

Surname	Centre Number	Candidate Number
Other Names		2



GCE AS/A level

1626/01



S16-1626-01

HEALTH AND SOCIAL CARE

UNIT 6: Understanding Common Illnesses, Diseases and Disorders

A.M. WEDNESDAY, 8 June 2016

1 hour 30 minutes

For Examiner's use only		
Question	Maximum Mark	Mark Awarded
1.	25	
2.	25	
3.	25	
4.	25	
Total	100	

INSTRUCTIONS TO CANDIDATES

Use black ink or black ball-point pen.

Write your name, centre number and candidate number in the spaces at the top of this page.

Answer **all** questions.

Write your answers in the spaces provided in this booklet. If you run out of space, use the continuation pages at the back of the booklet, taking care to number the question(s) correctly.

INFORMATION FOR CANDIDATES

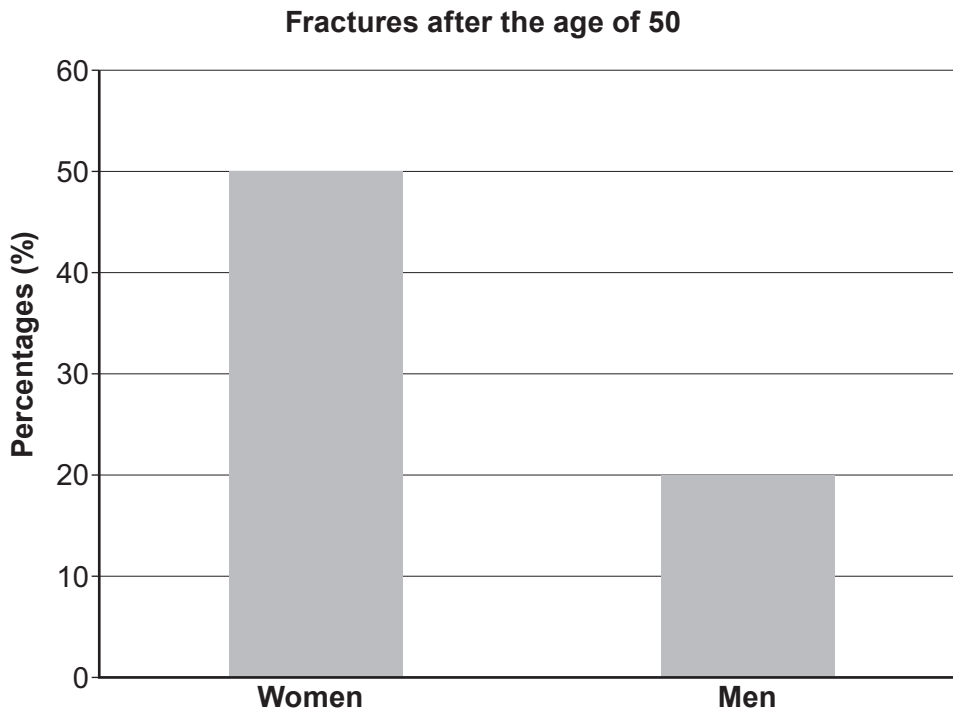
Each question carries 25 marks.

The number of marks is given in brackets at the end of each question or part-question.

You are reminded of the need for good English and orderly, clear presentation in your answers. Assessment will take into account the quality of written communication used in your answers.

2. Osteoporosis is a common degenerative disease, especially in older women.

Look at the following chart.



(a) Analyse what the chart shows about the occurrence of fractures in men and women over 50 years old. [3]

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(b) Explain what makes women over 50 years old vulnerable to osteoporosis. [3]

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(c) Describe the changes that take place in the bones of someone with osteoporosis. [5]

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(d) State **two** symptoms of osteoporosis. [2]

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(e) Discuss the role of diet **and** exercise in the management of osteoporosis. [6]

(i) Diet

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(ii) Exercise

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3. A healthy lifestyle is important for disease prevention.

(a) (i) Explain the advantages for wider society of individuals following a healthy lifestyle. [5]

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(ii) Explain the disadvantages for the individual of not following a healthy lifestyle. [5]

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