



GCE AS/A level

1312/01

**PHYSICAL EDUCATION – PE2**

**P.M. FRIDAY, 5 June 2015**

**1 hour 45 minutes plus your additional time allowance**

**Surname** \_\_\_\_\_

**Other Names** \_\_\_\_\_

**Centre Number** \_\_\_\_\_

**Candidate Number** 2 \_\_\_\_\_

<b>For Examiner's use only</b>		
<b>Question</b>	<b>Maximum Mark</b>	<b>Mark Awarded</b>
<b>1.a</b>	<b>3</b>	
<b>b</b>	<b>3</b>	
<b>c</b>	<b>4</b>	
<b>2.a</b>	<b>3</b>	
<b>b</b>	<b>3</b>	
<b>c</b>	<b>4</b>	
<b>3.a</b>	<b>5</b>	
<b>b</b>	<b>5</b>	
<b>4.a</b>	<b>4</b>	
<b>b</b>	<b>6</b>	
<b>5.</b>	<b>10</b>	
<b>Total</b>	<b>50</b>	

## **INSTRUCTIONS TO CANDIDATES**

**Use black ink, black ball-point pen or your usual method.**

**Write your name, centre number and candidate number in the spaces on the front cover.**

**Answer ALL questions.**

**Answer ALL the questions in the spaces provided.**

## **INFORMATION FOR CANDIDATES**

**Diagrams, charts and graphs can be used to support answers when they are appropriate.**

**Mark allocations are shown in brackets.**

















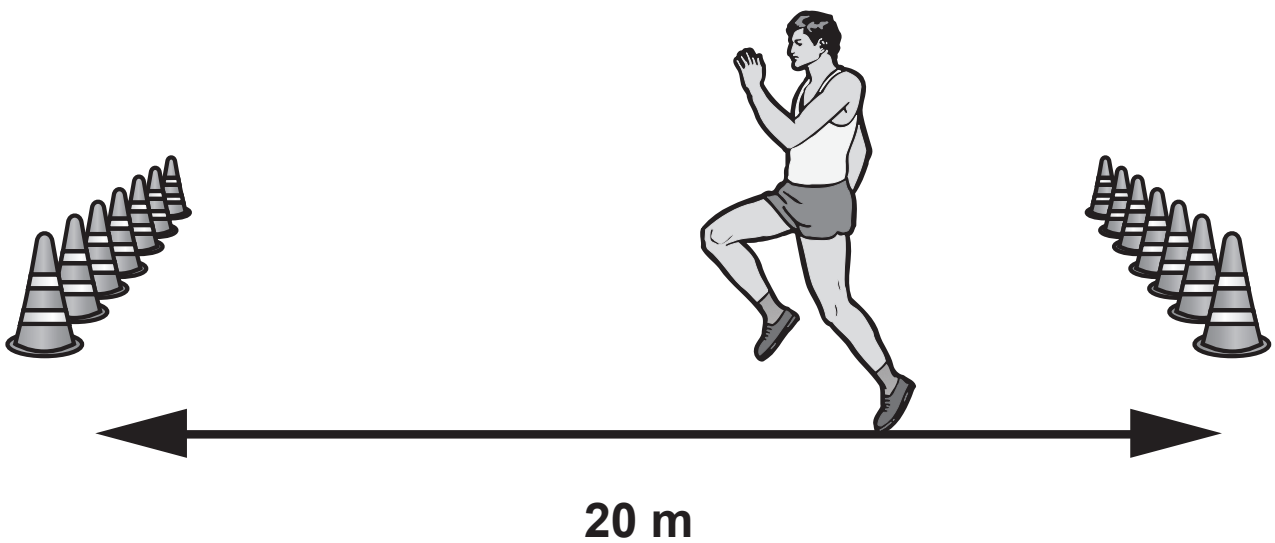








3. The Multi Stage Fitness Test is a maximal progressive shuttle test where the speed of running increases 0.5 km/h per minute.



- (a) Explain the variation in food fuel usage that occurs during a Multi Stage Fitness Test. [5]

---

---

---

---

---

---

---









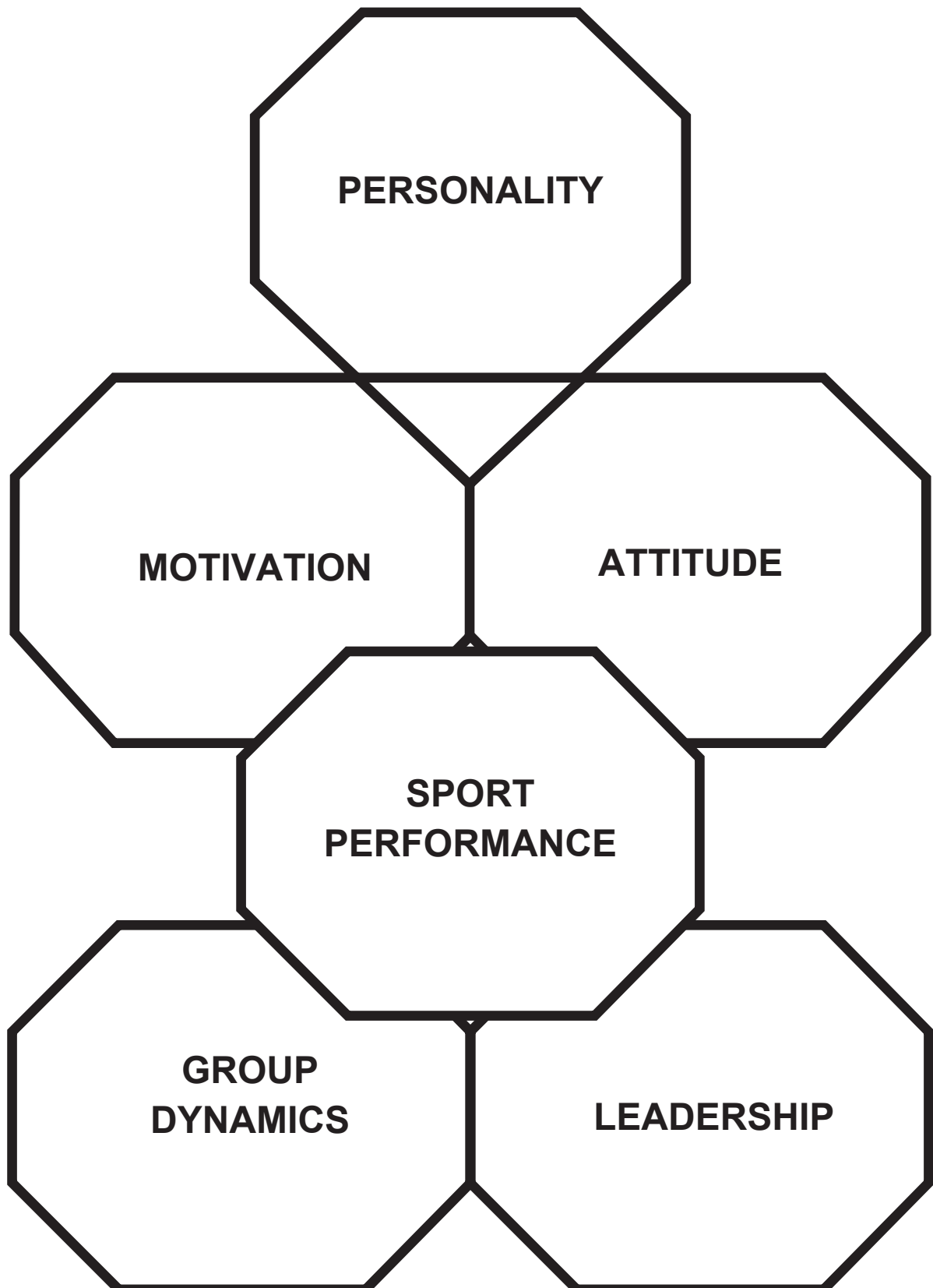








# PSYCHOLOGICAL FACTORS



**PERSONALITY**

**MOTIVATION**

**ATTITUDE**

**SPORT  
PERFORMANCE**

**GROUP  
DYNAMICS**

**LEADERSHIP**



























