

Write your name here

Surname

Other names

Pearson Edexcel
Level 3 GCE

Centre Number

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Candidate Number

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Physical Education

Advanced Subsidiary

Component 2: Psychological and Social

Principles of Physical Education

Tuesday 22 May 2018 – Morning

Time: 1 hour 15 minutes

Paper Reference

8PE0/02

You must have:

Calculator

Total Marks

Instructions

- Use **black** ink or ball-point pen.
- **Fill in the boxes** at the top of this page with your name, centre number and candidate number.
- Answer **all** questions in Sections A and B.
- Answer the questions in the spaces provided – *there may be more space than you need.*

Information

- The total mark for this paper is 60.
- The marks for **each** question are shown in brackets – *use this as a guide as to how much time to spend on each question.*
- Questions marked with an **asterisk** (*) require students to use their knowledge and understanding from across the course of study in their answer
- Calculators can be used.

Advice

- Read each question carefully before you start to answer it.
- Try to answer every question.
- Check your answers if you have time at the end.

Turn over ►

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Pearson

SECTION A – Skill acquisition and sports psychology

Answer ALL questions. Write your answers in the spaces provided.

1 Define the following types of transfer of learning:

(a) positive

(1)

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(b) bilateral

(1)

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(c) proactive.

(1)

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(Total for Question 1 = 3 marks)

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2 Using a sporting example for each, summarise the use of **three** different guidance methods in the teaching of a new skill.

(6)

Area with horizontal dotted lines for writing the answer to Question 2.

(Total for Question 2 = 6 marks)



3 Identify **three** of the layers of Hollander’s theory of personality structure.

(3)

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(Total for Question 3 = 3 marks)

4 SMART(ER) targets form the basis of the goal-setting process.

Explain how a coach would use **three** of these targets when goal setting with a performer.

(6)

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(Total for Question 4 = 6 marks)



5 Analyse the use of stress reduction strategies to reduce anxiety prior to and during a sporting performance.

(12)

Area with horizontal dotted lines for writing the answer to question 5.

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(Total for Question 5 = 12 marks)

TOTAL FOR SECTION A = 30 MARKS



SECTION B – Sport and society

Answer ALL questions. Write your answers in the spaces provided.

6 List **four** characteristics of mob activities.

(4)

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(Total for Question 6 = 4 marks)

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7 Explain **three** different reasons that led to the establishment of National Governing Bodies for sports in the latter half of the 19th century.

(6)

Area with horizontal dotted lines for writing the answer.



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(Total for Question 7 = 6 marks)



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8 Assess the positive and negative impact of staging The Olympic Games for a host nation.

(8)

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(Total for Question 8 = 8 marks)



*9 'Over the last 12 months, British Cycling's work to increase participation in the sport has delivered the following results:

- 2,069,200 adults in England now cycling at least once every week
- 3,628,400 adults in England now cycling at least monthly
- Over half a million regular cyclists are women, an increase of 2% in the last 12 months
- 385,600 young people now ride bikes frequently
- Frequent cycling among people with an impairment is now at 184,000.

(Source: britishcycling.org.uk, January 2015)

Discuss the effects of an increasing number of participants in physical activities across the UK. Use the information provided to support your answer.

Use your knowledge and understanding from across the course of study to answer this question.

(12)

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(Total for Question 9 = 12 marks)

TOTAL FOR SECTION B = 30 MARKS
TOTAL FOR PAPER = 60 MARKS



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