**Information**

- The maximum mark for this paper is 57.
- The marks for questions are shown in brackets.
- 3 of these marks will be awarded for the Quality of Written Communication.

**Advice**

- You will be assessed on your ability to use an appropriate form and style of writing, to organise relevant information clearly and coherently, and to use specialist vocabulary, where appropriate.
- The degree of legibility of your handwriting and the level of accuracy of your spelling, punctuation and grammar will also be taken into account.

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**Socio-Cultural and Historical Effects on Participation in Physical Activity  
and their Influence on Performance**

Answer **three** from **four** questions.

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**1**

**Total for this question: 18 marks**

Since the beginning of the 20th century, participation in outdoor and adventurous activities has increased.

**Figure 1** shows people skiing on a dry ski slope.



Source: [www.folkestonesports.ndo.co.uk](http://www.folkestonesports.ndo.co.uk)

**Figure 1**

- (a) How could skiing on a dry ski slope meet the requirements of:
- *physical recreation* and
  - *sport*? (4 marks)
- (b) Dry ski slopes are an example of an urban *adaptation* of an outdoor and adventurous activity.
- (i) Give **two** other examples of outdoor and adventurous activities and state how one of these could be adapted within an urban environment. (3 marks)
  - (ii) Outdoor and adventurous activities have been adapted for people with disabilities. What factors have allowed these developments to occur? (3 marks)

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- (c) Participation in outdoor and adventurous activities in the natural environment involves an element of *risk*. What is the difference between ‘real’ and ‘perceived’ *risk*? (3 marks)
- (d) What factors have led to the increased popularity of outdoor and adventurous activities since the beginning of the 20th century? (5 marks)

2

**Total for this question: 18 marks**

The health of the population has caused concern for the government, resulting in changes to the teaching of physical education.

- (a) Suggest reasons why children in the United Kingdom are thought to be less healthy than previous generations. (3 marks)
- (b) Why should the Government wish to increase participation in *active recreation*? (3 marks)
- (c) What are the potential barriers to participation in active recreation for individuals from *ethnic minority* groups? (4 marks)
- (d) The Government requires schools to provide all of their students with a minimum number of hours of physical education each week. This target is met by only a third of secondary schools.

Why might some schools fail to make this provision for their students? (3 marks)

- (e) Discuss whether the current *National Curriculum for Physical Education* improves the health of children to a greater degree than the early Syllabuses of Physical Training (1904–1933). (5 marks)

**Turn over for the next question**

3

Total for this question: 18 marks

The range of sport and leisure activities available to the majority of the population has increased dramatically during recent times.

**Figure 2** shows the participation pyramid.

**Figure 2** is not reproduced here due to third-party copyright constraints.

- (a) Using **Figure 2**, explain the terms *foundation* **and** *participation* **and** outline how people can become involved at these levels. (3 marks)
- (b) How did the 19th century public schools and universities influence the development of games **and** their spread into wider society? (4 marks)
- (c) Why was participation in sport by the working class **delayed** compared with participation by the middle and upper classes in the 19th century? (3 marks)
- (d) Provision of leisure facilities, such as parks and baths, began during the Victorian era and continues today with local authorities. Why were such facilities provided? (4 marks)
- (e) During the past decade there has been an increase in membership of *private* fitness clubs. What are the advantages **and** disadvantages of this for the general population? (4 marks)

Research shows that female participation in physical activity declines during teenage years.

**Figure 3** shows children playing in a playground.



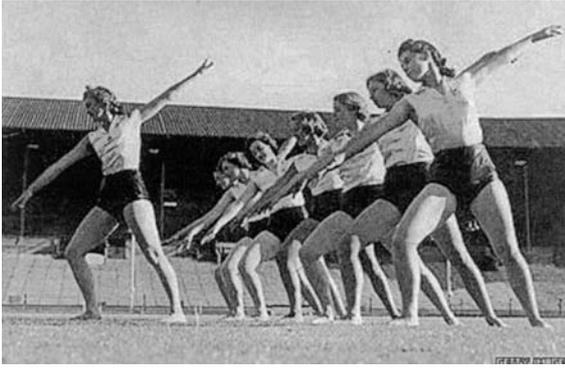
Source: [www.weekiwacheechristiancamp.org/PhotosOutside.htm](http://www.weekiwacheechristiancamp.org/PhotosOutside.htm)

**Figure 3**

- (a) (i) Young children often engage in play and physical activity. Using **Figure 3**, state the benefits of *play* for young children. (3 marks)
- (ii) How do schools help to increase the interest and participation of girls in physical activities? (2 marks)
- (b) Discrimination is one possible reason for the decline in female participation. What is meant by the term *discrimination*? (2 marks)
- (c) How might women experience *discrimination* in recreational and sporting activities? (3 marks)
- (d) What are the advantages **and** disadvantages for females competing in the same competitions as men in sports such as cricket and golf? (3 marks)

**Question 4 continues on the next page**

**Figure 4** shows The Women's League of Health & Beauty and a modern-day aerobics session.



Source: [www.ksu.edu/kines/aerobics.htm](http://www.ksu.edu/kines/aerobics.htm)

**Figure 4**

- (e) What *shared characteristics* do these activities possess that have helped to make them popular with women? (5 marks)

**END OF QUESTIONS**

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Question 3 Source: Sport England

Question 4 Source: [www.weekiwacheechristiancamp.org/PhotosOutside.htm](http://www.weekiwacheechristiancamp.org/PhotosOutside.htm)

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