

New
Specification



Rewarding Learning

ADVANCED SUBSIDIARY (AS)
General Certificate of Education
2011

Centre Number

71	
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Candidate Number

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Home Economics
Assessment Unit AS 1
assessing
Nutrition for Optimal Health
[AN111]



WEDNESDAY 1 JUNE, AFTERNOON

TIME

1 hour 30 minutes.

INSTRUCTIONS TO CANDIDATES

Write your Centre Number and Candidate Number in the spaces provided at the top of this page and on the Answer Booklet provided. Answer **all** questions in Section A and **one** question from Section B. Write your answers to Section A in the Question Paper. Write your answers to Section B in the Answer Booklet provided. Use the treasury tag provided to attach your Answer Booklet to the Question Paper at the end of the examination.

INFORMATION FOR CANDIDATES

The total mark for this paper is 70.
Quality of written communication will be assessed in questions 6–10.
Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question.

For Examiner's use only	
Question Number	Marks
1	
2	
3	
4	
5	
6	
7	
8	
9	
10	

Total Marks	
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4 Explain the importance of indispensable amino acids.

[5]

5 Consider the factors that could increase the risk of dehydration in children and adolescents.

[5]

Examiner Only	
Marks	Remark

Section B

Examiner Only

Marks Remark

Answer **one** question from this section in the Answer Booklet provided.

9 (a) Evaluate the decision to breastfeed in relation to the health of mother and baby. [10]

(b) Examine the specific nutritional requirements in infancy (0–12 months). [15]

Or

10 (a) Consider the health risks of binge drinking for young adult women. [10]

(b) Discuss the importance of iron, calcium and folate for adult women. [15]

THIS IS THE END OF THE QUESTION PAPER
