

General Certificate of Education
June 2005
Advanced Level Examination



SPORT AND PHYSICAL EDUCATION
Unit 5

PED5

Friday 17 June 2005 Afternoon Session

In addition to this paper you will require:
a 16-page answer book.

Time allowed: 1 hour 30 minutes

Instructions

- Use blue or black ink or ball-point pen. Pencil should only be used for drawing.
- Write the information required on the front of your answer book. The *Examining Body* for this paper is AQA. The *Paper Reference* is PED5.
- In **Section A**, answer **two** from **three** questions.
- In **Section B**, answer **three** from **four** questions.
- Do all rough work in the answer book. Cross through any work you do not want marked.

Information

- The maximum mark for this paper is 70.
- Mark allocations are shown in brackets.
- **Section B** of this unit assesses your understanding of the relationship between the different aspects of Sport and Physical Education.

Quality and Written Communication

- In **Sections A** and **B**, you will be assessed on your ability to use an appropriate form and style of writing, to organise relevant information clearly and coherently, and to use specialist vocabulary, where appropriate.
- The degree of legibility of your handwriting and the level of accuracy of your spelling, punctuation and grammar will also be taken into account.
- Up to 4 marks will be awarded for the quality of your written communication.

Section A**Factors Affecting the Nature and Development of Elite Performance**

Answer **two** from **three** questions from this Section.

1**Total for this question: 15 marks**

An individual must have a range of personal qualities and receive some external support to enable them to reach an elite level of performance.

- (a) What personal qualities are necessary for an individual to progress towards an elite level of performance? *(4 marks)*
- (b) Within the United Kingdom, what support or structures exist to help an individual develop to an elite level? Give examples to illustrate your answer. *(6 marks)*
- (c) Schools and colleges often help talented individuals to progress to elite level. Discuss the similarities and differences between the United Kingdom and the United States of America in this respect. *(5 marks)*

2**Total for this question: 15 marks**

Sports attract individuals from a variety of social backgrounds and may offer an individual the opportunity to become an elite performer, either as an amateur or as a professional.

- (a) What social and cultural factors may account for a talented individual's choice of sport? *(3 marks)*
- (b) How does the modern day amateur differ from the amateur of the early 20th century (1900–1920)? *(5 marks)*
- (c) What factors were responsible for the change in the status of professional performers from the early 20th century to modern day? *(3 marks)*
- (d) Even though an individual may possess the right personal qualities, they may still fail to reach an elite standard.

A high proportion of the England football and athletic squads come from an ethnic minority group, yet in rugby and cricket the proportions are much lower.

Discuss the factors that may account for this difference. *(4 marks)*

3

Total for this question: 15 marks

International sport competitions such as World Championships may be large-scale commercial events involving professional administrators and professional performers.

(a) **Table 1** shows organisational data from two recent World Championships.

	Football World Cup (2002)	Hockey World Cup (2002)
Year of first tournament	1930	1971
Number of teams in tournament	32 teams	16 teams
Duration of tournament	Played over four weeks	Played over two weeks
Amateur or professional	English squad – all professional	English team – no professionals
Financial Profit	£50 652 000	£400 000
Number of stadia used	Played in twenty stadia	Played in two stadia
TV audience	28.8 million	8 million
Total spectator capacity	900 000	20 000

Table 1

- (i) Summarise the major differences between the two tournaments. *(2 marks)*
- (ii) What may account for the major differences between these two tournaments? *(4 marks)*
- (iii) World championships are organised by the International Federation of that sport. Discuss the external factors (such as the media) that may influence the organisation, structure or management of these events. *(4 marks)*
- (b) Elite sport performers rely upon sponsorship as part of their income. Discuss whether an individual should consider the nature of a sponsor's product before accepting sponsorship. *(5 marks)*

TURN OVER FOR THE NEXT SECTION

Turn over ►

Section B**Synoptic Assessment**

Answer **three** from **four** questions from this Section

4**Total for this question: 12 marks**

Teams are successful because they combine highly skilled individuals into an effective group.

- (a) Successful teams are often said to be cohesive. What do we mean by *cohesion* **and** how may a coach help a team to become cohesive? (4 marks)
- (b) Hockey is an example of an invasion team game. During a match, a midfield player will be running at differing speeds over a variety of distances.

Using examples, discuss the energy systems that would be dominant at specific times during a match **and** suggest the most appropriate form of training for this player. Give reasons to justify your selection of training method. (8 marks)

5**Total for this question: 12 marks**

Outdoor and adventurous activities are becoming increasingly popular.

- (a) What values and characteristics are associated with outdoor and adventurous activities? (4 marks)
- (b) To enable young people to take part in outdoor and adventurous activities they have to acquire a range of knowledge and skills.

Name the appropriate *teaching style* and *type of practice* an instructor would use when teaching an outdoor and adventurous activity such as rock climbing to a group of novices. Justify your answer by discussing the factors the instructor would need to consider before making their selection. (8 marks)

6

Total for this question: 12 marks

Many people engage in sport at both school and club level.

- (a) Discuss the similarities **or** differences in *characteristics* **and** *objectives* between school and club sport. (4 marks)
- (b) Teachers sometimes observe that a young player demonstrates an unsporting *attitude*.
Discuss how this attitude may have developed **and** how it may be changed. (8 marks)

TURN OVER FOR THE NEXT QUESTION

Turn over ►

7

Total for this question: 12 marks

Figure 1 is taken from the publication *Moving and Growing* which encouraged a more child centred, movement approach to junior school physical education.



Figure 1

- (a) What are the similarities and differences between this approach and *play*? (5 marks)

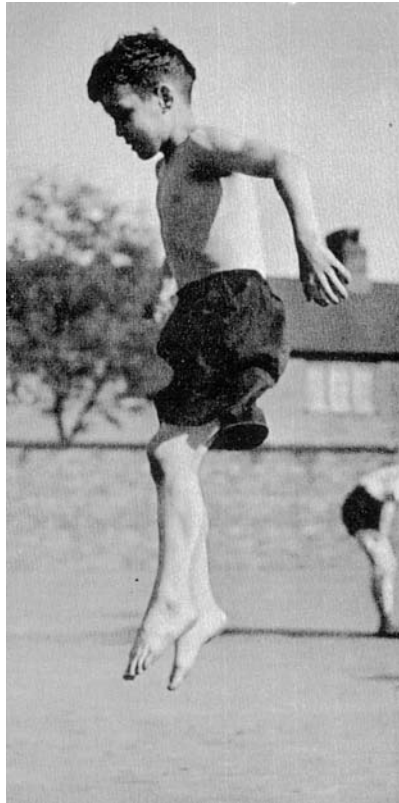


Figure 2

- (b) **Figure 2** shows an individual jumping from the ground. Name and explain how **two** of *Newton's laws* are applied to achieve the jump. *(7 marks)*

END OF QUESTIONS

THERE ARE NO QUESTIONS PRINTED ON THIS PAGE

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