

TARGET GAMES

Archery

Unit 2564 (AS)

Governing Body: The Grand National Archery Society
Lilleshall National Sports Centre, Newport, Shropshire, TF10 9AT
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STANDARDISATION

The activity will be assessed by an experienced assessor and adjudicator of Archery. The standardisation process will be carried out and examined by the PE Head of Department. The Head of Department together with other members of the department will compare the standards in Archery to those in other activities, so that consistency in assessment may be established.

ASSESSMENT

The candidate is assessed in the selection and application of acquired and developed skills, whilst participating in a physically and technically demanding archery round. This should take place in an outdoor environment which presents an appropriate challenge and allows candidates to fulfil the assessment phases.

The following regulations will apply:

- Rules and guidelines will be followed as laid down by the Grand National Archery Society.
- Appropriate safety procedures must be applied.
- The candidate must maintain a score book and log which covers both the preparation and performances prior to competition.

The log should contain:

- Details of personal equipment.
- Discussion of safety principles to be applied.
- Identification of the code of ethics to be followed.
- Evaluative comments in relation to the performance.

Archery Round

Assessment is based on performance in a conditioned competitive situation where the candidate performs under pressure in one of the following rounds depending on age.

Assessment will be carried out by the candidate's coach/leader in association with the teacher responsible for AS Physical Education.

Over 16 years: (Juniors can choose from the rounds below or the over-18 rounds)

- Ladies: Bristol 2 – Targets at 60, 50 & 40 yards. Arrows 6x12, 4x12 & 2x12
- Ladies: Bristol 1 (As with Hereford Round)
- Men: York Round – Targets at 100, 80 & 70 yards. Arrows 6x12, 4x12 & 2x12

Over 18 years:

- Ladies: Hereford Round – Targets at 80, 60 & 50 yards. Arrows 6x12, 4x12 & 2x12
- Men: York Round – Targets at 100, 80 & 70 yards. Arrows 6x12, 4x12 & 2x12

N.B. For all Rounds the targets have 122cm faces with 5 zone scoring.

The level of success of the acquired and developed skills is measured through the phases identified below:

- preparation
- execution
- recovery
- results
- overall efficiency

These assessment phases are used in conjunction with the following assessment criteria for the conditioned competitive situations. The candidate is assessed out of a maximum of 30 marks.

Marks	Description
25 – 30	Candidate demonstrates a very high level of acquired and developed skills that show a consistently high standard of accuracy, control and fluency. There is the successful selection and application of more advanced techniques where accuracy, control and fluency remain despite competitive pressures. The candidate has introduced appropriate strategies and demonstrated an understanding of the safety techniques. Performances in the conditioned competitive situations have been excellent and progress has allowed them to achieve their performance-based targets.
19 – 24	Candidate demonstrates a high level of acquired and developed skills that illustrates a very good standard of skill production. There is consistent success in the selection and application of advanced techniques. Under competitive pressure the level of technical accuracy, control and fluency is normally good. The candidate has shown a good understanding of the perceptual requirements to perform and introduced a range of safety techniques. Performances in the conditioned competitive situations have been very good and improvement has been such as to allow a high standard of learning and understanding.
13 – 18	Candidate demonstrates a good level of acquired and developed skills that allows for a sound standard of performances. There is a sound level of success in the selection and application of advanced techniques in the round and under competitive pressure the level of accuracy, control and fluency is reliable. Performances in the conditioned competitive situations have been good and improvement reflects satisfactory learning and understanding.
7 –12	Candidate demonstrates an improving level of acquired and developed skills that allows for an average level of performances. There is an attempt to select and apply advanced techniques and under competitive pressure accuracy, control and fluency are usually achieved. The candidate has a basic perception of the requirements of performance and is able to introduce and use tactics and use safety techniques at a satisfactory level. Performances in the conditioned competitive situations have become more consistent and progress has allowed some in learning and understanding.
0 -6	Candidate demonstrates a moderate level of acquired and developed skills that allows for a moderate level of performances. There is an attempt to select and apply advanced techniques and under pressure there is a level of technical accuracy, control and fluency. The candidate has been able to incorporate some safety techniques with a limited perception of the requirements of performance. Performances in the conditioned competitive situations have some consistency with a degree of learning and understanding.

TARGET GAMES

Archery

Unit 2567 (A2)

STANDARDISATION

The activity will be assessed by an experienced assessor and adjudicator of Archery. The standardisation process will be carried out and examined by the PE Head of Department. The Head of Department together with other members of the department will compare the standards in Archery to those in other activities, so that consistency in assessment may be established.

ASSESSMENT

The candidate is assessed in the selection and application of acquired and developed skills, tactical awareness and behaviour in formal competitive situations which focus on:

- bow selection and distance
- bow action and target accuracy

Assessment is based on performance in a formal competitive situation where the candidate performs the acquired and developed skills under pressure in a strategic situation. The level of success of the acquired and developed is measured through the movement phases identified below:

- preparation
- execution
- recovery
- results
- overall efficiency

These assessment phases is used in conjunction with the following assessment criteria for the formal competitive situations.

Guideline Score Chart

Using a recurve bow and sight (well set up).

Indoor Fiza 18 (Distance 18m – target size 40cm).

6 sighters (practice) 60 arrows (12 x 5) shot in groups of 3.

Score	Points
30	550
29	530
28	510
27	490
26	470
25	450
24	440
23	430
22	420
21	410
20	400
19	390
18	380
17	370
16	360
15	350
14	340
13	330
12	320
11	310
10	300
9	290
8	280
7	270
6	260
5	250
4	200
3	150
2	100
1	50

Marks	Description
25-30	Candidate demonstrates a very high level of acquired and developed skills that show a consistently high standard of accuracy, control and fluency. There is successful selection and application of more advanced techniques where accuracy, control and fluency remain despite competitive pressures. The candidate introduces appropriate strategies and demonstrates an understanding of tactics to outwit the opposition. Performances in the formal competitive situations are excellent and progress has allowed them to achieve their performance-based targets. An excellent level of physical endeavour and sportsmanship is evident combined with flair. National/Regional representation may be an indicator of attainment of this high standard but assessment criteria must still be met.
19-24	Candidate demonstrates a high level of acquired and developed skills that illustrates a very good standard of skill production. There is consistent success in the selection and application of advanced techniques in the game. Under competitive pressure the level of technical accuracy, control and fluency is normally good. The candidate shows a good understanding of the perceptual requirements to perform and introduces a range of tactics and strategies to use successfully against the opposition. Performances in the formal competitive situations are very good and improvement has been such as to allow a high standard of learning and understanding. A high level of physical endeavour and sportsmanship is evident combined with flair. Regional/County representation may be an indicator of attainment of this standard but assessment criteria must still be met.
13-18	Candidate demonstrates a good level of acquired and developed skills that allows for a sound standard of performances in the game. There is a sound level of success in the selection and application of advanced techniques in the game and under competitive pressure the level of accuracy, control and fluency is reliable. The candidate is able to introduce and use tactics and strategies to show a sound understanding of the performance requirements against opposition. Performances in the formal competitive situations are good and improvement reflects satisfactory learning and understanding. A good level of physical endeavour and sportsmanship is evident combined with some flair. District/Area/School/Local club representation may be an indicator of attainment of this standard but assessment criteria must still be met.
7-12	Candidate demonstrates an improving level of acquired and developed skills that allows for an average level of performances in the game. There is an attempt to select and apply advanced techniques in the game and under competitive pressure accuracy, control and fluency are usually achieved. The candidate has a basic perception of the requirements of performance and is able to introduce and use tactics and strategies at satisfactory level. Performances in the formal competitive situations become more consistent and progress has allowed some learning and understanding. A competent level of physical endeavour and sportsmanship is evident combined with a little flair. Representing the school/college but not at first team level may be an indicator of attainment of this standard but assessment criteria must still be met.
0-6	Candidate demonstrates a moderate level of acquired and developed skills that leads to a moderate level of performances. There is an attempt to select and apply advanced techniques and under pressure there is a level of technical accuracy, control and fluency. The candidate is able to incorporate some tactics and strategies with a limited perception of the requirements of performance. Performances in the formal competitive situations have some consistency with a degree of learning and understanding. A level of physical endeavour and sportsmanship is evident. The candidate plays occasionally in a team.