CAMBRIDGE INTERNATIONAL EXAMINATIONS GCE Advanced Level



# 9336 FOOD STUDIES

9336/01

Paper 1 (Theory), maximum raw mark 100

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Mark schemes should be read in conjunction with the question paper and the Principal Examiner Report for Teachers.

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	Pa	ge 2	2	Mark Scheme	Syllabus	Paper
				GCE A LEVEL – October/November 2012	9336	01
1	(2)	(i)	Bala	Section A		
•	(a)	(1)		<u>inced diet</u> ains <b>all</b> nutrients – in sufficient amounts / correct prop	ortion	[1]
		(ii)	lack poor food lack nutri snac cultu adve influ junk appe spec lifesi may teen pick elde brea sma	tors which could prevent a balanced diet of knowledge – do not understand nutrition – poor e erty – protein foods can be expensive – food aid una r transport – not enough money to provide for whole f not available – famine – drought – poor harvest – of skill – may not gain maximum nutrients from food tents lost during cooking – illness – not able to eat s cking on sweet foods – no appetite for nutritional mea ure – vegans may be lacking in HBV protein, iron etc. ertising – convenience foods high in fat, sugar, salt et ence of family and friends – peer pressure – fast foo foods, ready–made foods – high in fat – earance and flavour of food may not be appetising – v cial occasions / festivals – rich food – high in fat and tyle – working mothers have little time for cooking – not eat sufficient fresh fruit and vegetables – nage girls often diet / become vegetarian – anorexia / y eating – bad eating habits – snacking rather than r rly people may not want to cook – choose easy food ad, biscuits etc. – do not want to cook for one – Il amounts of food can be expensive etc. points (2 points = 1 mark)	available – amily – climate – ufficient food – I – c. – od – will not eat – sugar – bulimia – regular mealtimes	s — [8]
	(b)	(i)	Salt fluid osm CHE Sug emp ener arou strol extri plaq diab inste may	retention – may cause high blood pressure / hyperte otic effect in blood vessels – headaches – kidney di ) – daily salt intake 2–3g – max. 6g per day etc.	sease – strokes - nder skin – ns – haemorrho v – breathlessne nbine with sugar fat – weight los	ids ess – – form

Pa	ige 3				N	Aark S	Sche	me					Sv	llabus		Paper	
	<b>J</b> · ·		G	CEAL					vemb	ber 2	2012			9336		01	
	(ii)	Salt cook mak fewe less Sug no s use canr avoid	k withou ce use o er conve bacon a bacon a ar sugar–co artificial ned fruit	t salt - f herbs enience and hai bated b sweet in natu	- no sa and sj foods m – s reakfa eners ural juid – redu	alt on f pices oak h st cer – fev ce ins	for fla ess cr nam te reals wer ca stead	avou isps o rer – r akes of sy	ir – – sa nove no su s / bis yrup	use   alted salt gar i cuits – lo	potas nuts befo n drii s – li w ca	s etc. re bo nks - ess s lorie	_ iling - sweets / diet		-		[4]
(c)	aids wate intes give pusl NSF disc inne faec may help lowe	er – stinal s sor hes v P not omfo er linin ces co v caus os slo ers ris	making I muscle mething waste a	excret g faece es – en for mu long le h wate onstipat on stipat and is re cose ve n releas HD – a	ing so es soft ncoura iscles f ingth o er can tion – iy becc etained ins / ha se of gl and blo	lid wa – a ages p to grip of cold be al ome d d by t aemo lucose	aste ind bi perist p – on – bsort listort he bo orrhoid e to b	ulky alsis bed ted bdy ds – blood	– a sorbs – f – pc – div can Istrea	nd e s tox aece ouche vertic cer c am –	ins ins s sm es de ular of col - aids	to e – lov nall a evelop disea on – s dial	xpel wers and ha o in in ise – betics	_	rol –if	stimula lacking	ates g in
2 (a)	Mor	nosa	ccharic	les, dis	saccha	arides	s, po	lysa	ccha	ride	s						
	(i)	mon singl disa 2 mc 1 mc poly long wate can	RUCTUF nosacch le molec accharic olecules olecule ( ysaccha y chains er lost in be linea e than c	narides cule – des of mol of wate arides of gluc of gluc ar – or	C <sub>6</sub> H <sub>12</sub> nosacc r lost i cose ma action branch	charid n the olecu – co ned –	react iles - ondei -	tion -(C <sub>6</sub> ⊦ nsati	– co H₁₀O₅ ion –	nder )n –							
	(ii)	mon		narides	s sic unit		woot	taata		voto		ible					

simplest form / basic unit – sweet taste – water soluble – end product of digestion – can be absorbed into the bloodstream **disaccharides** water soluble – sweet taste – broken down to monosaccharides during digestion **polysaccharides** available carbohydrate can be digested into monosaccharides – then absorbed into the bloodstream after digestion – unavailable carbohydrate cannot be digested – insoluble in water

glu glu dis ma po av un line bra	GCE A LEVEL – October/November 2012 <u>AMPLES</u> phosaccharides accose – galactose – fructose (max. 2 examples) saccharides altose – lactose – sucrose (max. 2 examples) blysaccharides ailable carbohydrate: – starch – glycogen (max. 2 examples available carbohydrate: – ear e.g. amylose – cellulose – NSP (max. 2 examples anched e.g. pectin – gum – mucilage (max. 2 examples)	. ,	01
glu glu dis ma po av un line bra	Donosaccharides Jicose – galactose – fructose (max. 2 examples) saccharides altose – lactose – sucrose (max. 2 examples) blysaccharides ailable carbohydrate: – starch – glycogen (max. 2 exa available carbohydrate: – ear e.g. amylose – cellulose – NSP (max. 2 examples anched e.g. pectin – gum – mucilage (max. 2 examples	. ,	
	points (2 points = 1 mark)	es)	[10
Glucos end pro stored excess or arou link to t erode t Dietary shorter interfer	oduct of breakdown of carbohydrate – converted to glyd in liver – and muscles – as readily available source of converted to fat – stored in adipose tissue – under sl and internal organs – obesity – CHD – diabetes – if tooth decay – bacteria in mouth combine with sugar – coth enamel <b>y fibre / NSP</b> transit time for food in digestive tract – res with absorption of minerals – e.g. zinc, iron etc. – phytates / phytic acid – slows down rate of sugar	f energy – kin – there is insufficie form plaque acio	ds
	nts (2 points = 1 mark)		[
In the r acts or in duoc conver in ileun contair lactase sucras	on and absorption of carbohydrates mouth – amylase / ptyalin – from salivary glands – a <b>cooked</b> starch – converting it into maltose – medium denum – amylase – from pancreatic juice – ts starch to maltose – medium is alkaline – n – intestinal juice – as maltase – converts maltose to glucose – e – converts lactose to glucose and galactose – e / invertase – converts sucrose to fructose and glucos eting the breakdown of carbohydrates		
finger-	tion occurs along the whole length of the ileum – by vil like projections – which increase surface area – now on diagram) – well supplied with blood capillaries accharides are absorbed directly into the bloodstream	_	

Р	age 5		Mark Scheme	Syllabus	Paper
		Ģ	GCE A LEVEL – October/November 2012	9336	01
(d	amoul at con is diffe affecte men r state o energ heartt exces	nt of ener nplete res erent for e ed by boo equire 10 of health y used fo beat – bl s thyroid	<u>c Rate (BMR)</u> rgy needed – to keep body alive – when lying st – at least 5 hours after a meal – warm – every individual – dy size – age – activity of thyroid gland – ger )–20% more than women of same weight – etc. r involuntary activities – e.g. breathing – grow lood circulation etc. activity increases BMR etc. hts = 1 mark)	ider –	[3]
3 (a	average an est for eff e.g. bi state of	ge amour timate of icient run reathing, of health	<u>d Daily Intake (RDI)</u> hts – individual needs vary – used for guidanc the requirement – of each nutrient – for health ning of body processes – involuntary activities heartbeat, blood circulation etc. – level of activ – age etc. hts = 1 mark)	ny living – –	[3]
(b	NB – Must I (Look <b>consi</b> proteil iron vitami calciu phosp vitami energ fat vitami ribofla nicotir salt sugar name sugge	No mark be part of for words <b>der:</b> n n C m whorus n D y n A avin nic acid d nutrient est 8 nutri	needs of teenage girls and moderately active el (allocated for identifying nutrients. f a statement. s such as 'more' 'the same' 'less'.) growth – repair / maintenance etc. menstruation – prevention of anaemia etc. absorption of iron – immune system etc. growth of bones / teeth – maintenance – os formation of calcium phosphate absorption of calcium etc. depends on level of activity – need for growth concentrated source of energy – difficult to d obesity etc. night vision – anti–infective vitamin etc. release of energy from food etc. lost in sweat if active – linked to hypertension empty calories – tooth decay – diabetes – ts – functions – comparisons ents, 8 × 3 points ints = 1 mark)	teoporosis etc. h etc. igest – CHD – n etc.	[12]
(c	(i) D is pr ci la	iscussior olation – overty – ulture and ick of coc	le suffer from malnutrition n could include the following: - immobility – lack of nutritional knowledge scarcity of foods – health problems d social habits – lack of skill oking facilities – poor access to food etc. lained points (5 × 1 mark)		[5]

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(ii) <u>Remedial suggestions</u>

 (should be sensible / possible) – could include:
 help with meal preparation from family / friends / neighbours / social services
 meals delivered from central point – free or small charge
 meeting together in local centre – eating together
 talks / social activities with meal ideas
 local committee buying food in bulk and distributing – cheaper etc.
 5 well–explained points (5 × 1 mark)

#### 4 (a) (i) Importance for energy production

#### (a) iron

needed for production of haemoglobin – in red blood cells – which picks up oxygen in the lungs – forming oxyhaemoglobin – carries it to every cell – to oxidise simple sugars – and produce energy

# (b) vitamin C

aids absorption of iron – converts non–haem iron from plant foods – to haem iron – reduces ferric form to ferrous form – more readily absorbed

## (c) B vitamins

co–enzymes – linked to the liberation of energy from foods thiamine / B1 – releases energy from glucose riboflavin / B2 – release of energy from fats and amino–acids nicotinic acid – release of energy from carbohydrate foods

# (d) iodine

concerned with the production of thyroxine – by the thyroid gland – which controls metabolic rate – required in minute quantities

Suggest 4 × 4 points 16 points (2 points = 1 mark)

[8]

[5]

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#### (ii) Effects of a deficiency

(a) iron

anaemia – red blood cells lack haemoglobin – cannot pick up oxygen – tired / lethargic – pale etc.

## (b) vitamin C

scurvy – lethargy – loose teeth – swollen / bleeding gums – bruising – internal bleeding – death

#### (c) B vitamins

thiamin – beri-beri – loss of appetite – palpitations – fever etc. riboflavin – cracked skin around mouth – sore eyes – lips – swollen tongue nicotinic acid – pellagra – diarrhoea – dementia – dermatitis

[4]

[4]

[3]

#### (d) iodine

goitre – swelling of thyroid gland – slow metabolism – cretinism in new–born if mother deficient during pregnancy

Suggest 4 × 2 points 8 points (2 points = 1 mark)

(b) Importance of energy balance

energy intake and energy expenditure must be the same – to ensure a desirable body weight – otherwise overweight or underweight – overweight increases chances of obesity – CHD – breathlessness – low self–esteem – problems during surgery – lack of mobility etc. underweight increase chance of weight loss – anorexia – death – loss of function of body organs – broken down for energy etc. 8 points (2 points = 1 mark)

## (c) <u>Protein–energy malnutrition (PEM)</u>

#### (i) Possible causes

shortage – of carbohydrates – and / or protein foods – protein used for energy – due to famine – poverty – natural disasters – war – tribal customs on feeding children when breast–feeding stops – children weaned onto a diet in which staple food is cassava – or matoke (green bananas) – low in protein – tradition for father in family to be given meat or other protein foods – rest of the family given what remains – 6 points (2 points = 1 mark)

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(ii)	shor mara pot b kwas odoe redd	<u>t and long term effects</u> <u>t term</u> <b>asmus</b> – in first year of life – muscle wasting – no belly – emaciated <b>shiorkor</b> – poor growth – distended stomach – ema / water retention – diarrhoea – infections – skin ish, fine hair – apathy – reduced immunity term	-	-
	poor	growth – mental retardation ints (2 points = 1 mark)		[3
(iii)	educ gove	<u>coming this type of malnutrition</u> ation ernment food supplements cultural programmes etc.		
	3 we	gestions must be realistic / possible II–explained suggestions mark		[3

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# Section B

# 5 (a) <u>Economic circumstances</u>

amount of money available for food – budget – poorer people have to spend a higher proportion of their income on food status symbol for rich people – smoked salmon, caviar etc. – high expenditure does not always lead to nutritionally well–planned meals – cheaper foods can be very nutritious – locally–grown vegetables, fish etc. – use cheaper sources of HBV protein etc. – milk, cheese, cheaper cuts of meat etc. – foods in season – special offers poor people may receive government help – free school meals, food aid etc. poverty limits choice of food – for elderly, unemployed etc. –

(b) Availability of food

depends on where a person lives – foods in season – different foods available I different countries – little choice in developing countries – local staple food with variations – depends on climate and type of land – may not favour rearing animals – or growing certain crops – country may not have money for food imports – variety available from other countries – no money for expensive agricultural developments – wealthy countries can afford to import food which cannot be produced locally UK imports citrus fruit, tea, coffee, bananas etc. – wealthier countries have benefited from technological developments – new methods of preserving and storing food – increased availability of dried, canned and frozen foods – unknown in the past technologists have created many new foods – TVP, frozen meals etc. –

(c) Nutritional knowledge

choice may be affected by its nutritional value – cheaper HBV etc. – nutritional knowledge depends on education – differs between countries – nutrition may not be taught to everyone in school – knowledge varied – packaging may provide nutritional information – people may be more aware well–publicised dangers of over–consumption of fat, sugar and salt – increase in obesity, diabetes, CHD in more affluent countries – publicity campaigns in media – increases awareness and knowledge – need to know functions of food and examples of food to provide nutrients – choice must be wise or health will be affected etc.

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# (d) <u>Marketing methods</u> choice is affected by how foods are sold - convenience of stores and stalls consider hygiene and quality of foods in local shops and markets markets and supermarkets offer wide choice - shopper must discriminate manufacturers must produce foods people want to buy market research to find out consumer preferences new products tested in certain areas - to judge consumer appeal influenced by portion size - attractiveness of packaging - price competition between stores - special offers - loss leaders etc. advertising in newspapers and on TV once inside shop will buy other products methods of displaying goods in store influences customers positioning of stock – impulse buys near pay point – some advertisements appeal to children - sweets, McDonalds etc. peer pressure - advertisements may give nutritional information breakfast cereal boxes give information - role as educators etc. (e) <u>Cultural and social habits</u> choose foods liked by families - conditioning - vegetarian families -

children will follow – may absorb families' attitudes towards food – food may be used to provide comfort, satisfaction, relief from anxiety – stress relief – may be a status symbol – choice of particular brands – family pattern influenced by country and culture – each culture has its own foods – religious beliefs – cow sacred to Hindus – Jews must have animals slaughtered in a certain way – Roman Catholics may not eat meat on Fridays – dishes associated with festivals – Christmas cake, turkey for Thanksgiving in USA – some foods symbolise the occasion – wedding cake – lifestyle influences choice – meals can be a social occasion with friends – snacks served at meetings and parties – to make people relax etc.

# (f) Environment

may be determined by availability of low-priced, locally-grown food rice is staple in China and Japan, potatoes are important in UK people migrate and take their beliefs and eating habits with them most cities have a variety of types of food and many styles of restaurant more mothers employed outside the home - may choose convenience foods more demand for snack food - may not be good for health more people live alone - may tend to snack or buy ready-to-eat food contain high levels of fat, sugar and salt increase in obesity, CHD, diabetes, hypertension etc.

50 points – at least 4 points from each section 2 points = 1 mark

[25]

	Paç	ge 11	Mark Scheme	Syllabus	Paper
			GCE A LEVEL – October/November 2012	9336	01
6		Different Stonegr whole gr Used for Wheatge Used for Roller m produces added ca 'improve Used for Wholem gives clo shorter s Used for Brown ( gives a b Used for Strong p high glut Used for	GCE A LEVEL – October/November 2012 types of wheat flour and uses ound – ground between large stones – nothing add ain bread erm – 70% extraction – treated germ added bread nilled – steel rollers – can separate into bran, germ, s highly refined flour – mainly starch – fortified in UK alcium, iron, thiamine, iron — loss of NSP, protein, B v rs' added – e.g. vitamin C to help rising – bleaches to all purposes eal – 100% extraction – characteristic flavour – se texture to bread – fat content causes rancidity – thelf life bread, scones, pastries wheatmeal) – 80–85% extraction – coarse bran remo better rise to bread bread, scones, pastry blain white – 72% extraction – Canadian Spring wh en content – 12–15% – high water absorbency – h bread, flaky pastry, batter	9336 ed or removed 1 endosperm – vitamins – to whiten – noved – eat – igher in protein	01
		from Win Used for Self-rais Used for Starch r some sta gives ligh Used for 24 points	<ul> <li>Ir (plain white cake flour) - 7-10% gluten - gives other wheat sauces, cakes, shortcrust pastry, biscuits</li> <li>sing flour - low gluten content - fixed proportion of cakes, scones</li> <li>educed flour - 70% extraction - arch washed out during production - gluten remains - arch washed out during production - gluten remains - arch and other baked goods of for names, descriptions and uses.</li> <li>xamples. for uses for each flour (2 points = 1 mark)</li> </ul>	raising agent ad	ded [12]
	(b)	soft flour forms fra self–raisi plain flou raising a wholegra	of flour for rich cake — low gluten content — to give tender crumb — mework of cake — when gluten sets — ing flour — contains correct amount of chemical raising ir must have chemical raising agent added — gent affects finished texture — light and open texture ain flour gives colour and a rougher texture — but a he ur usually used etc.	-	
		6 points	(2 points = 1 mark)		[3]

Paç	ge 12	2	Mark Scheme	Syllabus	Paper
(c)	(i)	bican crea bakin relea mixtu diffe gives amo mixtu prote	GCE A LEVEL – October/November 2012 ction of chemical raising agent during baking rbonate of soda (sodium carbonate) – alkali – m of tartar – or tartaric acid – or acid sodium pyroph ng powder – ases carbon dioxide – with moisture – and heat – ure of acids can be used in baking powder – rent rates of releasing carbon dioxide – s a constant even rise during baking – unt of carbon dioxide released controlled by law – ga ure stretches – as gas expands – pushes up mixture ein coagulates – from gluten and egg in mixture – ris oints (2 points = 1 mark)	s released –	<u>01</u> – [5]
	(ii)	fat m liquid trapp form starc form betw and (or m brow	er changes when cake is baked helts – absorbed by starch in flour – trapped air relea d converted to steam – evaporates – gases expand bed air expands – starch gelatinises – protein in egg is framework – sugar caramelises – ch dextrinises on surface – to give brown colour – ca is – with dry heat – Maillard reaction – veen amino group on a protein chain – carbonyl group of a reducing sugar – eaction between protein and sugar) – vn compounds formed – giving appetising flavour etc. oints (2 points = 1 mark)	– cake rises – coagulates – g ake shrinks slight	luten sets –
7 (a)	prot proc wor	duceo k bes	5 - catalysts – speed up chemical processes – specif d by all living cells – break down plant and animal tiss at at 25°C – 35°C – destroyed at 60°C – inactive belo (2 points = 1 mark)	ue -	[3]
(b)	(i)	in ste acid brea in du by e from com	estion of protein omach – rennin – clots milk – in young children – conditions – HCI – pepsin – ks long chains of amino acids into peptones / peptides uodenum – trypsinogen – from pancreatic juice – co nterokinase – from intestinal wall – continues break peptones to amino–acids – in ileum – erepsin – pletes breakdown into amino acids oints (2 points = 1 mark)	onverted to tryps	in –
	(ii)	auto enzy e.g. enzy e.g. enzy fatty enzy and	<u>d spoilage</u> lysis – destruction by own enzymes – ymes in micro–organisms produce unpleasant end rest smell of rotten fish – ymes in cells bring about browning when cell wall is da in apples – blanching destroys enzymes – protein d yme activity slower in freezer – enzymes which attack foods have shorter shelf–life in freezer – yme activity within cells causes ripening – changes in texture – heating / cooking destroys enzymes – stop oints (2 points = 1 mark)	maged – enatured at 60°C fat are still activ colour – flavou	e – r –

Page 1	3	Mark Scheme	Syllabus	Paper
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(iii)	Asco e.g. prote to ke	truction of vitamin C in green vegetables orbase – in cell walls – acts on vitamin C – when ce by cutting – neutralises vitamin C – ascorbase dena ein – put green vegetable into boiling water – add in eep water temperature high – and retain vitamin C bints (2 points = 1 mark)	tured by heat -	
(iv)	prote durin acid flesh papa enzy textu	derising meat eases naturally present in meat – break down connect ng hanging – glycogen converted to lactic acid – conditions ideal for enzyme activity – soften muscle p n becomes tender – as muscle fibres fall apart – ain – from papaya – bromelin – from pineapple – f ymes – which encourage breakdown of protein – ure can become too soft – and mushy – if over–used bints (2 points = 1 mark)	proteins – ficin – from figs	- [4]
(v)	dias malt zym and	tase – in flour – changes starch in flour to maltose tase – and invertase – produced by yeast – convert ase – produced by yeast – converts glucose – to c alcohol /ethanol – releases energy – used by yeast ints (2 points = 1 mark)	t maltose to gluco arbon dioxide  –	ose [4]
3 (a) (i)	colo stim food e.g. colo too r	ing colour to food during cooking and presentation ur adds interest – making it look attractive – and pal ulates digestive system – mouth–watering effect – I not of the expected colour do not tempt people to eat strength of tea and coffee judged by colour – ur of cooked meat is an indication of 'doneness' – much red colour in cooked meat does not appeal to ma hness and ripeness indicated by colour	-	
	toas dext mea myo use use eggs glaz lemo	methods of cooking add colour – grilling – roasting ted bread and baked foods are browned – trinisation of starch – Maillard browning – at changes from red to brown during cooking – oglobin to hemichrome – of spices – e.g. turmeric, paprika, saffron etc. of herbs – e.g. parsley, coriander, rosemary etc. s add yellow colour – e.g. to cakes – e on baked foods to brown – e.g. bread, sausage rol on / orange rind – jam – fruit syrup – fruit – vegetab ee – chocolate – cocoa – pistachio nuts etc.	ls etc.	
	e.g. cher	hishes and decoration are used to make foods attractiv parsley, sliced hard boiled egg, tomato slices, lemon b rries, angelica, toasted almonds, walnuts etc. points (2 points = 1 mark)	-	[10]

Page 14		Mark Scheme	Syllabus	Paper
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(ii)	proc man to at child marg subs color <b>natu</b> saffr	ng colour during manufacture essing tends to remove – or change food colour – ufacturers add colours to achieve the expected colour tract customers – and sell more products – Iren especially attracted to bright colours garine would be white but a yellow colour added stitute – urs used can be natural – or synthetic – tral – chlorophyll, riboflavin, turmeric, cochineal, on, paprika etc.	since margarir caramel, carote	nes, beetroot,
	Manufacturers want canned peas to be green rather than grey and raspberry jam to be red rather than a brownish colour because they wish to sell their products. <b>BUT</b> People are concerned about synthetic colours – many now known to be toxic			
	Some coal tar dyes are carcinogenic – synthetic colours are stringently tested – given an E prefix if accepted by EU some people think they should not be used at all – could be long-term damage to health – some are allergic to certain colourings – or sunset yellow is used –			
	foun synt saffr	d in sweets, drinks etc. hetic dyes cheaper and easier to obtain than natural co on is very expensive etc.		
	10 p	oints (2 points = 1 mark)		[5]
(b) (i)	mair myo ferro and	nge from red to brown in red meat n muscle pigment in myoglobin – changes to metmyo globin is denatured and oxidised – bus iron – converted to ferric iron resulting metmyoglobin is brown ints (2 points = 1 mark)	globin —	[3]
(ii)	Maill NH2 CHC form The Mair	<u>-enzymic browning</u> lard reaction – when foods are roasted, baked or grill – from amino–acids / protein / protein amino group ) / carbohydrate – from a reducing sugar / glucose / la brown melanoidins formation of the indigestible brown colours involves a hly the IAA lysine, tryptophan and arginine ints (2 points = 1 mark)	– actose /galactos	
(iii)	Cau cut c e.g. furth Prev lowe use prep sulpl	ses and prevention of enzymic browning se – enzymes catalysing the oxidation of polyphenol cell surfaces – + oxygen – + enzymes – polyphenoloxidases or polyphenolases – gives oxidis er oxidation gives melanoidins vention – enzymes denatured by heating – texture a ering the pH – by dipping in acid juice / lemon – vitar of sugar syrup – helps to exclude oxygen – also use ared potatoes are coated with potato whitener – or se hite and tartarate solutions – sulphur dioxide used co ints (2 points = 1 mark)	sed polyphenol and flavour chan nin C – vinegar e salt solution – oaked in water	ge · _