

General Certificate of Education
January 2010
Advanced Subsidiary Examination



HEALTH AND SOCIAL CARE
Unit 1 Effective Caring

HC01

Monday 11 January 2010 1.30 pm to 3.00 pm

For this paper you must have:

- an 8-page answer book.

Time allowed: 1 hour 30 minutes

Instructions

- Use black ink or black ball-point pen.
- Write the information required on the front of your answer book. The *Examining Body* for this paper is AQA. The *Paper Reference* is HC01.
- Answer **all** questions.
- Do all rough work in the answer book. Cross through any work you do not want to be marked.

Information

- The maximum mark for this paper is 60.
- The marks for questions are shown in brackets.
- You will be marked on your ability to use good English, to organise information clearly and to use specialist vocabulary where appropriate.

Answer **all** questions.

There are 15 marks for each question.

1 (a) Caring skills include

- gaining compliance
- observation
- creating trust
- setting challenges
- disengagement
- distraction
- eye contact.

The following are examples of some of the caring skills listed above. Identify the correct caring skill in each case.

- (i) A nurse temporarily withdraws from contact with an angry patient. *(1 mark)*
- (ii) A parent persuades her child to swallow some cough medicine. *(1 mark)*
- (iii) A GP asks a patient to describe the scene outside the window, while giving an injection. *(1 mark)*
- (iv) A care worker looks straight at a client to get his attention. *(1 mark)*
- (v) A practice nurse measures a patient's blood pressure. *(1 mark)*
- (b) Martha lives in a residential home. Agnes, a care worker, is helping Martha to get ready to go out. Because Martha speaks with a 'posh accent', Agnes is less friendly towards her than she is to the other residents. While helping Martha into her wheelchair, Agnes intentionally pinches her arm. Later, Agnes leaves Martha alone in the park for ten minutes, while she goes shopping. When Martha complains to her, Agnes replies, "You're always moaning. That's why no one likes you."
- (i) Name **three** ways in which Agnes treated Martha badly. Illustrate your answer with reference to the description above. *(6 marks)*
- (ii) Outline **two** barriers internal to carers that might explain the way Agnes behaved. *(4 marks)*

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- 2 Ceri lives on his own and has a disease which is gradually reducing his ability to look after himself. He can no longer manage to have a bath.
- (a) Suggest **four** life quality factors Ceri is likely to lack. Justify your answers. (8 marks)
- (b) A social worker visits Ceri. As a result of this visit, a service is arranged in which a care worker regularly visits Ceri at home to give him a bath.
- (i) Outline what the social worker would have done during the visit. (2 marks)
- (ii) Name the service Ceri is now receiving. (1 mark)
- (iii) The care worker's visits will provide some life quality factors for Ceri, but might reduce others. Suggest **two** life quality factors that might be reduced by the care worker's visits. Justify your answers. (4 marks)
- 3 (a) Describe the service provided by the Accident and Emergency department of an NHS Trust hospital, from a patient's arrival in the department to their departure from it. (8 marks)
- (b) A patient needs to have an operation. Discuss the benefits **and** disadvantages of day surgery for the patient, compared with the alternative. (7 marks)
- 4 Donna has two children, Mark aged 8 months and Amie who is nearly 4 years old. Donna looks after her children during the day. In the evening, when she is at work, her partner looks after them. Donna is waiting for a Health Visitor to visit.
- (a) (i) Explain the purpose of a Health Visitor developmental assessment. (2 marks)
- (ii) Describe what the Health Visitor will do during the visit. (5 marks)
- (b) Donna is hoping to arrange some form of early years care for Amie. Suggest **one** early years service and explain why it might be appropriate for Amie. (5 marks)
- (c) Explain what is meant by informal care. Refer to the example of Donna, and to **one** different example. (3 marks)

END OF QUESTIONS

There are no questions printed on this page