



Rewarding Learning

ADVANCED SUBSIDIARY (AS)
General Certificate of Education
2015

Home Economics

Assessment Unit AS 2
assessing
Priority Health Issues



[AN121]
FRIDAY 29 MAY, MORNING

TIME

1 hour 30 minutes, plus your additional time allowance.

INSTRUCTIONS TO CANDIDATES

Write your Centre Number and Candidate Number on the Answer Booklet provided.

Answer **three** questions.

Answer **one** question from Section A and **two** questions from Section B.

INFORMATION FOR CANDIDATES

The total mark for this paper is 60.

Quality of written communication will be assessed in **all** questions.

Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question.

Section A

Answer **one** question from this section.

Either

- 1 (a) Outline **four** lifestyle factors which can increase the risk of cancer. [10]
- (b) Explain how antioxidants and non-starch polysaccharides (NSP) can help protect against certain cancers. [10]

Or

- 2 (a) Explain how psychological factors can contribute to a positive energy balance. [10]
- (b) Describe how the Northern Ireland Physical Activity Strategy encourages people to be more active. [10]

Section B

Answer any **two** questions from this section.

- 3** Explain the term glycaemic index. Describe how people with diabetes can use the glycaemic index as a guide to help them select foods, especially foods containing carbohydrates. [20]
- 4** Discuss the rationale for the Sexual Health Promotion Strategy (2008–2013). [20]
- 5** Describe a range of strategies that may help an adolescent cope with mental and emotional health problems. [20]

THIS IS THE END OF THE QUESTION PAPER
