

**Tuesday 17 January 2012 – Morning**

**A2 GCE HOME ECONOMICS**

**Food, Nutrition and Health**

**G004/01** Nutrition and Food Production

Candidates answer on the Question Paper.

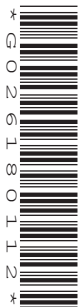
**OCR supplied materials:**

None

**Other materials required:**

None

**Duration:** 1 hour 30 minutes



Candidate forename		Candidate surname	
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Centre number						Candidate number				
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**INSTRUCTIONS TO CANDIDATES**

- Write your name, centre number and candidate number in the boxes above. Please write clearly and in capital letters.
- Use black ink. HB pencil may be used for graphs and diagrams only.
- Read each question carefully. Make sure you know what you have to do before starting your answer.
- Write your answer to each question in the space provided. Additional paper may be used if necessary but you must clearly show your candidate number, centre number and question number(s).
- There are two sections in this paper:  
**Section A 25 marks**  
 Answer question 1.  
**Section B 50 marks**  
 Answer **two** questions only.
- Do **not** write in the bar codes.

**INFORMATION FOR CANDIDATES**

- The number of marks is given in brackets [ ] at the end of each question or part question.
- The total number of marks for this paper is **75**.
- You will be awarded marks for the quality of your written communication in your answers to the questions in Section B.
- This document consists of **16** pages. Any blank pages are indicated.

Section A

Answer **all** questions.

1 (a) (i) Name **two** nutrients which provide energy.

- 1. .... [2]
- 2. .... [2]

(ii) Define the term energy balance.

- ..... [1]
- ..... [1]

(iii) Explain **three** different dietary changes an individual can make to reduce their energy intake.

- 1. .... [6]
- ..... [6]
- ..... [6]
- 2. .... [6]
- ..... [6]
- ..... [6]
- ..... [6]
- 3. .... [6]
- ..... [6]
- ..... [6]
- ..... [6]

(b) (i) State **two** functions of folic acid in the body.

- 1. .... [2]
- ..... [2]
- 2. .... [2]
- ..... [2]
- ..... [2]

(ii) State **two** good food sources of folic acid.

- 1. .... [2]
- 2. .... [2]

(c) (i) Identify the **two** sources of essential fatty acids.

1. ....  
.....  
.....

2. ....  
..... [2]

(ii) State **one** function of essential fatty acids in the body.

..... [1]

(d) (i) Give **two** advantages of metal as a packaging material for food manufacturers.

1. ....  
.....  
.....

2. ....  
.....  
..... [2]

(ii) Give **one** disadvantage of metal as a packaging material for food manufacturers.

.....  
..... [1]



**Section B**

Answer **two** questions **only**.

The quality of written communication will be assessed in your answers to the questions in Section B.

2. Explain the role of mineral elements in maintaining good health. [25]
3. Explain the role and function of food additives in the food industry. [25]
4. Discuss the choice and use of fats and oils in food preparation and cooking. [25]

**Section B Total 50 marks**

A series of 25 horizontal dotted lines spanning the width of the page, intended for handwriting practice.























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