



Rewarding Learning
 ADVANCED SUBSIDIARY (AS)
 General Certificate of Education
 2016

Centre Number

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Candidate Number

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Health and Social Care

Assessment Unit AS 3
assessing
 Unit 3: Health and Well-being



[A3H31]

FRIDAY 10 JUNE, AFTERNOON

TIME

2 hours.

INSTRUCTIONS TO CANDIDATES

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

Write your answers in the spaces provided in this question paper.

Answer **all three** questions.

INFORMATION FOR CANDIDATES

The total mark for this paper is 100.

Quality of written communication will be assessed in questions **1(d)**, **3(c)**, and **3(d)**.

Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question.

For Examiner's use only	
Question Number	Marks
1	
2	
3	
Total Marks	

1 Joanna, aged 27, is single and has a busy career as a solicitor. She has a wide circle of friends and enjoys visiting her parents and siblings, although they live an hour and a half away. She was recently diagnosed with cervical cancer and will have a combination of chemotherapy and radiotherapy in the next few months. Recently, Joanna has been having panic attacks and her GP feels this is due to stress.

(a) Define the following terms.

Ill health

[2]

Stress

[2]

(b) Other than causing stress, explain two ways Joanna’s ill-health may impact on her psychological well-being.

1.

[2]

2.

[2]

Examiner Only	
Marks	Remark

- (c) Joanna’s treatment in a specialist cancer day care unit will aim to meet her physical need for medication. Complete the table below by giving one example of each other type of need for Joanna and discussing how it could be met in the unit.

Example of need	How it could be met in the cancer day care unit
<p>An intellectual need:</p> <p style="text-align: right;">[1]</p>	<p style="text-align: right;">[3]</p>
<p>An emotional need:</p> <p style="text-align: right;">[1]</p>	<p style="text-align: right;">[3]</p>
<p>A social need:</p> <p style="text-align: right;">[1]</p>	<p style="text-align: right;">[3]</p>

Examiner Only	
Marks	Remark

[12]

Examiner Only	
Marks	Remark

2 Research shows that a wide range of factors affect health and well-being. The government attempts to improve the health of the population through health promotion campaigns.

(a) (i) Write down the name of one health promotion campaign you have studied.

_____ [1]

(ii) List two objectives of the campaign and discuss a different way each of them was addressed.

Objective 1

_____ [1]

One way this objective was addressed

_____ [3]

Examiner Only	
Marks	Remark

Objective 2

_____ [1]

One way this objective was addressed

_____ [3]

(b) (i) Describe the social approach to health promotion.

_____ [3]

Examiner Only	
Marks	Remark

(ii) Explain two strengths and two weaknesses of the social approach.

Strengths

1. _____

_____ [2]

2. _____

_____ [2]

Weaknesses

1. _____

_____ [2]

2. _____

_____ [2]

Examiner Only	
Marks	Remark

(c) Occupational hazards can have a negative effect on physical health. Identify two examples of occupational hazards and explain a different way each could affect physical health.

Example 1

Occupation/Job _____

Hazard _____ [1]

One effect on physical health

_____ [2]

Example 2

Occupation/Job _____

Hazard _____ [1]

One effect on physical health

_____ [2]

Examiner Only	
Marks	Remark

(d) Complete the table below to explain how the factors identified can have a positive effect on physical and social health and well-being.

Factor	One positive effect on physical health and well-being	One positive effect on social health and well-being
Exercise	[2]	[2]
Culture and ethnicity	[2]	[2]
Income	[2]	[2]

Examiner Only	
Marks	Remark

3 Governments, organisations and individuals all take responsibility for health and well-being in this country.

(a) (i) Discuss how individuals can take responsibility for their own health and well-being through the lifestyle choices they make.

[6]

Examiner Only	
Marks	Remark

(ii) Write down the two other ways individuals can take responsibility for their own health and well-being.

1. _____ [1]

2. _____ [1]

(b) Identify one voluntary organisation that contributes to health and well-being in Northern Ireland.

_____ [1]

(c) Three statutory organisations which contribute to the health and well-being of people in Northern Ireland are:

- The Department of Health and Social Services and Public Safety (DHSSPSNI)
- The Public Health Agency (PHA)
- Health and Social Care Trusts.

Discuss the contribution of each of these organisations to the health and well-being of the population.

Examiner Only	
Marks	Remark

(d) Using a **different** example of discriminatory practice in a hospital ward, a day centre and a nursery school, analyse the potential impact of discrimination on the health and well-being of service users.

An example of discriminatory practice in a hospital ward and its potential impact on service users

An example of discriminatory practice in a day centre and its potential impact on service users

Examiner Only	
Marks	Remark

An example of discriminatory practice in a nursery school and its potential impact on service users

[12]

THIS IS THE END OF THE QUESTION PAPER

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