

**ADVANCED GCE UNIT
PSYCHOLOGY**

Psychology and Sport

TUESDAY 23 JANUARY 2007

2548

Morning

Time: 1 hour 30 minutes

Each candidate must be given: (1) one copy of this question paper;
(2) one Answer Booklet (8 pages)
Additional Answer Booklets (4 pages) may be issued to candidates
who require them.



INSTRUCTIONS TO CANDIDATES

- Write your name, Centre number and candidate number in the spaces provided on the answer booklet.
- Write your answers on the separate answer booklet provided.
- Answer **one** question in Section A and **one** question in Section B.
- Read each question carefully and make sure you know what you have to do before starting your answer.

INFORMATION FOR CANDIDATES

- The number of marks is given in brackets [] at the end of each question or part question.
- The total number of marks for this paper is 50.
- You will be awarded marks for the quality of written communication where an answer requires a piece of extended writing.

This document consists of **2** printed pages.

Section A

Answer Question 1 **or** Question 2 from this section.

- 1 (a) Outline **one** way to improve motivation in a sporting context. [6]
(b) Assess the effectiveness of improving motivation in sport. [10]

[Total: 16 marks]

- 2 (a) Outline **one** theory of aggression in sport. [6]
(b) Discuss the usefulness of theories of aggression in sport. [10]

[Total: 16 marks]

Section B

Answer Question 3 **or** Question 4 from this section.

- 3 (a) Describe research into personality and sport. [10]
(b) Evaluate research into personality and sport. [16]
(c) Using your knowledge of psychology, suggest how you could help a sports coach to use personality research to improve sports performance. Give reasons for your answer. [8]

[Total: 34 marks]

- 4 (a) Describe research into arousal and anxiety in sport. [10]
(b) Evaluate research into arousal and anxiety in sport. [16]
(c) Using your knowledge of psychology, what advice would you give to a school athlete who wanted to reduce their anxiety levels before competing in a district final? Give reasons for your answer. [8]

[Total: 34 marks]

[Total paper marks: 50]

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