

Write your name here	
Surname	Other names
Centre Number	Candidate Number
Edexcel GCE	
Health and Social Care	
Unit 1: Human Growth and Development	
Friday 21 May 2010 – Morning Time: 1 hour 30 minutes	Paper Reference 6938/01
You do not need any other materials.	Total Marks

Instructions

- Use **black** ink or ball-point pen.
- **Fill in the boxes** at the top of this page with your name, centre number and candidate number.
- Answer **all** questions.
- Answer the questions in the spaces provided
– *there may be more space than you need.*

Information

- The total mark for this paper is 90.
- The marks for **each** question are shown in brackets
– *use this as a guide as to how much time to spend on each question.*
- Questions labelled with an **asterisk** (*) are ones where the quality of your written communication will be assessed
– *you should take particular care with your spelling, punctuation and grammar, as well as the clarity of expression, on these questions.*

Advice

- Read each question carefully before you start to answer it.
- Keep an eye on the time.
- Try to answer every question.
- Check your answers if you have time at the end.

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Turn over ►

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Answer ALL questions in the spaces provided.

1 For 30 years, Lily and Sam have lived next door to Mary and Tom in Spring Close. They are all about the same age, in their late 70s. Mary and Tom are getting ready to go on a world cruise for three months while Lily and Sam are packing up to go into sheltered housing 10 miles away. The sheltered housing consists of open plan bungalows with a warden on call.

(a) (i) Identify Lily's current life stage.

(1)

(ii) Lily has passed through five life stages. Identify the age ranges of each life stage.

(5)

Life stage (in order)	Age range (in years)
Infancy	
Early childhood	
Adolescence	
Early adulthood	
Middle adulthood	



(b) Identify and explain **two** physical features characteristic of Lily's current life stage.

(6)

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Lily and Sam enjoy reading, doing puzzles and watching documentaries on TV. They do not have a wide social circle of friends due to Sam's disability. He uses a wheelchair most of the time due to arterial disease in his legs. Sam can no longer manage to climb the stairs in the house.

Mary and Tom go on a cruise every year. They enjoy swimming, dancing and entertainment as well as good food and drink. They love meeting new people and entertaining at home.

*(c) Discuss the possible effect of moving to sheltered housing on Sam's self-concept. (8)

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*(d) Both couples lead very different lifestyles. Using the information given, compare the effect of the different lifestyles on their health and well-being.

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(Total for Question 1 = 30 marks)



2 Mary and Tom regularly exceed the recommended safe limit for alcohol consumption.

(a) (i) Identify **two** long-term risks to Mary and Tom's health from alcohol consumption.

(2)

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(ii) Identify and explain the **benefits** of one factor, other than alcohol consumption, in Mary and Tom's lifestyle.

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* (b) Before retirement, Sam worked as a painter and decorator in a small firm whereas Tom was a senior lecturer at the local university.

Explain how their different occupations might have impacted on their health and well-being.

(6)

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(Total for Question 2 = 30 marks)



3 Mary and Tom have started being careful about having too much sun and take plenty of sun protection for the cruise. Although everyone should practise sun safety, their life stage is not usually the target group for sun safety health promotion campaigns.

(a) (i) State what is meant by a target group in health promotion campaigns.

(2)

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(ii) Identify and explain the target groups in sun safety campaigns.

(4)

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