

## Barriers to Accessing Health, Social Care and Early-Years Services

Barrier	Examples
<b>Physical Barriers</b>	<ul style="list-style-type: none"> <li>• Client working shifts, therefore unable to access service as the service is not available when they are not working</li> <li>• Stairs</li> <li>• Lack of adapted toilets</li> <li>• Lack of ramps</li> <li>• Lack of lifts</li> <li>• Lift controls being out of reach.</li> </ul>
<b>Psychological Barriers</b>	<ul style="list-style-type: none"> <li>• Fear of losing independence</li> <li>• Stigma associated with using some services</li> <li>• Not wanting to be looked after by others</li> <li>• Mental health problems.</li> </ul>
<b>Financial Barriers</b>	<ul style="list-style-type: none"> <li>• Charges/fees</li> <li>• Lack of money for transport</li> <li>• Lack of money to provide the service.</li> </ul>
<b>Geographical Barriers</b>	<ul style="list-style-type: none"> <li>• Living in a rural area where facilities are limited</li> <li>• Living in a rural area where transport is not available when the services are open</li> <li>• A long bus/train journey may not be practicable.</li> </ul>
<b>Cultural and Language Barriers</b>	<ul style="list-style-type: none"> <li>• Using English may deter some people from using services</li> <li>• Not having professionals who are of the same sex, for example, women doctors/consultants for women</li> <li>• Written information not in the person's own language (including braille/ large print)</li> <li>• Not knowing what is available</li> <li>• Some treatments being considered unacceptable to certain cultures.</li> </ul>
<b>Resource Barriers</b>	<ul style="list-style-type: none"> <li>• Lack of staff</li> <li>• Lack of information about services (absence of information resources)</li> <li>• Lack of money to fund services</li> <li>• A large demand for a particular service (exceeding supply).</li> </ul>