



Rewarding Learning
ADVANCED SUBSIDIARY (AS)
General Certificate of Education
January 2009

Centre Number

71

Candidate Number

Health and Social Care

Assessment Unit AS 3

assessing

Unit 3: Health and Well-being

[A3H31]



THURSDAY 15 JANUARY, MORNING

TIME

2 hours.

INSTRUCTIONS TO CANDIDATES

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

Write your answers in the spaces provided in this question paper.

Answer **all three** questions.

INFORMATION FOR CANDIDATES

The total mark for this paper is 100.

Quality of written communication will be assessed in all questions.

Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question.

For Examiner's use only

Question Number	Marks
1	
2	
3	

Total Marks

1 Statutory organisations are government organisations that are required by law to provide a range of services.

(a) Explain two **different** functions of each of the following organisations

National Health Service (NHS)

1. _____

_____ [2]

2. _____

_____ [2]

Department of Health and Social Services and Public Safety for Northern Ireland (DHSSPSNI) or Department of Health (DOH) and the Department of Social Services (DSS) in Great Britain.

1. _____

_____ [2]

2. _____

_____ [2]

Examiner Only	
Marks	Remark

- (b) (i) The Health Promotion Agency (HPA) is best known for running health promotion campaigns. With reference to **one** health promotion campaign you have studied, identify the health issue and write down two targets of the campaign.

Health issue _____

Targets of the campaign

1. _____ [1]

2. _____ [1]

- (ii) Explain two **different** ways the campaign attempted to promote awareness of the health issue.

1. _____ [2]

2. _____ [2]

Examiner Only	
Marks	Remark

(c) Describe each of the following approaches used by the HPA in health promotion campaigns.

Social approach

[3]

Empowerment approach

[3]

Examiner Only	
Marks	Remark

(d) Use the table below to evaluate the medical and educational approaches to health promotion.

Medical approach

Strengths

Weaknesses

Examiner Only	
Marks	Remark

Educational approach

Examiner Only

Marks Remark

Strengths

Weaknesses

[12]

2 Mr Johnston, aged 77, has recently moved into The Oaks, a private residential care home. He is very unhappy because he feels that other residents are avoiding him and that some members of staff seem wary of him. He has heard that one care assistant is afraid to be alone with him. His daughter, Emily, is concerned that this is because when her father was younger he suffered severe depression, resulting in a number of admissions to a psychiatric hospital. She feels there is still a stigma attached to mental illness and that her father is experiencing discrimination as a result of prejudice. Emily has made an appointment to talk to the care manager about her concerns.

(a) Mr Johnston feels he is being ignored by residents and treated differently by at least one member of staff. Explain two **other** ways he may have experienced discrimination as a result of his mental illness before coming to live at The Oaks.

1. _____

_____ [2]

2. _____

_____ [2]

Examiner Only	
Marks	Remark

(b) Explain what is meant by the following

Prejudice

_____ [2]

Stigma

_____ [2]

(c) Explain three **different** ways Mr Johnston’s health and well-being could be affected by the prejudice and discrimination he is currently experiencing.

1. _____

_____ [2]

2. _____

_____ [2]

3. _____

_____ [2]

Examiner Only	
Marks	Remark

(d) When Mr Johnston was suffering from depression in the past he received help from a voluntary organisation. Explain two **different** ways this organisation may have helped him.

1. _____

_____ [2]

2. _____

_____ [2]

(e) Discuss **four** ways the care manager of The Oaks could effectively challenge prejudice and discrimination within the setting.

Examiner Only	
Marks	Remark

3 Sarah and Jim are in their forties and have been married for seventeen years. They have a son, Luke, aged 14. Sarah is health conscious so she has a healthy diet and exercises regularly. As a nurse she is very aware of how behavioural factors can affect the health and well-being of individuals. She worries that Jim's heavy smoking will result in a smoking related disease. Sarah is also concerned that she has less control over Luke's diet than she did when he was younger. She has warned him that too much junk food could lead to ill-health.

(a) Explain what is meant by the following concepts.

Disease

[2]

Ill-health

[2]

Examiner Only	
Marks	Remark

(b) Explain two **different** ways Sarah's good health may impact on her psychological well-being.

1. _____

_____ [2]

2. _____

_____ [2]

Examiner Only	
Marks	Remark

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