



GCE AS/A level

1331/01

PSYCHOLOGY

UNIT PY1 – APPROACHES IN PSYCHOLOGY

A.M. TUESDAY, 10 January 2012

1¼ hours

ADDITIONAL MATERIALS

In addition to this examination paper, you will need an 8 page answer book.

INSTRUCTIONS TO CANDIDATES

Use black ink or black ball-point pen.

Answer **all** questions.

INFORMATION FOR CANDIDATES

All questions carry equal marks.

You are reminded that assessment will take into account the quality of written communication used in your answers.

Answer all questions.

1. (a) Outline **two** assumptions of the biological approach. [4]
(b) **Describe** Selye's General Adaptation Syndrome. [8]
2. **Describe** how the behaviourist approach has been applied in **either** aversion therapy **or** systematic desensitisation. [12]
3. (a) Evaluate **two** strengths of the psychodynamic approach. [6]
(b) Evaluate **two** weaknesses of the psychodynamic approach. [6]
4. **Compare and contrast** the biological and behaviourist approach in terms of similarities and differences. [12]
5. **Explain and evaluate** the methodology used by the cognitive approach. [12]